

ADAMS COUNTY 4-H

www.adams.unl.edu



2024 4-H PICK-A-PROJECT

THE SELECTION GUIDE TO ENROLLING
IN 4-H PROJECTS

Adams County 4-H provides over 50 projects for youth to explore and mastering skills and content knowledge. Youth may participate in contests and events that expand their involvement and experiences.



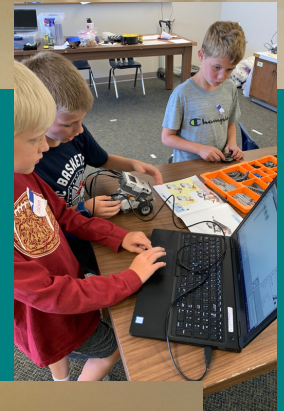
Clover Kid (5 to 7 years old)

Clover Kid Projects are non-competitive experienced focused.



Traditional 4-H (8 to 18 years old)

4-H Members are able to enroll and participate in a variety of projects that are judged or competitive.



Ways to be Involved through the 4-H Projects

Self-Paced Project

Experience the Project on your own utilizing manuals and your connections.

Special Interest Groups

Short term groups that gather to focus on a specific project or curriculum topic.

Contests & Events

Experiences that test your knowledge or deepen your involvement with the project.

Workshops

Special sessions highlighting projects that are hosted by Extension Staff.

New NE 4-H Project selections as of 2024

Enrollment in Project Area is not required but highly recommended to participate in Fairs, Workshops or Events unless stated "Required" behind Project Name

For Youth 4-H Age (before Jan 1 of current year) 8 - 18 years

Animal Science

- Beef**
Includes: Market Beef, Breeding Beef, Feeder Calf, Bucket Calf
- Cats**
- Dairy Cattle**
- Dogs**
- Goats**
Includes: Meat Goat (Market or Breeding), Pygmy Goat, Dairy Goat
- Horse - Required**
Required to be selected if wanting to participate.
- Other Pet or Small Animal**
- Poultry**
Includes: Poultry, Market Broilers
- Rabbits**
- Sheep**
Includes: Market Sheep, Breeding Sheep
- Swine**
Includes - Market Swine, (Breeding Swine not shown in Adams)
- Veterinary Science**
Includes: The Normal Animal, Animal Disease, Animal Health & It's Relationship to Our World, Veterinary Science

Communications & Expressive Arts

- Communications**
Includes: Communications, Digital Video Pro, Presentations, Posters, Theater Arts
- Photography**
Includes: Photography Basics (lvl 1), Next Level Photography (lvl 2), Mastering Photography (lvl 3).
- Visual Arts**
Includes: Sketchbook Crossroads, Portfolio Pathways

Consumer & Family Sciences

- Consumer Education**
Includes: Shopping In Style, My Financial Future (Beginner and Advanced)
- Heritage**
- Home Design & Restoration**
Includes: Design Decisions, Design My Place, Preserving Heirlooms
- Human Development**
Includes: Kids on the Grow 1, 2, 3 and I Have What It Takes To Be Your Babysitter
- Textile, Quilts, & Apparel**
Includes: Clothing 1 Fundamentals, Clothing 2: Simply Sewing, Clothing 3: A Stitch Further, Beyond the Needle, Crochet, Knitting, Quilt Quest

Environmental Education & Earth Science

- Conservation and Wildlife**
Includes: Conservation - Environment 1, 2, 3; Outdoor Skills; Conservation - Outdoor 1, 2, 3; 4-H Geology; Wildlife Conservation 1, 2, 3; Amphibians; Bird Behavior; Taxidermy; Wildlife Habitat Evaluation; Fishing For Adventure 1, 2, 3
- Entomology**
Includes: Entomology 1, 2, 3; Insectigator
- Forestry**
Includes: Tree Identification

Shooting Sports - Required per Discipline taking

4-H Classes held only in January - April

Must also turn in registration form for nights, time & pay fees during Shooting Sports Kick-Off

- Archery - Required**
- BB Gun - Required**
- Air Rifle - Required**
- Air Pistol - Required**
Hunter Ed Card Not required for 22 Rifle, 22 Pistol or Shotgun
- 22 Rifle - Required**
- 22 Smallbore Pistol - Required**
- Shotgun - Required**

New NE 4-H Project selections as of 2024

Healthy Lifestyles

- Food and Nutrition**
Includes: **Cooking 101, Cooking 201, Cooking 301, Cooking 401; Food Preservation: Unit 1 - Freezing , Unit 2 - Drying, Unit 3 - Boing Water Canning, Unit 4 - Pressure Canning**

- Healthy Lifestyles**
Includes: **Bicycle Adventures 1, 2, 3**

- Safety**
Includes: **Fire Safety, Safety, All-Terrain Vehicles - ATV, Tractor Safety**

Leadership, Citizenship & Personal Development

- Citizenship**
Includes: **Citizenship: Public Adventures, Seeing i2i**

- Entrepreneurship**
Includes: **Blue Print, Discover the E-Scene, The Case of**

- Leadership**
Includes: **Step Up to Leadership 1, 2, 3; Serving As Junior Leader**

Plant Science

- Horticulture**
Includes: **Annual Flowers; The World of Flowers; Houseplants; Gardening A, B, C, D; Everyone a Gardener; Special Garden Project; Landscape Design 1, 2, 3**

- Agronomy**
Includes: **Field Crops 1, 2, 3; Special Agronomy Project**

- Range**
Includes: **Reading the Range, Using Nebraska Range, Weed Science**

Science, Engineering & Technology or SET

- STEM: Computers**
Includes: **Computer Mystries 1, 2, 3**

- STEM: Electricity**
Includes: **Electric Excitement 1, 2, 3, 4**

- STEM: Geospatial**

- STEM: Physics**
Includes: **The Power of Wind, 4-Wheelin' Physics Fun**

- STEM: Robotics**
Includes: **Gear-Tech 21 Year 1, 2; Junk Drawer Robotics 1, 2, 3; Robotics Platforms; Virtual Robotics**

- STEM: Rockets**
Includes: **Aerospace 2, 3, 4**

- STEM: Welding**

- STEM: Woodworking**
Includes: **Woodworking Wonders 1, 2, 3, 4**



Clover Kids

For Youth 4-H Age (before Jan 1 of current year) 5 - 7 years

- Clover Kids**

Includes: **All Clover Kid Animals, A Space for Me, Aerospace 1, Be Aware, Be Safe; Bicycle Adventures 1; Family Celebrations Around the World; I Wish I Had A Horse; Just Outside Your Door; Making Foods for Me; Needle and Thread; Theatre Arts 1**

ADAMS COUNTY 2024 CONTESTS AND EVENTS

ALL active 4-H members (Traditional and Clover Kids) are eligible to participate in the following Event Areas – No specific project enrollment required **but must meet age & any other requirements** for a specific event:

- **Bowling Tournament**
- **Dog Skillathon Contest**
- **Family Consumer Science (FCS) Judging Contest**
- **Fashion Show**
- **Food Review Contest**
- **4-H Culinary Challenge Contest**
- **Grass and Weed Identification Contest**
- **Horticulture Judging Contest**
- **Ice Cream in a Bag Team Competition - Clover Kids**
- **Ice Cream in a Can**
- **Insect Identification Contest**
- **Largest Ear of Corn Contest**
- **Livestock Judging Contest**
- **PASE (Premier Animal Science Events)**
- **Performing Arts Contest**
- **Poultry Skillathon Contest**
- **Presentations Contest**
- **Public Speaking / PSA Contest**
- **Rabbit Skillathon Contest**
- **Rocket Contest**
- **Ranch Rodeo (Stick Horses) – Clover Kids**
- **Tree Identification Contest**

Special Contest /Event Areas Project Enrollment or Animal ID or Purchase Required

Traditional 4-H Members:

- **Shooting Sports Lessons and Events** – Held in January-April – enrolled in Adams County in the required projects to take the discipline: Archery, BB Gun, Air Rifle or Air Pistol, 22 Rifle, 22 Pistol or Shotgun.
- **Special Garden Project** – enrolled in Horticulture Project and purchased seeds from Extension Office.
- **Special Agronomy Project** – enrolled in Agronomy Project and purchased seeds from Extension Office.
- **Dog Obedience, Agility & Rally Lessons –Enrolled in 4-H and Dog ID** (Vaccinations on file in Adams County) **Adams County Dog Show participation – must also be enrolled in Adams County 4-H.**

Clover Kids: To show at Adams County Fair - must be enrolled in 4-H in Adams County and required ID sheets on file in Adams County

- **Clover Kid Dog Obedience Exhibition** –Clover Kids recommend attendance in Obedience classes & have met required **Dog ID** & Entry deadlines
- **Clover Kid Bucket Calf Exhibition** – enrolled in Clover Kids & have met required **Bucket Calf ID** & Entry deadlines
- **Clover Kid Halter Lamb Exhibition** – enrolled in Clover Kids & have met required **Sheep ID** & Entry deadlines
- **Clover Kid Lead Goat Exhibition** – enrolled in Clover Kids & have met required **Goat ID** & Entry deadlines
- **Clover Kid Swine Exhibition** – enrolled in Clover Kids & have met required **Swine ID** & Entry deadlines
- **Clover Kid Poultry Exhibition** – enrolled in Clover Kids & have met required **Poultry** Entry deadline
- **Clover Kid Rabbit Exhibition** – enrolled in Clover Kids & have met required **Rabbit** Entry deadline
- **Clover Kid Pets Exhibition** – enrolled in Clover Kids & have met required Entry deadlines & ID (needed for Cat or Ferret only)

Check Current 4-H Newsletter for further updates.