

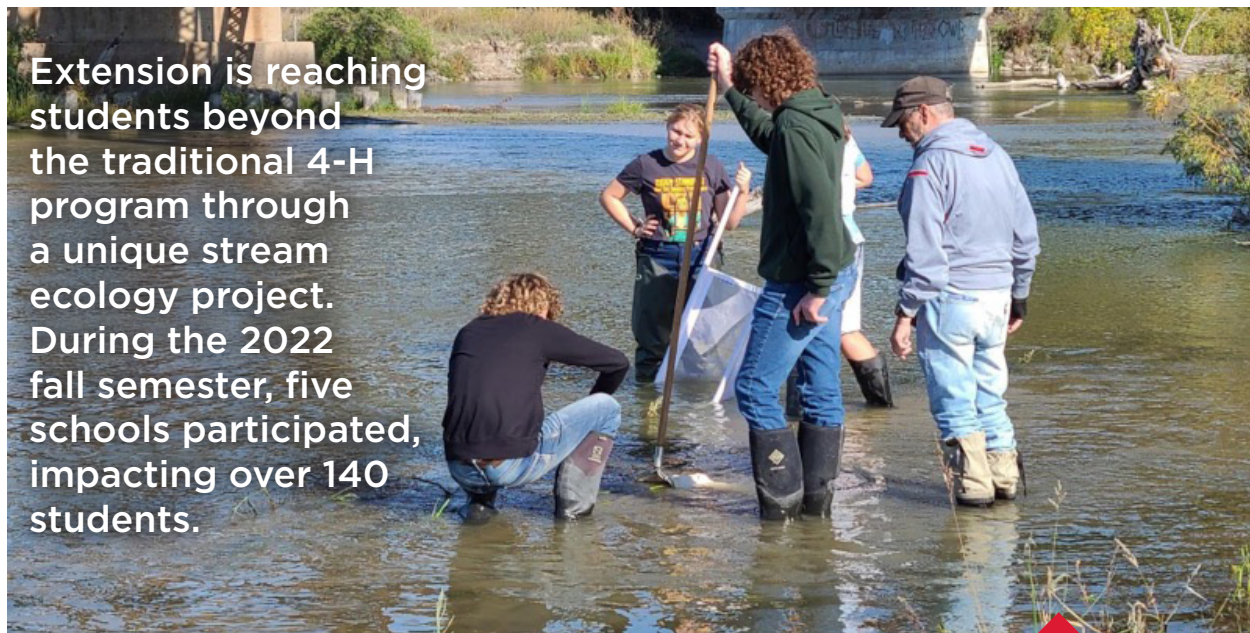
Central IV Counties

Impact At-A-Glance



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Extension is reaching students beyond the traditional 4-H program through a unique stream ecology project. During the 2022 fall semester, five schools participated, impacting over 140 students.

The Nebraska Stream team learned about stream ecology by doing. Led by Extension Educator Doug Anderson, students followed protocols to sample, identify and record invertebrates and algae. The students went knee deep in exploring Nebraska Middle Loup and North Loup streams. By using a standard protocol, students were able compare and contrast their findings with those made by 11 Senior High biology classes. This project, started in the fall of 2022, will be an ongoing program for participating schools for years to come, thanks to the enthusiastic cooperation of area science faculty.

Programs At-A-Glance

- Capitalizing on popular trends and new technology in home cooking, Nebraska Extension offers nutrition classes for adults. Participants learn techniques for preparing nutritious foods utilizing electric pressure cookers and air fryers. They think about serving size and MyPlate guidelines in new ways. Local libraries are great partners for this project.

196

4-H exhibitors attended Youth for the Quality Care of Animals (YQCA) training

85%

of students liked Moroccan Meatballs, a popular recipe tested as part of a Farm-to-School initiative

120

people participated in live Food Preservation virtual programs presented by the Food Safety Team