



# Antelope County 4-H Newsletter

## JANUARY 2021

Dear 4-H Families,

Good riddance 2020!

2020 may not have been the most enjoyable year but it taught us a thing or two. 2020 helped us slow down our ever so fast lifestyle and made us appreciate what truly is important and that is family!

That said the 4-H community is a family and we are so excited for a new year, new beginnings and a new (hopefully somewhat normal) 4-H year! 😊

Every year we hear that 4-H families wish that they would have started their 4-H projects earlier, well a new year means a time for a new beginning. Set a goal for yourself! Example, you will complete your sewing project by March or you will take up a project you have never done before like a rocket, woodworking, forestry, or even explore your family's history!

Why wait to re-enroll in 4-H, you can start re-enrolling now! February is Nebraska 4-H Month and that is when we recruit others to join. We encourage you to tell your family and friends to join the largest youth organization in the world!

As always if you have any 4-H questions give our office a holler! Happy New Year 4-H Families!

**I AM  
4-H  
PROUD**

*4-H Club and Independent Members:*

*February is Nebraska 4-H Month, so start thinking of ideas to promote 4-H! Wearing your 4-H t-shirt, making and hanging posters up at businesses, and talking to a friend about 4-H are all a great way to get the word out about 4-H.*

*Watch for the February newsletter, it will have instructions on how 4-H members and volunteers (leaders, council members) have to go online and sign up for 4-H. Go to [ne.4honline.com](http://ne.4honline.com) if you would like to start enrolling now.*

### Club Leaders

Reminder to get your Treasurer's Report in by January 15th.

July 30th Photograph, Clothing, Fashion Day  
August 3rd - 8th Antelope County Fair  
July 25th 4-H Shooting Contest



### Antelope County Extension Staff

Tessa Hain - [tharms2@unl.edu](mailto:tharms2@unl.edu) – 4-H Youth Development Coordinator

Brittany Spieker - [brittany.spieker@unl.edu](mailto:brittany.spieker@unl.edu) – Food, Nutrition & Health Educator

Lisa Welding – [lisa.welding@unl.edu](mailto:lisa.welding@unl.edu) – Office Manager

Phone Number: 402-887-5414

Webpage: [antelope.unl.edu](http://antelope.unl.edu)

### Flag Pole Memorial Bricks

Do you have someone that was involved in 4-H, Extension or the Fair? You can buy a Memorial Brick that will have their name on it and will be placed at the fairgrounds to honor them. If you would like more information please contact LeRoy Wortman 402-887-4565.

2021 Antelope County Fair

August 3 – August 8

July 30th – photograph & clothing entry

July 25th – 4-H shooting sports



### Save the Dates

2021 Districts Horse Show June 14-18

2021 State Horse Show July 10-14

Deadline for ALL Level testing May 7th, 2021

### Bucket Calf Second Year Record Book

This Record Book was Revised in 2020, Please make sure you are using the correct one. The right bottom front page will say (Revised 2020). Record Book can be found on our webpage under Antelope County 4-H (4-H Member Resources) scroll toward the bottom under Bucket Calf Record Books.



### Virtual & At-Home Learning

Nebraska 4-H offers a variety of live virtually-guided opportunities, on-demand and self-paced experiences, and activity guides. These resources are perfect for school classrooms, afterschool programs, clubs, home school co-ops, and families looking for supplemental learning experiences. Living Room Learning offers free and live hands-on virtually guided activities for youth. Each session focuses on a new activity that can be done with materials found at home. Youth do not need to be 4-H members to participate. <https://4h.unl.edu/virtual-home-learning>

### 4-H Winter Fun Pack

Looking for ways to keep the young people in your life engaged this winter? Check out the [4-H Winter Fun Pack](#) - a collection of activities that youth can do on their own at home! Each recorded session of Living Room Learning is led by a Nebraska 4-H Youth Development professional. Getting started is simple: gather supplies, click the recording and let us do the teaching. The materials required for this resource are all things you can find at home! Access the resources here and let the fun begin: <https://4h.unl.edu/winter-fun-pack>

### Animal Science: Inspiring Your Future Scholarship Contest

Eligibility: Incoming freshman or transfer student for 2021-2022 academic year and plan to enroll in the fall 2021 semester. Must be an admitted animal science major. Families or those living in the same household as University of Nebraska employees are not eligible. Ten winners will be selected and receive a \$5,000 scholarship to be used for 2021-2022 academic year. All entries must be submitted **by noon on February 15th**.

<https://animalscience.unl.edu/Inspiring-Your-Future-Scholarship-Competition>

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### 4-H Special Gardening Project - Hakurei Turnip

This year project is the tasty Hakurei Turnip! These are not your grandmother's turnips. Hakurei is a white salad turnip that is smooth, round, and at its best when harvested under 2 inches. The roots can be eaten raw or cooked and the tops can also be cooked.



The special gardening project offers 4-H members an opportunity to grow fun and unusual projects in their gardens. Each year, a new plant is selected as the focus for all members enrolled in the project. Youth receive seeds that they plant and cultivate using project resources provided throughout the experience. 4-H'ers then have the opportunity to exhibit harvested vegetables or cut flowers or present their experience through a poster or report. Youth must enroll in the special gardening project through 4-H Online. Coming Newsletters will have when the seeds will be available. Learn more at [4h.unl.edu/special-gardening-project](http://4h.unl.edu/special-gardening-project).

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**NEW Project**

### 2021 Special Agronomy Project is the Teosinte plant

New this year is a Special Agronomy Project, youth will explore teosinte. The plant looks and is very similar to corn, in fact it is believed to be the wild ancestor of today's corn!

Teosinte is the ancestor to today's corn, including dent, sweet, and popcorn. Native to Mexico and the surrounding area, this plant was adapted and changed by humans over time. There are both similarities and differences between them. Both plants have a tassel at the top. However, instead of a single stalk with a large ear, teosinte has multiple branches that produce many small spikes of trapezoidal seeds if the growing season is long enough.

**If you would like to enroll in this Special Agronomy Project please call the Extension Office 402-887-5414 by January 11th** and let us know. We will need to order the seeds and get you enrolled in this project. There is no fee for this project. For more information - <https://cropwatch.unl.edu/special-agronomy-project>

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### 2021 NEBRASKA CATTLEMEN'S CLASSIC JUDGING CONTEST

Deadline February 5th

The contest will be held on Saturday, February 13 at the Buffalo County Fairgrounds in Kearney, NE with an Awards Banquet that evening. The entire contest will take place in the Expo Building and Ag Pavilion. We are in the process of putting together a superior contest with outstanding quality and great teaching opportunities for your youth! The event is open to 4-H and FFA youth, plus college teams. This is a BEEF only contest. Age Divisions: Senior (16-18), Intermediate (12-15), and Junior (8-11). Seniors will give four sets of oral reasons, Intermediates three, and Juniors two. There will be two sets of questions for all. The University of Nebraska at Lincoln, Animal Science Department will award a \$1,000 scholarship to the top Senior Individual.

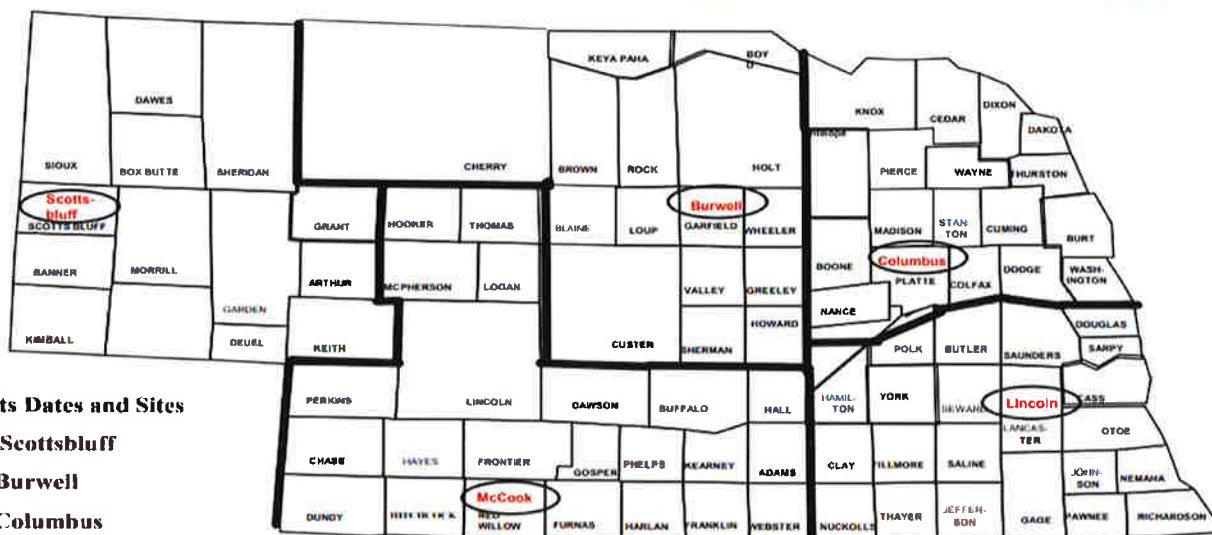
For more information: [https://cattlemens.org/youth/judging\\_contest.html](https://cattlemens.org/youth/judging_contest.html)

# 2021 NEBRASKA DISTRICT 4-H HORSE SHOWS

## all entries due to county office **May 7<sup>th</sup>, 2021**



Note: **ALL** Level testing required for participation in the 2021 District 4-H Horse Shows **MUST** be completed by **MAY 7<sup>th</sup>, 2021**



### 2021 Districts Dates and Sites

June 14<sup>th</sup> – Scottsbluff

June 15<sup>th</sup> – Burwell

June 16<sup>th</sup> – Columbus

June 17<sup>th</sup> – Lincoln

June 18<sup>th</sup> – McCook

**Reminder: All Entries for the State Horse Show must be completed by May 7<sup>th</sup>, 2021.**

Districts Webpage- <https://4h.unl.edu/state-horse-expo-district>

2021 Fanner Park State 4-H Horse Show July 10-14, 2021

## Equine Webinar Series

The Nebraska 4-H Equine Webinar Series is a great way for 4-H leaders, parents, and senior aged youth to gain knowledge in various equine-related topic areas. Each session, a new topic will be covered with various experts joining to share their experience and expertise. The webinars are hosted online using Zoom, a video conferencing service. To join an upcoming Webinar, please register in advance - <https://4h.unl.edu/horse/webinar-series>

After registering, you will receive links and details for joining the live webinar. Not able to make it to the live webinar? All of the Equine Webinars are recorded and made available below for on-demand viewing. Additional materials that are shared or discussed during webinars are also available. Participants are also encouraged to complete the survey to help in planning and improving future Webinars.

## 4-H Horse Stampede

The statewide 4-H Horse Stampede is planned for Saturday, March 27 on University of Nebraska-Lincoln East Campus. This event offers a variety of 4-H horse contests that don't require live horses, including public speaking, demonstration, quiz bowl, art and photography. Some changes have been made for 2021 in accommodation with health restrictions and guidelines.

**All entry forms are due Friday, March 5 by 4:30pm to the Antelope County Extension Office.**

Entry forms can be found at <https://4h.unl.edu/horse/stampede>.

Art and Photography EXHIBITS should also be handed into county offices by the deadline (open to 4-H'ers ages 8-18).

- Art exhibits must be labeled with the youth's information (full name, age division, and county) on the back of the exhibit.
  - Photography exhibits must have the proper matting along with personal data tags attached to the back of the exhibit.
- Demonstration and Public Speaking contests are currently being planned for in person on March 27, BUT may be altered to a virtual option that will be held live over Zoom, March 27 depending on health restrictions and guidelines on UNL Campus (open to 4-H'ers ages 10-18). Youth will be emailed their scheduled time and their corresponding Zoom link. Horse Bowl is currently being planned for in person on March 27, BUT may be postponed to a later date depending on UNL Campus health restrictions and guidelines (open to 4-H'ers ages 10-18).

More information about the Stampede can be found at <https://4h.unl.edu/horse/stampede>.

# Antelope



## SAVE THE DATE: July 25th! Antelope County 4-H Shoot (All Disciplines)

Youth in order to participate in the shooting sports shoot at the Antelope County Fair you must be enrolled in the respective shooting sports project. To enroll in the shooting sports go to [ne.4honline.com](http://ne.4honline.com). **Make sure you enroll in that project or you will not receive information on the county shooting sports shoot, this is how we know who signed up.** Trap and .22 Rifle must have completed a Hunter Education Class. Also to be eligible to shoot Air Rifle you must have completed one year of BB gun. **Do not forget** you have to select each discipline you want to participate in on 4honline.

### Archery

Would you like to join the Archery Club. Their facebook page is, "Antelope Archery 4H Shooting Sports Club". For more information contact the Leaders: Lisa & Rod Christiansen 402-887-7773 or Mark Eggers 402-750-0005



### B.B. Gun

Facebook page is: "Antelope County Shooting Sports" For more information contact the Leaders: Shannon Schumacher 402-750-9012 or Tom Dittrich 402-992-8096



## Congratulations to our new 2021 4-H Council



### Adults

Laura Dewey	Abby Frank	Megan Jacob
Jenny Higgins	Kara Pelster	Paige Redding
Travis Rudloff	Amy Selting	Amber Wilcox

### Youth

Alyssa Burenheide	Trevin Hanson	Callie Heithoff
Lynae Koinzan	Charley Mlnarik	Collins Mullins
Kody Qualset	Ally Selting	Merinee Vaughn

These individuals are on the council to represent you! If you have a question or have any suggestions to make the 4-H program better, you can reach out to one of the council members or our office.

## COMPANION CAT SCIENCE

Ever wonder how cats became domesticated? Interested in learning more about caring for a feline friend? How about showing a cat in 4-H or exploring careers related to cats? We've got answers to all these questions and more in our NEW Companion Cat Science online course! The course is free and open to all youth, parents, and leaders interested in advancing their knowledge of cats and the 4-H cat project. Youth do not need to be enrolled 4-H members to participate. Learn more at <https://4h.unl.edu/companion-cat-science>



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## COMPANION ANIMAL WEBINAR SERIES

Companion animals are diverse groups of animals that include dogs, cats, rabbits, guinea pigs, hamsters, companion birds, reptiles, amphibians, fish, and many more! There are currently more than 1.1 billion companion animals worldwide. In fact, there are more companion animals than people in the United States.



The Nebraska 4-H Companion Animal Webinar Series is a great way for 4-H leaders, parents, and youth to gain knowledge in various companion animal-related topic areas. Each session, a new topic will be covered with various experts joining to share their experience and expertise.

Companion Animal Webinars will be hosted live on the 1st Thursday of each month at 6:00 PM CT. The webinars are hosted online using Zoom, a video conferencing service. Please register in advance to receive a link and details for joining the live webinar. Not able to make it to the live webinar? All of the sessions are recorded and made available below for on-demand viewing. Additional materials that are shared or discussed during webinars are also available. Participants are also encouraged to complete the survey to help in planning and improving future webinars.

<https://4h.unl.edu/companion-animal-webinar-series>

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## 4-H COMPANION ANIMAL OPPORTUNITIES

<https://4h.unl.edu/companion-animal>

The Nebraska 4-H companion animal programs offer opportunities for youth to develop life skills and obtain knowledge of companion animals. The focus of the Nebraska 4-H companion animal programs is the total development of the young person. The companion animals contests, shows, and related activities are utilized as a vehicle for human growth and development. Check out the companion animal website for different opportunity to learn about your dog, cat, and rabbit.



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## VIRTUAL COMPANION ANIMAL CHALLENGE

The Virtual Companion Animal Challenge offers a variety of 4-H companion animal contests that don't require live animals, including a Demonstration Contest, Essay Contest, Art Contest, Photography Contest, Cat Trivia, and Dog Trivia. Youth have the opportunity to display their companion animal knowledge through these contests both as individuals and as part of a team.

**Online entry forms are due by 5:00 PM on April 2nd.** Entry fees will be \$5 per contest.

Entry fees must be postmarked by April 2nd. Copies of the entry form that are emailed to you should also be printed and mailed WITH the entry fees.

Essays, art, photography, and demonstration recorded entries must be submitted digitally within the entry form. Trivia will be completed through an online quiz which must be taken from April 12-18th.

For more information go to: <https://4h.unl.edu/companion-animal/challenge>