



Antelope County 4-H Newsletter

APRIL 2021



Dear 4-H Families,

WELCOME to all our new and returning 4-H families! We are super excited that you will be joining us for a great 4-H year! We are ready for things to get back to normal! 4-H is a program organized by the United States Department of Agriculture and the state's land grant university, which in Nebraska is the University of Nebraska Lincoln.

4-H can be a little overwhelming to new families at first because there is so many opportunities and experiences you can partake in with 4-H but this is a very good thing! If you are ever have any questions please don't hesitate to contact our office. We want to make sure that you and your family are having fun while succeeding in 4-H!

A 4-H newsletter, like this one, will come to you about every month and will highlight what is happening in 4-H like events, opportunities, upcoming deadlines, and important information on fair. **Please read it closely** and always know you are encouraged to call &/or email any questions you may have. You can also access the 4-H newsletter online in two places; on your 4HOnline family account and on our Extension webpage:

antelope.unl.edu.

To access the 4-H content on the Antelope County Extension webpage, click on the Antelope County 4-H tab on the top. This website not only contains the monthly 4-H newsletters but also has livestock, shooting sports, project resources, horticulture info and any forms you need that we send out throughout the year. We also have a Facebook page, Nebraska Extension-Antelope County, where we post about upcoming programs and deadlines as well as any other Extension programs. If you are enrolled in shooting sports there are a couple of Facebook pages you can like. If you are enrolled in BB Gun, Air Rifle, or Trap like the page: Antelope County Shooting Sports. If you are enrolled in Archery: Antelope Archery 4-H Shooting Sports Club is the Facebook page for you.

Welcome to Antelope County 4-H!!

**I AM
4-H
PROUD**



Pick up your 4-H Proud Sign

Stop in 4-H Members, Volunteers & Leaders to the office and get your yard sign.



4-H Open House-Thank You!

THANK YOU! Thank you to everyone that helped make the 4-H Open House a success! We had over 25 project areas and 3 clubs represented. Thank you to the 4-H'ers that represented a project, to the Superintendents, Club Leaders, and the 4-H Council for making this event possible. It was great to have an event face to face and see 4-H families coming together to promote 4-H! We had 14 new members sign up that night! Thank you for showcasing your enthusiasm for 4-H! We definitely felt the enthusiasm for 4-H spreading to new families!



Antelope County Extension Staff

Tessa Hain - tharms2@unl.edu – 4-H Youth Development Coordinator
Brittany Spieker - brittany.spieker@unl.edu – Food, Nutrition & Health Educator
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Lisa's Notes

Have you checked out our Antelope County Extension Webpage: antelope.unl.edu

If you go to our webpage and click on the "Antelope County 4-H" that is in the red bar it will take you to the 4-H page. Here you can find the monthly newsletter, step by step enrollment instructions, list of 4-H projects for 2021. The "4-H Member Resources" will be important the closer we get to fair. Here you will find Photography, Home Environment supporting tags, Record books for small animal, calf, goats, Animal affidavit ID forms, shooting sports, summer camp info, and later on the 2021 Fair book, just to name a few. Also any shows and contest that come across my desks I will post on our webpage, like horse, beef shows, shooting & judging contests. Get to know this website, if a link doesn't open or if you know of a contest or show let me know and I will add it.

Summer Camps

Regional Junior 4-H Camp—Whispering Cedars Camp, Genoa NE June 2 - 4, 2021



Regional Junior 4-H Camp counties involved are: Polk, Platte, York, Merrick, Antelope, Hamilton, Boone and Nance. This "Junior" Camp is open to ALL youth, **ages 8-11**. Some of the fun activities at this camp include a zip line, repelling wall, swimming, singing, campfires, crafts and MORE!

Cost per camper: \$85 if you register by May 7th, \$100 May 8-14th. Contact the office for a registration form or go to our webpage antelope.unl.edu Make checks payable to: Antelope Co 4-H Council

Don't delay, spots are filling up fast!!

All participants must complete the 4-H Participant Permission and Health Form in their 4hOnline enrollment.

Camp begins at 1:00 p.m. on 2nd of June and ends at 11:30 a.m. on the 4th.

4-H Goat Lottery

Do you want to show or own livestock but do not know where to start? The Goat Lottery is a project that provides youth with support for a positive experience, and allows them to own and raise a goat! Through meetings and workshops, you will learn how to care for your goat and prepare for fair.

For more information Contact:

Travis Rudloff - Goat Superintendent
402-640-7321 - travisrudloff@gmail.com

To Sign Up, Call the Extension office 402-887-5414



NEW THIS YEAR! Ask about the breeding doe lottery class! This class allows youth to lease a breeding doe, raise her, and she will be returned to the breeder after fair. If you choose to keep the doe, you can buy the doe out of the lease! If you want to start breeding goats, this is a great opportunity!

2021 Antelope County Fair
August 3 – August 8
July 30th – photograph & clothing entry
July 25th – 4-H shooting sports



Follow us on our Facebook Page
Nebraska Extension-Antelope County

Antelope County 4-H Public Speaking Contest

April 24



We will be having our Speech & PSA contest Saturday April 24 at the Antelope County Courthouse. **Entry Deadline** is April 12th

For Rules, Registration and More information go to our webpage - antelope.unl.edu

Through the 4-H Public Speaking Contest, youth have the opportunity to write a Speech or a Public Service Announcement (PSA) that incorporates the topic of 4-H and deliver it to an audience. This is a great event to help youth enhance their communication skills. This contest helps youth develop skills for communicating about current issues to a real audience, learn how to organize and prepare a speech, develop speech delivery skills, learn how to present themselves to others, and develop self-confidence.

The theme for the PSA's this year is: **"Opportunity 4 All"**.

Shooting Sports: Save the Date - July 25th! Antelope County 4-H Shoot (All Disciplines)

To participate in the County 4-H Shoot Youth have to be enrolled through ne.4honline.com.

Archery Practice Tuesday nights at 6:30 pm, facebook page is, [Antelope Archery 4H Shooting Sports Club](#)

No more BB Gun Practice until summer watch their facebook page, [Antelope County 4-H Shooting Sports](#)

4-H Horse: <https://4h.unl.edu/state-horse-expo-district>

Districts: June 14-18 - State: July 10th-14th, 2021

May 7th Deadline: Advancement Levels, ID Forms, Online Entry

District Registration: Open from April 1st to May 7th - <https://nhorse.fairwire.com/>

Webinar on how to enter online for District and State entries watch: <https://youtu.be/W6NO6BrVhTg>

More events and programs on our webpage antelope.unl.edu under "Horse Events"

Beef:

More Contest events on our webpage antelope.unl.edu under "Beef Events"

Camps:

For a list of camps offered this year go to: antelope.unl.edu in the red menu bar Antelope County 4-H click on 4-H Member Resources and look for Summer Camps.

4-H Special Gardening Project - Hakurei Turnip

I have 8 Seed pkg left if you would like to do this project call office

This year project is the tasty Hakurei Turnip! These are not your grandmother's turnips. Hakurei is a white salad turnip that is smooth, round, and at its best when harvested under 2 inches. The roots can be eaten raw or cooked and the tops can also be cooked.

The special gardening project offers 4-H members an opportunity to grow fun and unusual projects in their gardens. Each year, a new plant is selected as the focus for all members enrolled in the project. Youth receive seeds that they plant and cultivate using project resources provided throughout the experience. 4-H'ers then have the opportunity to exhibit harvested vegetables or cut flowers or present their experience through a poster or report. Youth must enroll in the special gardening project through 4-H Online.

Learn more at 4h.unl.edu/special-gardening-project.



Donation Garden/Grow-A-Row

Looking for a way to give back to the community and include a 4-H project? Come join Nebraska Extension and the City of Neligh grow a donation garden this summer!

The garden site is in Neligh. All produce harvested from the garden will be donated to the Antelope County Food Pantry. 4-H'ers who regularly volunteer in the garden may have an opportunity to utilize some garden produce for county fair. Dates for volunteering are available for both clubs and individuals. Contact Brittany for additional details and to sign-up – (402) 887-5414 or brittany.spieker@unl.edu

If you are unable to volunteer in the donation garden, you can grow an extra row of produce in your personal garden and donate that harvest to the Antelope County Food Pantry.

Ideas for incorporating garden efforts into 4-H projects:

Dept. G – Div. 773 – Class #G773290 – Garden Promotion Poster

Dept. G – Div. 773 – Class #G773291 – Educational Vegetable or Herb Garden Poster

Special County Only Vegetable Exhibit



This year the vegetable is:

Zucchini/Squash

So when you plant your garden remember - Most Unusual Shaped, Largest, & Best Dressed/Decorated Zucchini/Squash. Can't wait to see what you come up with.

We are working on the 2021 Fairbooks. We will let you know when we get them in.

Do you know?

Home Food Preservation Virtual Learning Series

*Join Nebraska Extension for the 2021 Canning Season
7:00pm CT - Free Zoom Classes*

- Wed, April 14 - Canning 101**
- Tues, May 11 - Jams & Jellies**
- Thu, June 10 - Canning 101**
- Wed, June 23 - Pickles & Relishes**
- Thu, July 8 - Tomatoes**
- Tues, July 13 - Salsa**



Get your questions answered!



Register At:

<https://go.unl.edu/homefoodpreservation>