

2024 4-H Project Goals

What is a 4-H goal?

A goal... is deciding what you want to do and learn in a 4-H project. Think of it like a map of the year.

January is a great time to start thinking about what you want to learn this year!

A way you can set goals is by using the 3 part method. The three parts are:

Action: HOW are you going to do it?
Result: WHAT are you going to do?
Timetable: WHEN are you going to do it?

Example goal setting:

| Action | Result | Timetable | Who will help me? |
|-------------------------|---|------------------------|-------------------|
| I want to learn | about my bucket calf's nutrtional need | before county fair. | Dad |
| l want to partcipate | in 4-H workshops | this summer. | Extension Staff |
| l want to make | a tie blanket for nursing home residents | by June 1st. | Mom |

Another great ways to set goals is the S.M.A.R.T. acronym. Specific, Measurable, Achievable, Relevant, and Time.

Now its your turn. Create three goals for this upcoming 4-H year.

| Action | Result | Timetable | Who will help me? |
|--------|--------|-----------|-------------------|
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Adapted resource from K-State Research and Extension