

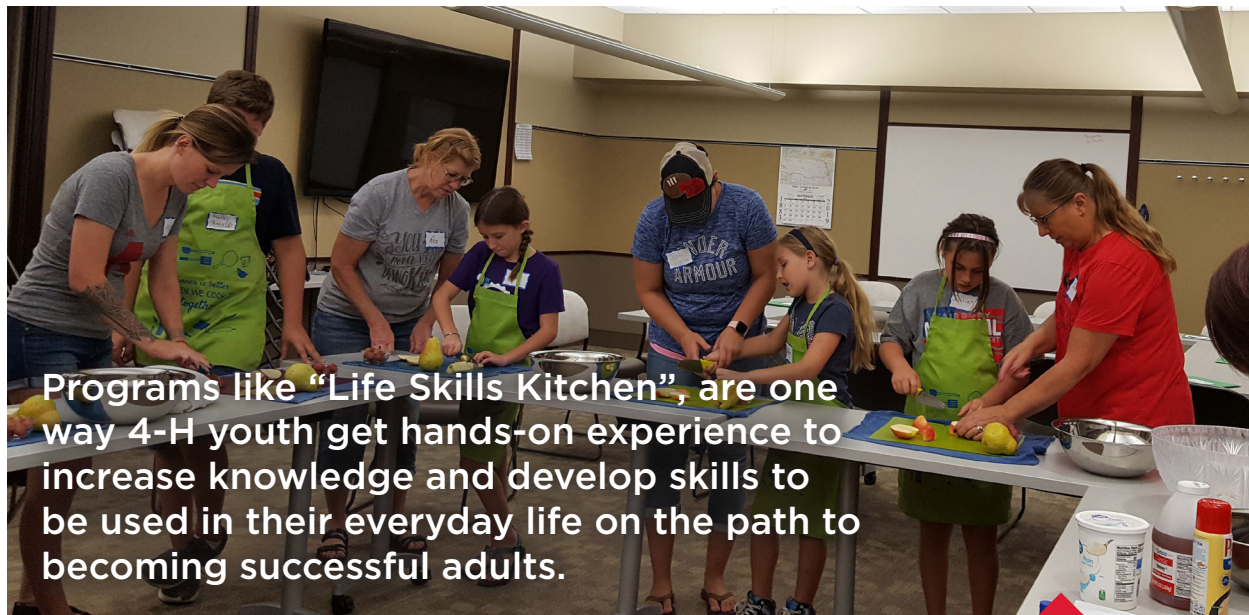
Jefferson County

2020 Impact At-A-Glance



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Programs like “Life Skills Kitchen”, are one way 4-H youth get hands-on experience to increase knowledge and develop skills to be used in their everyday life on the path to becoming successful adults.

Lisa is a dietician at JCH&L in Fairbury, NE. She wanted youth to learn how to cook nutritious meals at home with their families, so she started a cooking workshop for kids called “Life Skills Kitchen”. Lisa invited the 4-H Youth Program to be a part of her classes to assist with teaching and providing more interaction with the participants in each class. Youth attend the class with an adult partner and over the class time, they prepare and cook a meal that is enjoyed by all participants at the conclusion. This class brings together family time and nutritious eating that everyone can enjoy!

Programs At-A-Glance

- A shrimp farm in Jefferson County was featured as a virtual field trip for youth to explore STEM Careers across the state. Youth are able to participate in unique experiences.
- 85 youth have utilized Brown Bag Learning kits as a way to increase their knowledge about 4-H project areas and completing fair exhibits in 2020 despite COVID restrictions.

1 IN 3
youth participate in
4-H programs in
Jefferson County.

50 Radon test kits
were distributed
to Jefferson County
residents to test their
homes.

100 youth
competed in
the Jefferson County
Spelling Bee hosted
by Jefferson County
Extension in 2020.