Two nutritious meals were provided weekly to families that reached out to the Nutrition Education Program for food assistance.

Positive impact on community youth occurred as the Nutritional Education Program sought out alternative ways to use grant funds to enrich the already well received backpack programs in schools across the area. In addition to weekly meals, nutrition education materials accompanied all food distributed. Topics highlighted were: eating healthy on a limited budget, food storage and the importance of physical activity.

Programs At-A-Glance

- Marathon Kids: 308 people logged over 4,187 miles. The children of one family completed almost 4 marathons during the 16 week program.
- The Fit & Healthy Kids online series reached 2,567 childcare providers, providing 13,512 credit hours to this group of adults. These Childcare Provider trainings affected over 65,000 children statewide.

92.4% of area High School students who attended Career Day now know how to prepare for college!

168 hours of training for 84 Child Care Providers were given strategies for helping children cope with crisis during the pandemic.

991 Elementary students received high-quality nutrition education through 6 virtual lessons.