



## Antelope County 4-H Public Speaking Contest

April 24, 2021    Time: TBD based on entries    Location: Courthouse  
Registration Deadline: April 12

### Rules & Regulations:

#### Speeches:

| Division     | Ages as of Jan. 1 | Speech Length |
|--------------|-------------------|---------------|
| Clover Kid   | 5-7               | 1-2 min.      |
| Junior       | 8-9               | 1-3 min.      |
| Intermediate | 10-13             | 3-5 min.      |
| Senior       | 14-18             | 5-8 min.      |

- Clover Kids can recite their own speech about their 4-H experience, fair, project, or even the 4-H pledge.
- All speeches must be original and include 4-H as the major component of the speech.
- 4-H public speakers may not use the old speech written by a sibling, another 4-H member, or anyone else.
- Acknowledge the source of information used in the speech. For example, an article from a magazine may be used for reference but should not be quoted directly unless the presenter tells the audience their source.
- The use of visual aids and props is not allowed.
- Note cards for the speaker's use are acceptable.
- Dress appropriately. Do not wear costumes or special effects clothing.
- No team speeches are allowed.

#### PSAs (Public Service Announcement):

| Division     | Ages as of Jan. 1 | PSA Length |
|--------------|-------------------|------------|
| Clover Kid   | 5-7               | 30-60 sec. |
| Junior       | 8-9               | 60 sec.    |
| Intermediate | 10-13             | 60 sec.    |
| Senior       | 14-18             | 60 sec.    |

- The state theme for the 2021 PSA is "Opportunity 4 All"
- All PSAs must promote 4-H and be general enough to be used anywhere in Nebraska at any time of the year.
- All PSAs must include the following tagline within the last 10 seconds of the PSA: "Learn more about the Nebraska Extension 4-H Youth Development Program at 4h.unl.edu." The tagline is included in the 60 second time limit. (This rule does not apply to Clover Kids).
- Sound effects and public domain music may be used. Copyrighted material may not be used.
- All PSAs must be the original work of the presenter.
- No team PSAs are allowed.

### **How does the PSA Contest work?**

For this contest participants may use manuscripts of their presentation. **Live presentation** will be made at the county contest. Contestants will sit behind the judge when making their presentation. This is to ensure that no judging is made on visual presentation. The contestant is judged only on content and oral presentation.

**Entry deadline is April 12.** Please complete the online form:  
<https://forms.gle/oLLHphBvFZT3FXrv6> or call into the office to register.

**Great resources to develop a 4-H Speech and PSA can be found here:** [Public Speaking Contest | Nebraska 4-H \(unl.edu\)](#)

### **Example of a PSA Script:**

Attention! Calling all couch potatoes! Are you getting tired for reruns? Are your parents always telling you to get busy and do something? Well, get up off the couch and get into a 4-H Club. No, 4-H isn't just livestock and crops. There are over 150 projects to choose from, ranging from rocketry to engineering, health to wildlife, cooking to sewing, and small or large animals. There's something for everyone! You'll do things you never thought possible. Have you ever washed a chicken, launched a rocket, or sewn a pair of shorts? These are just a few of the many things you can learn in 4-H. Plus, 4-H provides many rewards and incentives, such as ribbons and meeting new friends. So, with a little work and commitment, you'll be up off that couch and into having fun. Won't you join 4-H? "Learn more about the Nebraska Extension 4-H Program at [4h.unl.edu](http://4h.unl.edu)." This has been \_\_\_\_\_ (name) with the \_\_\_\_\_ 4-H Club.