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For Immediate Release

4-H...Empowering Youth

This is a great time to start thinking about the activities you want to be involved in this summer. The mission of Nebraska 4-H is to empower youth to reach their full potential working and learning in partnership with caring adults. Nebraska 4-H strives to help young people achieve their greatest potential by introducing high-quality youth development programs and experiences into the lives of Nebraska youth and families. By taking part in Nebraska 4-H, youth are prepared for a successful future. Educational experiences offered through Nebraska 4-H focus upon the following priorities: Career and College Readiness, Community Development, Entrepreneurship, Food Supply Confidence, Healthy Living, Leadership Development and STEM.

Within these areas you can find traditional projects like Market Beef, Cooking 101 and Quilting Quest, as well as non-traditional projects like Robotics, Wildlife Conservation, and Photography. 4-H provides unlimited opportunities for youth ages 5-18, as well as for adult volunteers. With over 150 projects to choose from, there is something for everyone! There are clubs youth can join providing youth an opportunity to learn from each other, develop new friendships and participate in community service projects. Youth can also participate in 4-H without joining a club.

4-H also provides adults a method to share their skills with youth. Many 4-H clubs are led by a volunteer leader. Volunteers are the heart of youth organizations. These leaders also serve as workshop presenters, fair superintendents and volunteer at

numerous events, as well as share their knowledge and expertise; all while providing youth a sense of belonging.

If you would like more information on enrolling youth participants or becoming a volunteer leader in 4-H contact the Buffalo County Extension Office at 236-1235, or kerry.elsen@unl.edu.