

Scotts Bluff County 2024 Impact At-A-Glance

ScottsBluff.unl.edu



Scottsbluff Head Start educators are embracing wellness through the CHIME program, partnering with Nebraska Extension to build mindfulness, compassion, and well-being skills in early childhood education.

Two years ago, six Head Start teachers in Scottsbluff participated in an 8-week CHIME training. As a result, of this training one staff member and two teachers are now CHIME trainers. Educators first introduced CHIME to other staff during their conference, promoting CHIME through testimonials and leading staff, educators, and administrators in an activity to create sensory bottles for themselves.

In 2024, an additional 23 educators and staff were trained in CHIME in Scottsbluff and Gering, bringing the total to 42 early childhood educators and staff trained in Scottsbluff County. A participant reported, "CHIME helps me manage strong emotions and I can better focus on active listening in my classroom and at home. The most beneficial part of the program was learning different breathing techniques, activities for the children and how to also control my attitude towards things."

Programs At-A-Glance

A total of 4,240 4-H youth participated in organized 4-H community clubs, special interest/short-term programs, and school enrichment programs. 4-H staff are making strides in reaching all youth in Scotts Bluff County through various modes of programming in addition to traditional 4-H.

294

youth in Scottsbluff reached by the Water Education for Tomorrow program.

100

people learned about conflict management from Rural Prosperity Nebraska.

3630

youth ages 5-18 participated in 4-H club, after-school and special interest programs.