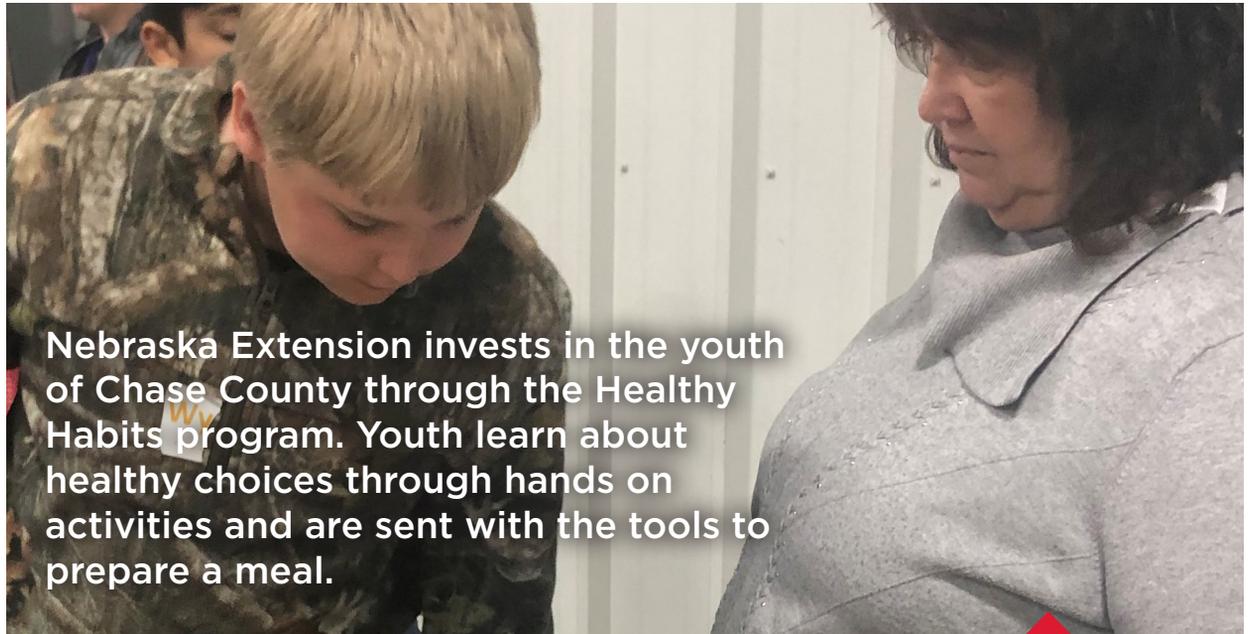


Chase & Perkins Counties 2021 Impact At-A-Glance



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Nebraska Extension invests in the youth of Chase County through the Healthy Habits program. Youth learn about healthy choices through hands on activities and are sent with the tools to prepare a meal.

The excitement is contagious as 106 5th and 6th grade students from Chase County Schools fill the large building. Nebraska Extension has provided the Healthy Habits program to Chase County Schools, allowing the students to spend the day in a large classroom, learning about healthy food choices through hands on lessons, food samples and meal preparation instruction. Youth sample foods from all food groups and leave with recipes. As one 5th grade student commented, “I didn’t think I would like the food, but I did. I took the food from the lesson and made it for my family for dinner that night.”

Programs At-A-Glance

- Perkins-Chase County 4-H: Over 250 youth enrolled in the 4-H Program in Perkins and Chase Counties. As the 4-H motto states, these youth are working to “Make the Best Better”.
- Chase County 4-H had 61 Achievement Applications submitted in 2021. This is a 35% increase in youth who have completed their entire 4-H year, including the end of year reporting.

100%

Wauneta-Palisade High School Youth Engaged with UNL Extension Next Chapter.

20

youth engaged in the Extension Summer Reading Program at Hastings Memorial Library in Grant.

2 SENIOR YOUTH

led 4-H Clubs in Chase County. Youth worked as teachers to strengthen two Chase County Clubs.