The 4-H Healthy Futures grant integrates and delivers nutrition, mental wellness and physical education to foster upward mobility in Buffalo County. 68% of youth learned about healthy food choices.

Katelynn was chosen to be a teen ambassador where she gained valuable hands-on experience and workforce development skills. Katelynn describes her experience: “I had a wonderful experience being a teen ambassador. It was a great reminder for me to keep eating healthy and staying active and I loved how passionate some of the kids were about these things too! I want to be an elementary teacher in the future so this really helped me learn more about why I want to go into that career. One thing that surprised me was how willing most of the kids were to try new foods, I loved seeing them excited.”

71 children were given gardening assistance through NAP SACC trained Childcare Centers.

300 pounds of produce were donated by the Buffalo County Master Gardeners.

26 “Cooking with Carol” culinary Facebook videos were developed for 4-H youth.

Programs At-A-Glance

- STEM: A Universe of Stories: 107 lower elementary students explored space concepts during a 4 session program experimenting with different STEM subjects.
- TEC: Box was taught in 5 elementary schools introducing the idea of entrepreneurship and encourages active listening that leads to empathy and facilitates creative problem solving.

Nebraska Extension is a Division of the Institute of Agriculture and Natural Resources at the University of Nebraska-Lincoln cooperating with the Counties and the United States Department of Agriculture. Nebraska Extension educational programs abide with the nondiscrimination policies of the University of Nebraska-Lincoln and the United States Department of Agriculture. ©2020