

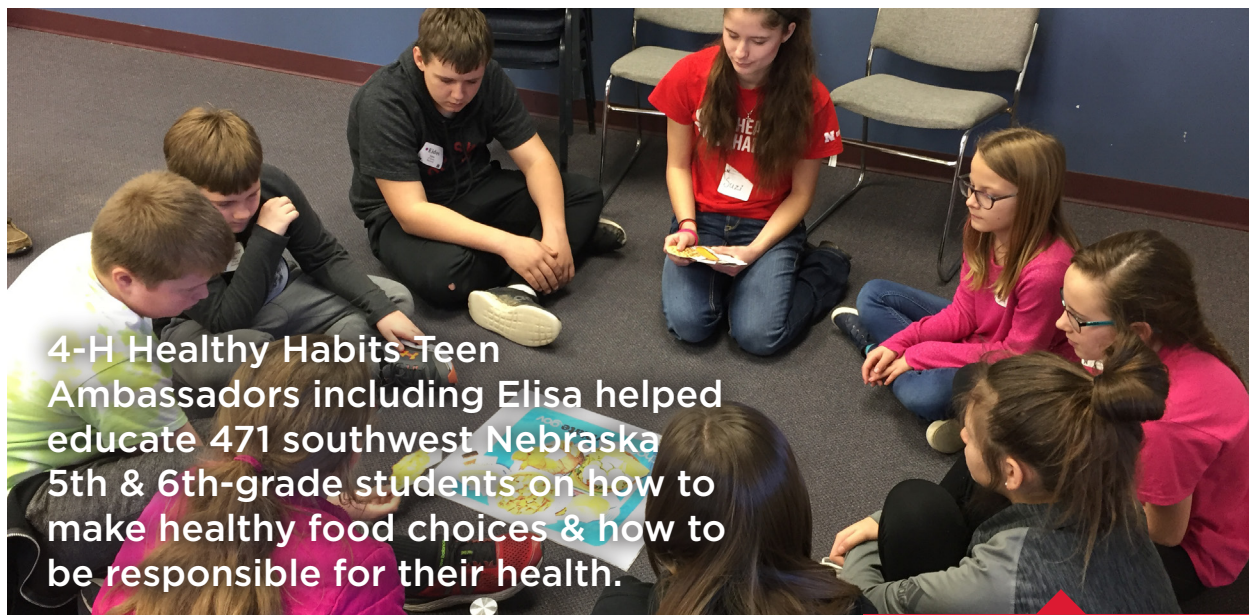
# Frontier County

## 2020 Impact At-A-Glance



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4-H Healthy Habits Teen Ambassadors including Elisa helped educate 471 southwest Nebraska 5th & 6th-grade students on how to make healthy food choices & how to be responsible for their health.

Aretta, one of our 2020 4-H Healthy Habits Teen Ambassadors, is full of energy and wants to give to the community and learn new life skills. The Nebraska 4-H program helped her, and other area youth, with opportunities to excel, become better citizens and find career options. “This year I was privileged to represent Nebraska at the 2020 Healthy Habits Conference & the Healthy Living Summit. Serving as a Teen Ambassador has given me a chance to combine two of my passions - human health and pursuing a nursing career. 4-H has helped me grow & develop as a leader!”

### Programs At-A-Glance

- A Frontier County farmer applied 40 less pounds of nitrogen saving \$16/acre and had the same or better yields on his farm after competing in UNL Testing Ag Performance Solutions.
- Nebr-ASK-a Scientist Virtual Field Trips were used by area schools- “I have used these trips with several of my classes. I love the ability of going back and showing them later!” - Frontier County Teacher

# 74%

K-12th grade students were reached through 4-H programming in 2020.

# 99%

2nd and 3rd-grade students were made aware of the county 4H program.

County residents & NCTA students were reached by Extension’s Wellness in Tough Times Chat Cafe.