

Division - Heritage

The purpose of the 4-H Heritage project is to acquire knowledge, develop a connection to the past and share the story of a 4-H member's heritage and history around them. An exhibit may include items, pictures, maps, charts, recordings, drawings, illustrations, writings, or displays that depict the heritage of the member's family or community or 4-H history.

Rules

1. Exhibits are entered at 4-H'ers own risk. We will not be responsible for loss or damage to family heirloom items or any items in this division.
2. Displays should not be larger than 22 inches x 28 inches wide. If the size needs to be a different size because the historical item is larger than 22 inches x 28 inches please contact the superintendents for approval. Display collections securely in an attractive container no larger than 22 inches x 28 inches.
3. Exhibits must include NAME, COUNTY, AGE, & PAST EXPERIENCE (years in Explore Your Heritage, projects) on back of exhibit.
4. All entries must have documentation included.

Eligibility - All static exhibits must have received a purple ribbon at the county fair to advance to the State Fair.

Quota - Maximum of 3 entries per class.?

Scoresheets, forms, contest study materials, and additional resources can be found at <https://go.unl.edu/ne4hheritage>.

Heritage Level 1: Beginning

- **A101001 - Heritage poster or flat exhibit** - (SF71) - Entries may be pictures, posters, items that depict family heritage. Exhibits must be supported by a written explanation.
- **A101002 - Family Genealogy/History Notebook** - (SF71) - Include pedigree charts/family group sheets, with documentation for two-three generations of one family line, expanding each year. If multiple books included in exhibit, only bring book with most current year's work.
- **A101003 - Local History Scrapbook/Notebook** - (SF71) - Scrapbook or notebook that depicts history of local community or Nebraska that helps youth appreciate their heritage.
- **A101004 - Framed family groupings (or individuals) of pictures showing family history** - (SF71) - Pictures must be supported by a written explanation.
- **A101005 - Other exhibits depicting the heritage of the member's family or community** - (SF71) - Exhibit must be supported by a written explanation. May include, biographical album of themselves or another family member, family cookbooks, etc.
- **A101006 - 4-H History Scrapbook** - (SF71) - A scrapbook relating 4-H history of local club or county. Must be work of individual 4-H'er - no club project. If multiple books included in exhibit, only bring book with most current year's work.
- **A101007 - 4-H History Poster** - (SF71) - Poster relating 4-H history of local club or county or individual.
- **A101008 - Story or illustration about a historical event** - (SF71)
- **A101009 - Book review about local, Nebraska or regional history** - (SF71)
- **A101010 - Other historical exhibits** - (SF71) - Attach an explanation of historical importance.
- **A101011 - Family Traditions Book** - (SF71) - Exhibitor scrapbook depicting family traditions of the past.
- **A101012 - Family Traditions Exhibit** - (SF71) - Story or illustration of a family tradition or event. Exhibits must be supported by a written explanation.

- **A101013 - 4-H Club/County Scrapbook** - (SF71) - Scrapbook relating 4-H history of local club or county compiled by club historian. If multiple books included in exhibit, only bring book with most current year's work.
- **A101014 - 4-H Member Scrapbook** - (SF71) - Scrapbook relating to individual 4-H members' 4-H history. If multiple books included in exhibit, only bring book with most current year's work.
- **A101015 - Special Events Scrapbook** - (SF71) - A scrapbook relating to a 4-H special event, such as Congress or CWF or a personal or family special event, such as a trip, family reunion, etc.

Rules

Division 101, Level 1: Beginning (1-4 years in project)

Heritage Level 2: Advanced

- **A102001 - Heritage poster or flat exhibit** - (SF71) - Entries may be pictures, posters, items, etc. that depict family heritage. Exhibits must be supported by a written explanation.
- **A102002 - Family Genealogy/History Notebook** - (SF71) - Include pedigree charts/family group sheets, with documentation beyond two-three generations of one family line, expanding each year. If multiple books included in exhibit, only bring book with most current year's work.
- **A102003 - Local History Scrapbook/Notebook** - (SF71) - Scrapbook or notebook that depicts history of local community or Nebraska that helps youth appreciate their heritage.
- **A102004 - Framed family groupings (or individuals) of pictures showing family history** - (SF71) - Pictures must be supported by a written explanation.
- **A102005 - Other exhibits depicting the heritage of the member's family or community** - (SF71) - Exhibit must be supported by a written explanation. May include, biographical album of themselves or another family member, family cookbooks, etc.
- **A102006 - 4-H History Scrapbook** - (SF71) - A scrapbook relating 4-H history of local club or county. Must be work of individual 4-H'er - no club project. If multiple books included in exhibit, only bring book with most current year's work.
- **A102007 - 4-H History Poster** - (SF71) - Poster relating 4-H history of local club or county or individual.
- **A102008 - Story or illustration about a historical event** - (SF71)
- **A102009 - Book review about local, Nebraska or regional history** - (SF71)
- **A102010 - Other historical exhibits** - (SF71) - Attach an explanation of historical importance.
- **A102011 - Exhibit depicting the importance of a community or Nebraska historic landmark** - (SF71)
- **A102012 - Community Report** - documenting something of historical significance from past to present - (SF71)
- **A102013 - Historic Collection** - (SF71) - displayed securely and attractively in a container no larger than 22 inches x 28 inches.
- **A102014 - Video documentary of a family or a community event** - (SF71) - Must be produced and edited by 4-H member.(Must be entered as a DVD or USB.)?
- **A102015 - 4-H Club/County Scrapbook** - (SF71) - Scrapbook relating 4-H history of local club or county compiled by club historian. If multiple books included in exhibit, only bring book with most current year's work.
- **A102016 - 4-H Member Scrapbook** - (SF71) - Scrapbook relating to individual 4-H members' 4-H history. If multiple books included in exhibit, only bring book with most current year's work.
- **A102017 - Special Events Scrapbook** - (SF71) - A scrapbook relating to a 4-H special event, such as Congress or CWF or a personal or family special event, such as a trip, family reunion, etc.

Rules - Division 102, Level 2: Advanced (Over 4 years in project)

Resources – Heritage - Learn about the origins of your family or traditions; Find the stories in family photographs; Identify family keepsakes.

URL: https://4hcurriculum.unl.edu/index.php/main/program_project/47

Division - Human Development

The term Human Development includes childcare, family life, personal development, and character development.

Information Sheets

1. Classes 1 – 6 & Class 8: Final ribbon placing of the exhibit will include the completeness and accuracy of this information sheet.

Information sheets for Classes 1 - 6 should include:

1. Where did I get the idea for this exhibit?
2. What decisions did I make to be sure exhibit is safe for child to use?
3. What age is this toy, game or activity appropriate for and why? (Infant, Birth-18 months; Toddlers, 18 mths-3 yrs; Preschoolers, 3-5 yrs or Middle Childhood, 6-9 yrs.) 4-H'ers must give at least 2 examples that help in understanding the appropriateness of this exhibit for the age of the child (see project manuals).
4. How is the toy, game or activity intended to be used by the child?

Information sheet for Class 8 should include:

1. State which ONE age group (infant, toddler, preschooler, middle childhood) the kit was prepared for.
2. What are children this age like? Give 2 examples to show how the kit would be appropriate for children this age.
3. What will the child learn or what skills will they gain by using the kit?
4. What item(s) were made by the 4-H'er. 4-H'er should make one or more items in the kit, but purchased items are also allowed. (It is highly suggested that an inventory list of items in the kit be included).

For General Rules <https://4h.unl.edu/fairbook/general/rules>

Eligibility - All static exhibits **must have received a purple ribbon** at the county fair to advance to the State Fair.

Quota

5 projects from classes 1-7, 10, and 11. 2 projects each from class 8 and class 9.

Scoresheets, forms, contest study materials, and additional resources can be found at <http://go.unl.edu/ne4hhumandevlopment>.

Human Development

4-H members taking I HAVE WHAT IT TAKES TO BE A BABYSITTER may enter:

Toy, game, or activity made for a selected and identified age group. The intent is for the toy/game/activity to teach the child in the developmental area related to each class. For example, a game that is developed to help youth learn language and literacy skills would be an exhibit for class C200002. Each area is a different class. Information sheet required or exhibit will be dropped a ribbon placing for classes 1-6.

- **C200001 - Social Emotional Development** - (SF30)
- **C200002 - Language and Literacy Development** - (SF30)
- **C200003 - Science** - (SF30)
- **C200004 - Health and Physical Development** - (SF30)

- **C200005 - Math** - (SF30)
- **C200006 - Creative Arts** - (SF30)
- **C200007 - Activity with a Younger Child** - (SF115) - Poster or scrapbook showing 4-H'er working with a child aged 0 to 8 years. May show making something with the child, or childcare or child interactions. May include photos, captions, story, or essay. The size of the exhibit is your choice. Other people may take photos so 4-H'er can be in the photos. 4-H'er must make scrapbook or poster. No information sheet needed for class 7.
- **C200008 - Babysitting Kit** - (SF85) - Purpose of the kit is for the 4-H member to take this them when they babysit in someone else's home. Do not make a kit for combination of ages or for your own family to use. 4-H member must make one or more items in the kit, but purchased additional items are also allowed. A list of items in the kit is suggested to be included. Display in box or bag suitable for what it contains. Approximate size not larger than 12 inches x15 inches x 10 inches. All items in the kit must be safe for child to handle. Most importantly the kit should serve a defined purpose, not just be a catch all for several items.

Information sheet for Class C200008 should include:

1. State which ONE age group (infant, toddler, preschooler, middle childhood) the kit was prepared for.
2. What are children this age like? Give 2 examples to show how the kit would be appropriate for children this age.
3. What will the child learn or what skills will they gain by using the kit?
4. What item(s) were made by the 4-H member?

4-H'ers taking any of the projects in DEPARTMENT C-200 may enter:

- **C200009 - Family Involvement Entry** - (SF115) - Scrapbook, poster or story describing an activity the family did together. It might include making something such as a doll house or feed bunk. Items may be exhibited if desired. Other possibilities include a house or farm cleanup project, a family reunion, a celebration of a family milestone, a trip or vacation, moving, a community service project. Photographs are encouraged. Visuals should show family participation. Participation by all family members is important. Include a list of family members and what each person did to participate in the event.

4-H'ers taking GROWING ALL TOGETHER (2 or 3) may enter:

- **C200010 - Growing with Others Scrapbook or Poster** - (SF115) - Examples - How to decide if it's time you can be home alone, and related activities. How responsibilities and privileges are related. Friendships. Working with others. Understanding rules and boundaries. A family tree. A family rules chart. A family meal plan, with pictures of a special family meal. A home safety checklist. Being street smart (safety). A school scrapbook showing yourself and your school activities, memories, and special interests.
- **C200011 - Growing in Communities** - (SF115) - Scrapbook or poster. Examples: A career study. A photo story about your own growth and development, not only physically but emotionally, socially, spiritually, mentally. A television evaluation (see project manual). How you have overcome obstacles. Friendships. A community profile. A community service project. Working with parents. Teaching experiences. Understanding discipline. Playground safety check.

Rules

1. Exhibitors in the Human Development project area will be asked to focus on designing toys/games/activities that meet the different needs of children.

2. Categories: are based on the Early Learning Guidelines in Nebraska which identify the important areas in which our children should grow and develop. Use the Nebraska Department of Education website and the resources around the Early Learning Guidelines to help understand the six areas and the skills children need to

develop to create your exhibit, in conjunction with your project manual. <https://www.education.ne.gov/oec/early-learning-guidelines>

Resources - Human Development

Learn skills and techniques of child care; Find out how to be a caring sitter; Learn to provide a safe environment for children; Explore how people grow and develop; Inspect toddlers toys, minimize hazards; Learn about roles in life, handling emotions; Learn about self-care, rules, responsibility and safety; Introduction to babysitting; Gain awareness of common dangers in the world; Explore child development careers; Gain experience as a teacher or coach; Participate in a community service project

URL: https://4hcurriculum.unl.edu/index.php/main/program_project/53