- **E407013 \*3 Jar Exhibit -** Exhibit 3 jars of different canned fruits. May be three different techniques for same type of product, ex. applesauce, canned apples, apple pie filling, etc. Entry must be processed in the boiling water bath according to current USDA recommendations.
- **E407014 \*1 Jar Tomato Exhibit -** One jar of a canned tomato product. Entry must be processed in a boiling water bath or pressure canner according to current USDA recommendations.
- **E407015 \*3 Jar Tomato Exhibit -** Exhibit 3 jars of different canned tomato products (salsa, sauces without meats, juice, stewed, etc.). Entry must be processed in a boiling water bath or pressure canner according to current USDA recommendations.
- **E407020 \*1 Jar Vegetable Or Meat Exhibit -** One jar of a canned vegetable or meat. Include only vegetables and meat canned in a pressure canner according to current USDA recommendations.
- **E407021 \*3 Jar Vegetable Exhibit -** Three jars of different kinds of canned vegetables. Include only vegetables canned in a pressure canner according to current USDA recommendations
- **E407022 \*Quick Dinner -** Exhibit a minimum of 3 jars to a maximum of 5 jars (all the same size) plus menu. Meal should include 3 canned foods that can be prepared within an hour. List complete menu on 3" x 5" file card and attach to one of the jars. Entry must be processed according to current USDA recommendations.
- **E407030 \*1 Jar Pickled Exhibit -** One jar of a pickled and/or fermented product. Entry must be processed in the boiling water bath according to current USDA recommendations.
- **E407031 \*3 Jar Exhibit -** Three jars of different kinds of canned pickled and/or fermented products. Entry must be processed in the boiling water bath according to current USDA recommendations.
- **E407040 \*1 Jar Jelled Exhibit -** One jar of a jam, jelly or marmalade. Entry must be processed in the boiling water bath according to current USDA recommendations.
- **E407041 \*3 Jar Jelled Exhibit -** Three different kinds of jelled products. Entry may be made up of either pints or half pints (but all jars must be the same size). Entry must be processed in the boiling water bath according to current USDA recommendations.

## **DEPARTMENT SAFETY**

PREMIUMS: Purple-\$3.50, Blue-\$3.00, Red-\$2.50, White-\$1.50

#### **DIVISION 440 - SAFETY**

•All static exhibits must have received a purple ribbon at the county fair to advance to the State Fair. The Premier 4-H Science Award is available in the area. Please see General Rules for more details.

#### Classes:

- **E440001 \*First Aid Kit** A first aid kid is a good way to organize supplies in an emergency. The kit should be assembled in a container appropriate for the kit's intended use. A description of where the kit will be stored and examples of specific emergencies for that situation should be included in the exhibit. The kit should include a written inventory and purpose statement for included items. Items should cover the following areas: airway and breathing, bleeding control, burn treatment, infectious disease protection, fracture care and miscellaneous supplies. Use Citizen Safety manual, 4-H 425, pages 6 & 7.
  - •Kits containing any of the following will be automatically disqualified:

√Prescription medications. (If the kit's purpose is to provide medication for someone with special needs, explain in the written description and inventory, but remove the medication.)

√Materials with expiration dates on or before the judging date. (This includes sterile items, non-prescription medications, ointments, salves, etc. Articles dated month and year only are considered expired on the last day of that month.)

√Any controlled substance.

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- **E440002 \*Disaster Kit -** (Emergency Preparedness)-Disaster kit must contain the materials to prepare a person or family for emergency conditions caused by a natural or man-made incident. Selection of materials is left to the exhibitor. Family or group kits must have enough material or items for each person. A description of the kit's purpose the number of people supported and a list of individual contents is required. Youth are encouraged to test their kit by challenging their family to try to survive using only the included materials for the designated time. If tested, share that experience in kit documentation. <a href="Please include an explanation of drinking water needs for your disaster kit.">Please include an explanation of drinking water needs for your disaster kit.</a> Do not bring actual water to the fair in the kit.
- **E440003 \*Safety Scrapbook -** must contain 15 news articles from print and/or internet sources of various incident types. Each clipping will be mounted on a separate page and accompanied by a description of events leading to the incident and any measures that might have prevented it. The Scrapbook should be bound in a standard size hardcover binder or notebook for 8-1/2"x11" size paper. Correct sentence structure, readability and thorough explanations are an important part of judging.
- **E440004 \*Safety Experience -** The exhibit should share a learning experience the youth had related to safety. Examples could be participating in a first aid or first responder training, a farm safety day camp, babysitting workshop or similar event; scientific experiment related to safety; or the youth's response to an emergency situation. The exhibit should include a detailed description of the experience, the youth's role, some evidence of the youth's leadership in the situation and a summary of the learning that took place. Exhibits may be presented in a poster with supplemental documentation, a notebook including up to ten pages of narrative and pictures, or a multimedia presentation on a CD lasting up to five minutes.
- **E440005 \*Careers In Safety -** The exhibit should identify a specific career area in the safety field and include education and certification requirements for available positions, salary information, demand for the field and a summary of the youth's interest in the field. Examples of careers include firefighters, paramedics, emergency management personnel, some military assignments, law enforcement officers, emergency room medical personnel, fire investigator and more. It is recommended youth interview a professional in the field in their research. Additional research sources might include books, articles, career web sites, job-related government web sites or interviews with career placement or guidance counselors. Exhibits may be presented in a poster with supplemental documentation, a notebook including up to ten pages of narrative and pictures, or a multimedia presentation on a CD lasting up to five minutes.

## **DIVISION 442 - ATV**

#### **Classes:**

**E442001 - Safety Poster -** 14" x 22" - Six photos of yourself demonstrating safety measures necessary for ATV operation.

**E442002 - Safety Scrapbook -** Journal of your ATV safety practices.

**E442003 - Demonstration Display -** Show some part or system of an ATV, worn or broken part, step-by-step repair procedure, etc. Include a brief description. Display on a board 24" high x 32" wide and 1/4" thick.

**E442004 - You Be The Teacher -** Educational notebook, display, collection of materials that relate to the project. Include an 8 1/2" x 11" page describing exhibit and summary of learning.

## **DIVISION 450 - FIRE EDUCATION**

#### **Classes:**

**E450001 - \*Fire Safety Poster -** This is a home floor plan drawn to scale showing primary and secondary escape routes and where fire extinguishers and smoke detectors are located. Draw every room, including all doors and windows. Use **black or blue** arrows showing **primary** escape routes from each room. Use **red** arrows showing **secondary** routes to use if the primary routes are blocked. Primary and secondary escape routes must lead outside to an assembly location. Documentation should include evidence the escape plan has been practiced at least four times. Posters must be constructed of commercial poster board at least 11" x 14" but not larger than 22" x 28".

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- **E450002 \*Fire Safety Scrapbook -** The scrapbook must contain 10 news articles from print and/or internet sources about fires to residential or commercial properties or landscapes. Mount each clipping on a separate page accompanied by a description of events leading to the incident and any measures that might have prevented it. The scrapbook should be bound in a standard hard cover binder or notebook for 8-1/2"x 11" paper. Correct sentence structure, readability and thorough explanations are an important part of judging.
- **E450003 \*Fire Prevention Poster -** Posters should promote a fire prevention message and be appropriate to display during National Fire Prevention Week or to promote fire safety at specific times of the year (Halloween, 4th of July, etc.) Originality, clarity and artistic impression will all be judged. Do not include live fireworks, matches or other flammable/explosive/hazardous materials. Any entry containing this material will be disqualified. Posters must be constructed of commercial poster board at least 11" x 14" but not larger than 22" x 28".

## **DIVISION 453 - BICYCLES/CYCLING**

#### Classes:

- **E453001 Bicycle Safety Poster -** 14" x 22" either vertical or horizontal arrangement. May be in any medium watercolor, ink, crayon, etc., so long as they are not three-dimensional.
- **E453002 Bicycle Demonstration Display** to be exhibited by an individual. Exhibit may include: 1) parts of a bicycle, 2) worn or broken parts, or 3) a step by step procedure of how some repair or service job is performed. A limited number of photographs are acceptable. Actual parts or cut-away of parts are recommended. The exhibit is to be prepared on a 24" high x 32" wide board not to exceed 1/4" in thickness.
- **E453003 Documented Bike Riding Trip -** Include a written report using a notebook or scrapbook showing a bike ride or trip you have made using your bike.
- **E453004 You Be The Teacher -** Share with others what you learned in the project. Exhibit may be a notebook or small display of an educational nature.

# PERSONAL DEVELOPMENT & LEADERSHIP

PREMIUMS: Purple-\$3.00, Blue-\$2.00, Red-\$1.50, White-\$1.00

## **DIVISION 501 - JUDGING, SKILL, AND IDENTIFICATION CONTESTS**

## •GENERAL ELIGIBILITY

•While a contest is in progress, a contestant shall not communicate with others, except as directed by the Superintendent in charge of the contest. Participants will be informed of regulations at the beginning of each contest. 4-H members are eligible to participate in judging, skill and identification contests regardless of project enrollment. All participants in judging, skill and identification contests must judge in respective age divisions.

#### **DIVISION 501 - FAMILY & CONSUMER SCIENCE JUDGING**

#### SENIOR DIVISION GUIDELINES:

- -- The 2016 Life Challenge will be held June 20-21 on UNL's East Campus.
- --The Life Challenge Event is open to any current 4-H'er who is 10 (before January 1) and older. There will be career exploration workshops for youth ages 10 & 11 held in conjunction with the Life Challenge contests.
- --Pre-registration is necessary and can be done through the extension office by June 1.
- -- Each participant must complete a 4-H Permission & Health Form available through on-line enrollment.
- --4-H'ers can select to do any of the subject matter Challenges, placing questions, or workshops, or some combination.

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