

# Antelope County 2024 Impact At-A-Glance



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As food insecurity increases across Nebraska, Antelope county insecurity raised to 10.5% of residents. Nebraska Extension makes a positive difference in the lives we serve by partnering with volunteers to build a community garden. Gardens not only provide nutritious food but provide the opportunity to share information about health.



In Neligh, an Extension Master Gardener is making a big impact by volunteering with youth and the community. With support from the City of Neligh, the Growing Together Nebraska Community Garden was established, thanks to the city superintendent, Tessa Hain, and Lisa Welding from Nebraska Extension in Antelope County.

The garden, supported by FFA and other student volunteers, donated over 600 pounds of fresh vegetables to the local food pantry and organizations. Nebraska Extension's Pamela Slaymaker also shared tips on food safety, preparing fresh produce, and healthy recipes, fostering connections and promoting healthy living in the community.

## Programs At-A-Glance

Nebraska Extension revised *Building Better Babysitters* to equip 12-18 year olds to provide local child care with confidence. Nebraska Extension Educator, Jackie Steffen offered the training across six counties. The training in Antelope County reached 20 participants with the help of 5 volunteers, including EMT staff.

77

youths were reached in 4-H Reading Connections in partnership with 3 libraries in Antelope County.

153

volunteer hours were logged to create new garden beds, upkeep the garden and harvest.

93%

of participants in *Building Better Babysitters* felt comfortable caring for a child after the training.

**Big 3** STRENGTHEN NEBRASKA AGRICULTURE & FOOD SYSTEMS

INSPIRE NEBRASKANS & THEIR COMMUNITIES

ENHANCE THE HEALTH & WELLBEING OF ALL NEBRASKANS

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