

Lancaster County

2021 Impact At-A-Glance



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Since its development in 2000, the nutrition kit program has helped teachers educate more than 165,000 local students about health, nutrition and physical activity. Learn more at go.unl.edu/kits

In 2000, Lancaster County Extension developed nutrition kits as a supplemental teaching tool for 3 grades in 12 Lincoln Public Schools. Over 20 years, the kit program grew to include all grade levels and more schools. In 2021, LPS integrated the nutrition kits into its core health curriculum and helped provide kits for K-5 classrooms in all 39 elementary schools. The kits meet national health standards and contain teacher curricula and supplies for hands-on experiences. Kooser teacher Julia Albrecht says, “The kids love the nutrition unit. The activities show them how to make healthy choices.”

Programs At-A-Glance

- **Food.unl.edu:** Extension’s statewide food, nutrition and health website, coordinated by Educator Kayla Colgrove, had over 2.5 million page-views and is one of UNL’s top 5 domains.
- **Donation Gardens:** Extension staff and Master Gardeners grew and donated 805 pounds of produce to people in need through Growing Together Nebraska and Plant A Row for the Hungry.

24,313

youth engaged in 4-H programs through clubs, workshops, schools, community sites and camps.

\$630,379

is the value of 23,878 hours of service given by 1,896 Extension volunteers.

3,303

childcare providers participated in 76 virtual and 10 in-person professional development trainings.