



4-H Year Book

A Planning Sheet For 4-H Members

4-H Pledge:

I Pledge
my **HEAD** to clearer thinking
my **HEART** to greater loyalty
my **HANDS** to larger service, and
my **HEALTH** to better living, for by club, my
community, my country, and my world.

4-H Motto: Make the Best Better

Member's name

Club name

Year

LEADERS

Organization Leader

name

address

telephone

Project Leaders

name

telephone

name

telephone

name

telephone

OFFICERS

President _____
name

address

telephone

Vice Pres. _____

Secretary _____

Treasurer _____

News Reporter _____

COMMITTEES I AM ON

PROJECTS I AM TAKING



My Personal and Group Goals For This Year

Goals can give direction to your 4-H program. They may be something you have not done before, but would like to accomplish, or they may be something you have tried before, but would like to improve. Be specific! Include what you would like to do, when you will have it done, and **how** you will know you have completed the goal.

This following chart shows two examples of specific goals. In the second example, note how much more specific it is that stating: I want to learn how to raise a garden. Sometimes you may wish to combine several ways to reach a goal, such as in the first example. Group goals are those which involve every member, such as: have a bake sale to raise \$50 for the remodeling of the community center.

<p>STATE YOUR GOAL:</p> <p>Who: I</p> <p>What: Be more comfortable when talking in a group of people.</p> <p>When: By September</p> <p>Why: I get nervous when working with groups and tend not to talk at all. I would like to be a Junior Leader next year and will need to explain things to a group.</p>	<p>EXAMPLE:</p> <p>Who: I</p> <p>What: Plant a garden of at least five different vegetables.</p> <p>When: By May 25</p> <p>Why: Because it will save the family money and encourage me to eat more vegetables.</p>
<p>State Goal in Sentence Form: I want to improve my speaking skills by September.</p>	<p>State Goal in Sentence Form: I want to plant a garden of at least five different vegetables by May 25.</p>
<p>List several ways you can accomplish your goal</p> <ol style="list-style-type: none"> 1. Discuss problem with 4-H leader and ask for help. 2. Give more club demonstrations and enter the county fair. 3. Work with several younger 4-H'ers at the same time instead of one at a time. 4. Participate in the county speech contest. 	<p>After discussions with parents, these were possible alternatives:</p> <ol style="list-style-type: none"> 1. I could plant five vegetables in my parent's garden. 2. I could dig my own separate garden. 3. I could rope off an area of my parent's garden so it would still be like having my own.
<p>Which choice do you want to try? 2 and 4</p>	<p>I would like to try No. 3</p>
<p>Go ahead and try it. How did it work?</p> <p>While I did not receive any purple ribbons for my demonstration or speech, I am no longer completely scared to talk in front of my 4-H group. I plan to continue working in this area to increase my confidence. Serving as a Junior Leader will help.</p>	<p>Go ahead and try it. How did it work?</p> <p>Everything went very well. By using part of my folks' garden. I had more yard space to play in. Since I roped off an area, I still felt independent and I was able to care for that part alone.</p> <p>I planted peas, carrots, onions, radishes and cucumbers. They were really good and we ate vegetables almost every day this summer!</p>

List at least one 4-H group goal and two personal goals for this year. Use additional pages if you want to record more goals.

STATE YOUR GOAL	STATE YOUR GOAL	STATE YOUR GOAL
Who:	Who:	Who:
What:	What:	What:
When:	When:	When:
Why:	Why:	Why:
State Goal in Sentence Form:	State Goal in Sentence Form:	State Goal in Sentence Form:
List several ways you can accomplish our goal:	List several ways you can accomplish our goal:	List several ways you can accomplish our goal:
Which choice do you want to try?	Which choice do you want to try?	Which choice do you want to try?
Go ahead and try it! How did it work?	Go ahead and try it! How did it work?	Go ahead and try it! How did it work?

1st Meeting

	date	time	place
BUSINESS MEETING	Items to be discussed		
PROJECT LESSON	Meeting Topic		
	What will be done	Who will do it	
RECREATION			
Members will bring			

2nd Meeting

	date	time	place
BUSINESS MEETING	Items to be discussed		
PROJECT LESSON	Meeting Topic		
	What will be done	Who will do it	
RECREATION			
Members will bring			

3rd Meeting

	date	time	place
BUSINESS MEETING	Items to be discussed		
PROJECT LESSON	Meeting Topic		
	What will be done	Who will do it	
RECREATION			
Members will bring			

4th Meeting

	date	time	place
BUSINESS MEETING	Items to be discussed		
PROJECT LESSON	Meeting Topic		
	What will be done	Who will do it	
RECREATION			
Members will bring			

5th Meeting

	date	time	place
BUSINESS MEETING	Items to be discussed		
PROJECT LESSON	Meeting Topic		
	What will be done	Who will do it	
RECREATION			
Members will bring			

6th Meeting

	date	time	place
BUSINESS MEETING	Items to be discussed		
PROJECT LESSON	Meeting Topic		
	What will be done	Who will do it	
RECREATION			
Members will bring			

7th Meeting

	date	time	place
BUSINESS MEETING	Items to be discussed		
PROJECT LESSON	Meeting Topic		
	What will be done	Who will do it	
RECREATION			
Members will bring			

8th Meeting

	date	time	place
BUSINESS MEETING	Items to be discussed		
PROJECT LESSON	Meeting Topic		
	What will be done	Who will do it	
RECREATION			
Members will bring			
