4-H Food Smart Families Program
Youth Ambassador Job Description

The 4-H Food Smart Families program provides kids and families the skills they need to eat healthier today and tomorrow. Through hands on experience with budgeting and cooking, families learn how to stretch limited resources while also making mealtime fun. The goal of Food Smart Families is to create food secure homes.

Nebraska Extension in partnership with local community partners will teach elementary and middle school aged youth and their families about basic nutrition, physical activity, food safety, food preparation, and food budgeting.

NATURE OF WORK:
Youth ambassadors will work as a leader, teacher, and mentor for youth participating in the 4-H Food Smart Families program. Specifically, the youth ambassador will co-teach along with their Nebraska Extension mentor at 4-H Food Smart Families program sites reaching elementary and middle school youth. Youth ambassadors will also assist with family and community engagement events.

COMPENSATION:
Youth ambassador will receive $9.00 hour for their work.

QUALIFICATIONS:
- Must be 16 years of age or older by March 1, 2016.
- Must have transportation to County Extension office.

DUTIES AND RESPONSIBILITIES OF YOUTH AMBASSADORS:
- Co-teach nutrition, physical activity, and food preparation lessons to youth in the 4-H Food Smart Families program.
- Participate in a 12-hour youth ambassador 4-H Food Smart Families program training and additional training sessions.
- Work with the County Extension mentor to plan learning activities.
- Work in partnership with the County Extension mentor to carry out various elements of the program.
- Be a “Role Model” by exhibiting appropriate behavior at all times.
- Assist in project evaluation and data collection, which includes: filling out enrollment forms, sign-in sheets, surveys, and other record-keeping documents.

HOURS OF OPERATION: The hours of the program will vary depending on the programming site schedule. Most hours of programming will occur in the afterschool or summer hours.
ACCOUNTABILITY:
Supervision for the youth ambassador will be done by the assigned County Extension mentor. Youth are to perform work responsibilities as assigned.

REQUIRED TRAINING:
Youth ambassadors must complete 12 hours of in-depth training on nutrition, youth-adult partnerships, human development, and teaching. The interactive training will give youth knowledge and skills to become an effective teacher and work successfully with children and youth. Nebraska Extension will provide the training.

PERIOD OF SERVICE AND TERMINATION:
4-H Food Smart Families will be implemented from July 1, 2015 until May 30, 2017. Nebraska Extension may terminate youth for just cause or through the mutual agreement of 4-H and the youth ambassador.

WHY BECOME A YOUTH AMBASSADOR?
- Gain experience teaching youth audiences in an informal setting.
- Explore possible careers.
- Gain valuable work experience.
- Learn about Nebraska Extension.
- Teaching children and being a role is an awesome experience.
- It is fun.

HOW TO APPLY:
Contact Rebecca L. Versch by email (rversch1@unl.edu) or phone (402-426-9455) to receive application form.
4-H Food Smart Families Youth Ambassador Application Form

First Name: ________________________________ Last Name: ________________________________

Address: ____________________________________________________________

City: __________________ State: ________ Zip Code: ______

Phone number: _______________________________________________________

Email address: _______________________________________________________

Name of High School: ___________________________ High School Grade for 2016 - 2017: ______

State your work, volunteer, and extra curricula activities:

Why is health and wellness important to you?

What interests you about working as a youth ambassador for the 4-H Food Smart Families program?

Which days of the week are you available to work for the 4-H Food Smart Families program?

Additional information may be obtained by contacting Rebecca L. Versch by email (rversch1@unl.edu) or phone (402-426-9455).