A parent shared concern that her daughter was focusing more time on their family dog than interacting with others, due to anxiety. Then, a 4-H volunteer encouraged the teenager to join the Phelps County 4-H Dog program at a nontraditional age and enter her dog in the county fair competition. This girl’s spirits soared as she earned a ribbon spurring her journey to higher self-confidence. After spending time with peers sharing a common interest and learning from trusted adult volunteers; this youth engaged more with her community through volunteer activities & shared what she learned in 4-H.