

- E407007\* **BAKED ITEM MADE WITH DRIED PRODUCE/HERBS** - Any recipe, at least 3/4 of baked product or 4 muffins or cookies on a paper plate or in a disposable pan. Recipe MUST include a dried produce/herb item made by the 4-H'er. Ex. Granola bar made with dried fruits, dried cranberry cookies, Italian herb bread, lemon thyme cookies. Supporting information must include both the recipe for the dried produce/herb AND the baked food item. Scoresheet SF156

#### DIVISION 407 - UNIT 3 BOILING WATER CANNING

- E407008\* **1 JAR FRUIT EXHIBIT** - Exhibit one jar of a canned fruit. Entry must be processed in a boiling water bath according to current USDA recommendations. Scoresheet SF150
- E407009\* **3 JAR FRUIT EXHIBIT** - Exhibit 3 jars of different canned fruits. May be three different techniques for same type of product, (i.e. applesauce, canned apples, apple pie filling, etc.). Entry must be processed in a boiling water bath according to current USDA recommendations. Scoresheet SF150
- E407010\* **1 JAR TOMATO EXHIBIT** - Exhibit one jar of a canned tomato product. Entry must be processed in a boiling water bath or pressure canner according to current USDA recommendations. Scoresheet SF150
- E407011\* **3 JAR TOMATO EXHIBIT** - Exhibit 3 jars of different canned tomato products (salsa, sauces without meats, juice, stewed, etc.). Entry must be processed in a boiling water bath or pressure canner according to current USDA recommendations. Scoresheet SF150
- E407012\* **1 JAR PICKLED EXHIBIT** - Exhibit one jar of a pickled and/or fermented product. Entry must be processed in a boiling water bath according to current USDA recommendations. Scoresheet SF150
- E407013\* **3 JAR PICKLED EXHIBIT** - Exhibit 3 jars of different kinds of canned pickled and/or fermented products. Entry must be processed in a boiling water bath according to current USDA recommendations. Scoresheet SF150
- E407014\* **1 JAR JELLED EXHIBIT** - Exhibit one jar of a jam, jelly or marmalade. Entry must be processed in a boiling water bath according to current USDA recommendations. Scoresheet SF153
- E407015\* **3 JAR JELLED EXHIBIT** - Exhibit 3 different kinds of jelled products. Entry may be made up of either pints or half pints. Entry must be processed in a boiling water bath according to current USDA recommendations. Scoresheet SF153

#### DIVISION 407 - UNIT 4 PRESSURE CANNING

- E407016\* **1 JAR VEGETABLE OR MEAT EXHIBIT** - Exhibit one jar of a canned vegetable or meat. Include only vegetables or meats canned in a pressure canner according to current USDA recommendations. Scoresheet SF150
- E407017\* **3 JAR VEGETABLE EXHIBIT** - Exhibit 3 jars of different kinds of canned vegetables. Include only vegetables canned in a pressure canner according to current USDA recommendations. Scoresheet SF150
- E407018\* **3 JAR MEAT EXHIBIT** - Exhibit 3 jars of different kinds of canned meats. Include only meats canned in a pressure canner according to current USDA recommendations. Scoresheet SF150
- E407019\* **QUICK DINNER** - Exhibit a minimum of 3 jars to a maximum of 5 jars plus menu. Meal should include 3 canned foods that can be prepared within an hour. List complete menu on a 3" x 5" file card and attach to one of the jars. Entry must be processed canner according to current USDA recommendations. Scoresheet SF151
- E407020.\* **1 JAR TOMATO EXHIBIT** - Exhibit one jar of a canned tomato product. Entry must be processed in a pressure canner according to current USDA recommendations. Scoresheet SF150
- E407021.\* **3 JAR TOMATO EXHIBIT** - Exhibit 3 jars of different canned tomato products (salsa, sauces without meats, juice, stewed, etc.). Entry must be processed in a pressure canner according to current USDA recommendations. Scoresheet SF150

### DEPARTMENT - SAFETY

Scoresheets, forms, contest study materials, and additional resources can be found at: <https://go.unl.edu/ne4hsafety>

PREMIUMS: Purple-\$3.00; Blue-\$2.00; Red-\$1.50; White-\$1.00

#### DIVISION 440 - SAFETY

- E440001\* **FIRST AID KIT** - A first aid kit is a good way to organize supplies in an emergency. The kit should be assembled in a container appropriate for the kit's intended use. A description of where the kit will be stored and examples of specific emergencies for that situation should be included in the exhibit. The kit should include a written inventory and purpose statement for included items. Items should cover the following areas:
- airway and breathing, bleeding control, burn treatment, infectious disease protection, fracture care and miscellaneous supplies. Use Citizen Safety Manual, 4-H 425, pages 6 & 7 for guidance. Scoresheet SF110
- Kits containing any of the following will be automatically disqualified:
- 1) Prescription medications (If the kit's purpose is to provide medication for someone with special needs, explain in the written description and inventory, but remove the medication).
  - 2) Materials with expiration dates on or before the judging date. (This includes sterile items, non-prescription medications, ointments, salves, etc. Articles dated month and year only are considered expired on the last day of that month.)
  - 3) Any controlled substance.

- E440002\* **DISASTER KIT** (Emergency Preparedness) - Disaster kits must contain the materials to prepare a person or family for emergency conditions caused by a natural or man-made incident. Selection of materials is left to the exhibitor. Family or group kits must have enough material or items for each person. A description of the kit's purpose, the number of people supported, and a list of individual contents is required. Youth are encouraged to test their kit by challenging their family to try to survive using only the included materials for the designated time. If tested, share that experience in kit documentation. Please include an explanation of drinking water needs for your disaster kit. Do not bring actual water to the fair in the kit. Scoresheet SF111
- E440003\* **SAFETY SCRAPBOOK** - The scrapbook must contain 15 news articles from print and/or internet sources about various incident types. Mount each clipping on a separate page accompanied by a description of events leading to the incident and any measures that might have prevented it. The scrapbook should be bound in a standard size hardcover binder or notebook for 8 1/2" X 11" size paper. Correct sentence structure, readability and thorough explanations are an important part of judging. Scoresheet SF292
- E440004\* **SAFETY EXPERIENCES** - The exhibit should share a learning experience the youth had related to safety. Examples could be participating in a first aid or first responder training, a farm safety day camp, babysitting workshop or similar event, scientific experiment related to safety, or the youth's response to an emergency situation. The exhibit should include a detailed description of the experience, the youth's role, some evidence of the youth's leadership in the situation, and a summary of the learning that took place. Exhibits may be presented in a poster with supplemental documentation, a notebook including up to ten pages of narrative and pictures, or a multimedia presentation on a CD lasting up to five minutes. Scoresheet SF190
- E440005\* **CAREER IN SAFETY** - The exhibit should identify a specific career area in the safety field and include education and certification requirements for available positions, salary information, demand for the field and a summary of the youth's interest in the field. Examples of careers include firefighters, paramedics, emergency management personnel, some military assignments, law enforcement officers, emergency room medical personnel, fire investigator, and more. It is recommended youth interview a professional in the field in their research. Additional research sources might include books, articles, career web sites, job-related government web sites, or interviews with career placement or guidance counselors. Exhibits may be presented in a poster with supplemental documentation, a notebook including up to ten pages of narrative and pictures, or a multimedia presentation on a CD lasting up to five minutes. Scoresheet SF191
- E440006 **SAFETY POSTER** - Follow poster guidelines in Department—Posters.

#### **DIVISION 441 - BICYCLES/CYCLING**

PREMIUMS: Purple-\$3.00; Blue-\$2.00; Red-\$1.50; White-\$1.00

- Entries are not eligible for State Fair.

- E441001 **BICYCLE SAFETY POSTER** - 14" x 22" either vertical or horizontal arrangement. May be in any medium - watercolor, ink, crayon, etc., so long as they are not three-dimensional.
- E441002 **BICYCLE DEMONSTRATION DISPLAY** - to be exhibited by an individual. Exhibit may include: 1) parts of a bicycle, 2) worn or broken parts, or 3) a step-by-step procedure of how some repair or service job is performed. A limited number of photographs are acceptable. Actual parts or cut-aways of parts are recommended. The exhibit is to be prepared on a 24" high x 32" wide board not to exceed 1/4" in thickness.
- E441003 **DOCUMENTED BIKE RIDING TRIP** - Include a written report using a notebook or scrapbook showing a bike ride or trip you have made using your bike.
- E441004 **YOU BE THE TEACHER** - Share with others what you learned in the project. Exhibit may be a notebook or small display of an educational nature.

#### **DIVISION 442 - ATV**

PREMIUMS: Purple-\$3.00; Blue-\$2.00; Red-\$1.50; White-\$1.00

- Entries are not eligible for State Fair.

- E442001 **SAFETY POSTER** - 14" x 22" - Six photos of yourself demonstrating safety measures necessary for ATV operation.
- E442002 **SAFETY SCRAPBOOK** - Journal of your ATV safety practices.
- E442003 **DEMONSTRATION DISPLAY** - Show some part or system of an ATV, worn or broken part, step-by-step repair procedure, etc. Include a brief description. Display on a board 24" high x 32" wide and 1/4" thick.
- E442004 **YOU BE THE TEACHER** - Educational notebook, display, collection of materials that relate to the project. Include an 8 1/2" x 11" page describing exhibit and summary of learning.

## DIVISION 450 - FIRE EDUCATION

PREMIUMS: Purple-\$3.00; Blue-\$2.00; Red-\$1.50; White-\$1.00

- E450001\* **FIRE SAFETY POSTER** - This is a home floor plan drawn **to scale** showing primary and secondary escape routes and where fire extinguishers and smoke detectors are located. Draw every room, including all doors and windows. Use **black or blue** arrows showing **primary** escape routes from each room. Use **red** arrows showing **secondary** routes to use if the primary routes are blocked. Primary and secondary escape routes must lead outside to an assembly location. Documentation should include evidence the escape plan has been practiced at least four times. Posters must be constructed of commercial poster board at least 11" x 14" but not larger than 22" x 28". Scoresheet SF269
- E450002\* **FIRE SAFETY SCRAPBOOK** - This scrapbook must contain 10 news articles from print and/or internet sources about fires to residential or commercial properties or landscapes. Mount each clipping on a separate page accompanied by a description of events leading to the incident and any measures that might have prevented it. The scrapbook should be bound in a standard size hardcover binder or notebook for 8 1/2" x 11" paper. Correct sentence structure, readability and thorough explanations are an important part of judging. Scoresheet SF270
- E450003\* **FIRE PREVENTION POSTER** - Posters should promote a fire prevention message and be appropriate to display during National Fire Prevention Week or to promote fire safety at specific times of the year (Halloween, 4th of July, etc.). Originality, clarity and artistic impression will all be judged. Do not include live fireworks, matches or other flammable/explosive/hazardous materials. Any entry containing this material will be disqualified. Posters must be constructed of commercial poster board at least 11" x 14" but not larger than 22" x 28". Scoresheet SF268

## PERSONAL DEVELOPMENT & LEADERSHIP

### DIVISIONS - JUDGING, SKILL & IDENTIFICATION CONTESTS

PREMIUMS: Purple-\$3.00; Blue-\$2.00; Red-\$1.50; White-\$1.00

- While a contest is in progress, a contestant shall not communicate with others, except as directed by the Superintendent in charge of the contest. Participants will be informed of regulations at the beginning of each contest.
- 4-H members are eligible to participate in judging, skill and identification contests regardless of project enrollment.
- The last year of eligibility is the calendar year the member becomes 19.
- **In all events/classes where an exhibitor's presence is required, the exhibitor (4-H/FFA) is required to wear the officially approved County 4-H/FFA T-Shirt. This would even include interview judging of static exhibits. The only exception to this rule are exhibitors participating in Favorite Foods Review, Music, and Presentation Contests.** These exhibitors have the option of wearing business casual with the official 4-H chevron or FFA emblem attached.

## DIVISION 501 – FAMILY & CONSUMER SCIENCE JUDGING

### SENIOR DIVISION GUIDELINES:

- The 2020 Life Challenge will be held June 22 & 23 on UNL's East Campus.
- The Life Challenge Event is open to any current 4-Her who is 10 (before January 1 of the current calendar year) and older. There will be career exploration workshops for youth ages 10 & 11 held in conjunction with the Life Challenge contests.
- Pre-registration is necessary and can be done through the extension office by June 1.
- Each participant must complete the Health Form available with their enrollment on 4-H Online.
- 4-Hers can select to do any of the subject matter Challenges, placing questions, or workshops, or some combination.

### JUNIOR DIVISION GUIDELINES:

- The web-based quiz will be available on the 4-H website and is based on FCS subject matter, designed for 8-12 year olds.
- Participants would complete the quiz and get a score. This score and the 4-Hers ribbon placing would be sent to the extension office and we in turn will award the 4-Her a ribbon.

F501001 **SENIOR DIVISION:** Ages 12 & above before January 1, of the current calendar year.

F501002 **JUNIOR DIVISION:** Ages 11 & under before January 1, of the current calendar year.

### DIVISION 501 - HORTICULTURE JUDGING

- The Horticulture Judging Contest will be held on **Tuesday, July 7, at 10:00 a.m. at the Boone County Event Center, Fairgrounds, Albion**
- Contestants will not be allowed to touch any plant materials.
- Participants will be divided into Junior and Senior divisions.

F501003 **SENIOR DIVISION:** Ages 12 & above before January 1, of the current calendar year.

F501004 **JUNIOR DIVISION:** Ages 11 & under before January 1, of the current calendar year.

### DIVISION 501 - LIVESTOCK JUDGING

- The Livestock Judging Contest will be held on Wednesday, July 15, 11:00 a.m. or 30 Minutes following the Swine Show in the livestock arena at the fairgrounds.

F501006 **SENIOR DIVISION:** Ages 12 & above before January 1, of the current calendar year.

F501007 **JUNIOR DIVISION:** Ages 11 & under before January 1, of the current calendar year.

### DIVISION 501 - HORSE JUDGING

- The Horse Judging Contest will be held on Saturday, July 11 at 8:00 a.m. in the horse arena at the fairgrounds.

F501008 **SENIOR DIVISION:** Ages 12 & above before January 1, of the current calendar year.

F501009 **JUNIOR DIVISION:** Ages 11 & under before January 1, of the current calendar year.

### DIVISION 501 - TRACTOR OPERATORS CONTEST

- **Sunday, June 14, 1:00 p.m.** - Boone County Fairgrounds, Albion
- The contest will be conducted according to the rules set forth in the "Nebraska 4-H Tractor Operator's Contest," (EC7-56-77). Ribbons will be awarded by purple, blue, red and white groups.

F501010 **JUNIOR DIVISION:** Ages 11, 12 & 13 before January 1, of the current calendar year

F501011 **SENIOR DIVISION:** Ages 14 & above before January 1, of the current calendar year

### DIVISION 501 - ATV CONTEST

- **Sunday, June 14, 1:00 p.m.** - Boone County Fairgrounds, Albion

F501012 **JUNIOR DIVISION:** Ages 11, 12, & 13 years before January 1, of the current calendar year

F501013 **SENIOR DIVISION:** Ages 14 & above before January 1, of the current calendar year

### DIVISION 501 - BICYCLE RODEO

- **Sunday, June 14, 3:30 p.m.** - Boone County Fairgrounds, Albion

#### GENERAL INFORMATION:

- 4-H members in Boone County enrolled in the Bicycle project are eligible to compete in the Bicycle Rodeo. There is no senior division.
- The rodeo will consist of no more than 6 (six) events. These events are subject to change on a yearly basis. Check with the Extension Office for course patterns.
- Examples of Events, but not limited to, include:
  - ◆ Newspaper Toss - A rider follows a marked lane and throws a newspaper at a bullseye target located 10 to 15 feet away. The target consists of three circles marked on the pavement. Each rider will throw three papers. The riders with the most points will win the event.
  - ◆ Marble Drop - This event tests the ability of the rider to ride in a straight line while dropping marbles into cans. Five cans are placed in a straight line six feet apart. A lane is marked on the left side of the cans and the rider must stay in this lane as he rides by the cans and drops the marbles in. Coffee cans will be used in the beginner division and soup cans in the junior division.
  - ◆ Figure Eight - Must not break pattern or let feet touch the ground. Penalty for breaking pattern.
  - ◆ Obstacle Course - Must not break pattern or let feet touch the ground. Penalty for breaking pattern.
  - ◆ Safety Quiz - (possible for Junior Division).

F501014 **JUNIOR DIVISION** - Ages 8, 9, 10 & 11 before January 1, of the current calendar year - Must be enrolled in the project.

## DIVISION – ENTREPRENEURSHIP ESI: EntrepreneurShip Investigation

### GENERAL INFORMATION:

- All exhibits are directly related to activities in the project manual. Refer to the manual for ideas, suggestions and additional information to enhance project exhibits.

### EXHIBIT GUIDELINES:

- The 4-H member's name, age, town and county must be listed on the back of the exhibit. Entry cards should be stapled (not paper-clipped or taped) to the upper right-hand corner of posters.
- If exhibit is a poster, it must be 14" x 22" and may be arranged either horizontally or vertically.
- Poster may not use copyrighted materials, such as cartoon characters or commercial product names.
- Exhibits which do not conform to size or content guidelines will be lowered one ribbon placing. Posters may include photographs, charts or examples as well as a written explanation.

Scoresheets, forms, contest study materials, and additional resources can be found at: <https://go.unl.edu/ne4hentrepreneurship>

PREMIUMS: Purple-\$3.00; Blue-\$2.00; Red-\$1.50; White-\$1.00

### DIVISION 531 - ENTREPRENEURSHIP INVESTIGATION

- F531001\* **INTERVIEW AN ENTREPRENEUR** - Share what you learned from the person about starting and running a business or how they deliver excellent customer service. How will what you have learned through this interview change your future plans or ways of thinking about business? (Based on pages 2.1 - 2.4 of manual)
- F531002\* **SOCIAL ENTREPRENEURSHIP PRESENTATION** - Prepare a five slide PowerPoint presentation about a social entrepreneurship event to benefit a group or individual in your community. Social entrepreneurs are people who are in business to help others. Submit a print out of the note pages which show each slide. Enter exhibit in a report cover with fasteners (no slide bars). Refer to page 2.4 of Unit 2 The Case of Me for ideas.
- F531003\* **MARKETING PACKAGE** - (Mounted on a 14" x 22" poster) Must include at least three items (examples) developed by the 4-Her from the following list: business card, brochure, advertisement, business promotional piece, printout of an internet home page, packaging design, signs, logo design, direct mail piece, etc. The marketing package should be for an original business developed by the 4-Her and not an existing business.
- F531004\* **SAMPLE OF AN ORIGINAL PRODUCT** - With an information sheet (8 1/2 " x 11") answering the following questions:
- ◆ What did you enjoy the most about making the product?
  - ◆ What challenges did you have when making the product? Would you do anything differently next time? If so, what?
  - ◆ What is the suggested retail price of the product? How did you decide on the price?
  - ◆ Market analysis of the community - data gathered through a survey of potential customers. Use the three questions on page 3.3 and survey at least 10 people in your community about your product.
  - ◆ How much would you earn per hour? Show how you determined this figure.
  - ◆ What is unique about this product?
- F531005\* **PHOTOS OF AN ORIGINAL PRODUCT** - Mounted on a 14" x 22" poster. Must include three photos of developed product and a mounted information sheet answering the following questions. **If exhibiting in both Class F531004 and Class F531005, products must be entirely different products.**
- ◆ What did you enjoy the most about making the product?
  - ◆ What challenges did you have when making the product? Would you do anything differently next time? If so, what?
  - ◆ What is the suggested retail price of the product? How did you decide on the price?
  - ◆ Market analysis of the community - data gathered through a survey of potential customers. Use the three questions on page 3.3 and survey at least 10 people in your community about your product.
  - ◆ How much would you earn per hour? Show how you determined this figure.
  - ◆ What is unique about this product?

- F531006\* **ENTREPRENEURSHIP CHALLENGE** - Take on the entrepreneurship challenge. Entrepreneurship Challenge is open to 4-H'ers enrolled in any of the three units of ESI. Complete five (5) or more of the challenges from the following list. The exhibit will include highlights from these five (5) challenges. Consider labeling each challenge so the viewer will understand what the challenge was. Enter a poster, video, report or scrapbook related to the learning from the challenge. Use your creativity to show and share what you learned. **Select your five (5) challenges from the list below:**
- ◆ Sell something.
  - ◆ Introduce yourself to a local entrepreneur and take a selfie with them.
  - ◆ Be a detective! Look for Nebraska-made products and find out more about the business.
  - ◆ Tour 2-3 entrepreneurial businesses and create a photo story.
  - ◆ Investigate what it takes to be an entrepreneur (Skills Assessment ESI 4.1).
  - ◆ Make a prototype (sample/model) of a new product idea. (Include the prototype or photo of prototype).
  - ◆ Work with a friend to develop a new business idea!
  - ◆ Contact your local Extension Office to learn about entrepreneurship opportunities.
  - ◆ Create an activity to teach others about entrepreneurship (coloring page, puzzle, game, etc.).

## DIVISION - LEADERSHIP

PREMIUMS: Purple-\$3.00; Blue-\$2.00; Red-\$1.50; White-\$1.00

- Entries are not eligible for State Fair.

### DIVISION 532 - SERVING AS A JUNIOR LEADER

- F532001 **HELPING ACTIVITY POSTER** - Make a poster showing how you helped someone with a problem they were having. Follow poster guidelines.
- F532002 **OUTLINE OF SPECIFIC LEADERSHIP ACTIVITY** with showing of steps to accomplish your goal results, what you'd do differently next time, and what you have learned.
- F532003 **SCRAPBOOK** - Any size scrapbook of an activity you helped with while serving as a 4-H Jr. Leader.
- F532004 **POSTER** - Make a poster of an activity you helped with while serving as a 4-H Junior Leader.
- F532005 **CWF EXHIBIT** - PowerPoint, poster, scrapbook or other exhibit from the Citizenship Washington Focus Trip.

### DIVISION 533 - LEADERSHIP

- 4-Hers will develop exhibits that show what they have learned. The exhibit may include but is not limited to: posters, 14" x 22"; notebooks, 8 1/2" x 11"; PowerPoint with copy of slides; scrapbook, any size; or any other means that would best show skills learned in the project to accomplish exhibit. Leadership manuals include: My Leadership Workbook for grades 3-5, My Leadership Journal for grades 6-8; and My Leadership Portfolio for grades 9-12.
- F533001 **MY TREASURE CHEST** - Develop an exhibit that shows your skills as a leader and/or skills that you would like to achieve to become a better leader. Exhibit could be a poster or collage of skills.
- F533002 **PLAN A VACATION** - Follow guidelines from My Leadership Workbook, pages 26-27, on Step Out and Step Inward Activities to help you develop a vacation timeline to depict what needs to be completed to have a successful vacation. Exhibit could be a poster, notebook or calendar with steps listed and dated.
- F533003 **GOAL SETTING** - Write three goals that you want to achieve. When writing your goals, consider what actions you must take to reach these goals, how you are going to do it, and when you are going to do it. Make sure your three goals include all three parts. Clearly defined goals make it easier to determine how to achieve the desired results. (Examples: "I want people to like me" is unclear. "I want to make three new 4-H friends this year" is clear.)
- F533004 **CAREER ESSAY** - Choose a career and job shadow in that career. Write a 1-2 page essay to share your experience and what you learned. What type of leadership skills did this person utilize in their position? What goals will you set as a result of this experience?
- F533005 **GET ORGANIZED** - Develop a plan for organizing your room. Show pictures and what steps were taken to complete the task. Complete Step Out and Step Inward Activities on pages 22-23 of the manual.
- F533006 **EDUCATIONAL DISPLAY OR POSTER ABOUT LEADERSHIP**