

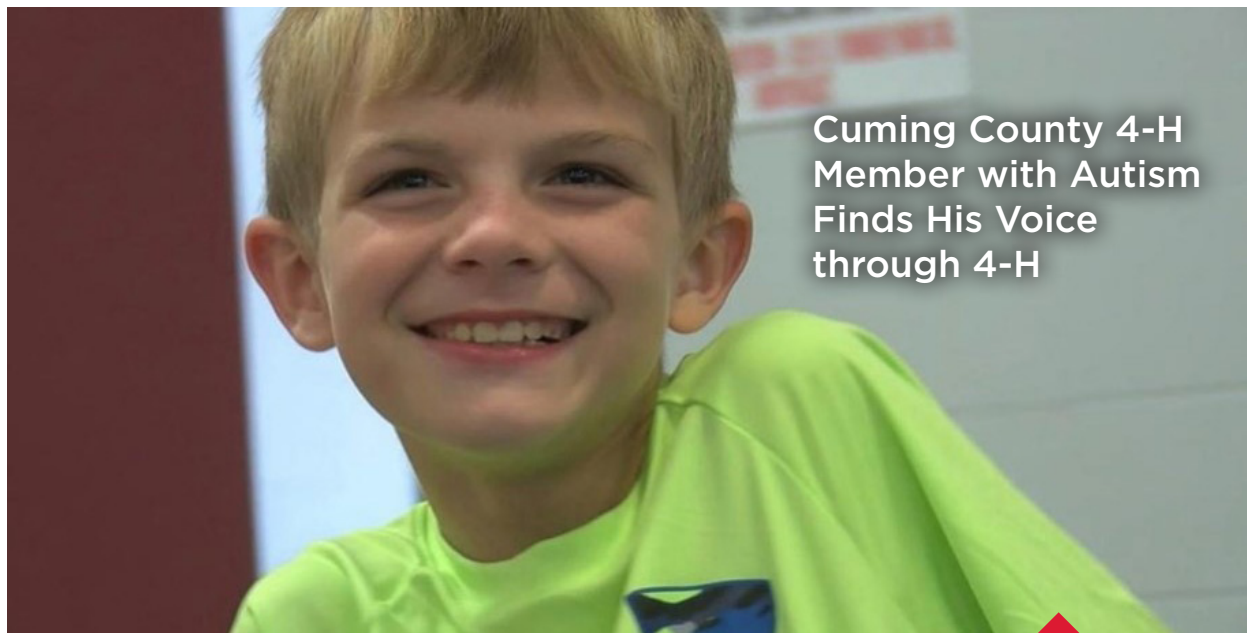
# Cuming County

## Impact At-A-Glance



Brought to you by Nebraska Extension

[Cuming.unl.edu](http://Cuming.unl.edu)



Cuming County 4-H Member with Autism Finds His Voice through 4-H

Cohen Reha, Cuming County 4-H member and a member of the Cleveland Livewires 4-H Club is finding his voice in 4-H. At the Nebraska State Fair, he had the top garlic exhibit. Cohen doesn't let having autism hold him back. It was at the Cuming County Fair where Cohen and his brother first tasted success, by receiving 'Selected for State Fair' on their 4-H projects. 4-H is a national organization that has opportunities for all youth and Cohen has definitely found his belonging. Cohen is a kid of few words but winning a purple ribbon at the county and state fair is definitely something to celebrate.

### Programs At-A-Glance

- **Healthy Food Fast** is a culinary education program that helps individuals use their appliances to prepare nutritious meals for their families. 188 partook in the program in 2022.
- **Drought and Heat Stress: The year 2022** brought extreme drought and heat conditions to the area. By June, 7 radio segments had been released along with 10 state-wide publications.

**650 LBS**

of produce rescued and redistributed by the West Point Produce Rescue Program in it's inaugural year

**93%**

of Ag Literacy program participants have an increased understanding of where their food comes from

**598.65 MILES**

ran by Cuming County youth participating in the Nebraska Extension Marathon Kids program