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How to Spend a Snow Day

It is that time of year when a snow day can be a welcome break from our daily routine, it can also leave us wondering how to spend that time. One of our favorites is to spend the time sledding and doing our best to enjoy the snow. However, our recent frigid temperatures makes it difficult and even unsafe to spend much time outside. Regardless, how you decide to spend your day, enjoy your time together. Wrap up in a warm blanket and watch a movie or read a book. Maybe even take a nap.

When trying to find ways to keep everyone engaged and as active as possible without venturing outside can be challenging. The cold temperatures always makes me think about baking or making a soup for everyone to enjoy. Utilize this time to help your kids learn to bake and if they are already masters encourage them to try a new recipe. Take a favorite family soup recipe and let everyone weigh in on if there are additional ingredients that could be added or changed to make a new version. There is no harm in adjusting a family favorite. If it doesn't work, you can always go back, and who knows maybe you will create something even better.

If cooking is not something interesting to your family, it can also be a great time to start puzzle or see who can make the best creation out of Legos. Board and card games are always a good way to spend some time on a cold winter day. They are the most fun with a cup of hot chocolate.

It is also never too early to start on your 4-H projects. Some of the items you create might make great 4-H projects. For anyone who has livestock projects, this is a

great opportunity to complete your Quality Assurance that is required for exhibition at the fair. If you need some ideas for projects visit the Buffalo County 4-H website, <https://extension.unl.edu/statewide/buffalo/>. The Fair Premium Book is a good place to look if you are looking for project information including entry requirements. With questions on potential fair projects or with questions about 4-H please contact the Buffalo County Extension Office, 308-236-1235 or kerry.elsen@unl.edu.