

Polk County 2024 Impact At-A-Glance



Polk.unl.edu



A total of 187 students in 3rd and 4th grades attended Polk County My Health-My Choice Day, where they engaged in various healthy living activities.

Students participated in a variety of healthy living activities, including learning about the importance of physical activity, saying no to smoking, vaping, drugs, and alcohol, staying hydrated, and maintaining a healthy diet. Eighty-nine percent of participants reported learning something new at the event, and 98% shared at least one change they would make to live a healthier life.

One student reflected, "I learned from this event that I will make the right choices to help me in life!" Another added that they are "not going to do anything bad to their body now or in the future."

Programs At-A-Glance

The Pesticide Safety Education Program (PSEP) at the University of Nebraska-Lincoln provides educational programs that address human health, environmental protection, economic well-being, and pesticide safety. Sixteen private applicators attended a Pesticide Education Training session in Polk County.

1,561

youth participated in school enrichment programs in 54 total classroom visits.

469

youth participated in 4-H workshop and clinics providing diverse educational opportunities.

\$8K+

value in the knowledge gained through on farm research.



**STRENGTHEN NEBRASKA
AGRICULTURE & FOOD
SYSTEMS**

**INSPIRE NEBRASKANS &
THEIR COMMUNITIES**

**ENHANCE THE HEALTH &
WELLBEING OF ALL
NEBRASKANS**

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