



# January 2024



## Alexis Schmidt

### Extension 4-H Assistant, Fillmore County

## Winter Workshops

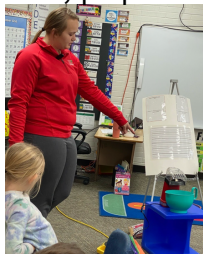
**Sewing-** 10 youth participated in a 2 day sewing workshop. Day 1 consisted of learning sewing basics and cutting fabric. Day two consisted of piecing together the fabric to make a simple apron!

## School Enrichment

**Magnets-3rd Grade Fillmore Central-** This hands-on lesson included task cards for groups of students to work together to solve a problem. For example: Alexis has a name tag that keeps poking holes in her clothes. Could a magnet help her solve this problem? When they received their task card they read the challenge, found a magnet that solved their problem, and shared with their classmates their findings.

**Hand Washing- 1st Grade Fillmore Central-** The lesson started by talking about how hand washing is important and reteaching points Mariah Newmyer had already presented on. Then a demonstration of how germs scatter when soap hits them was shown. This demonstration showed students the importance of washing hands AND using soap.

**Popcorn- 2nd Grade Fillmore Central-** A hands-on lesson to recap the 2nd grade unit on states of matter while also promoting Nebraska Agriculture. Students will solidify their knowledge in states of matter by walking through the popcorn popping process. Students will learn more about the Nebraska Agriculture product, popcorn.



2nd Grade FC- Popcorn



Shickley Library

## 4-H Library Program

4-H Library program has expanded to Exeter! This program is now offered in Shickley and Exeter. Each program looks a little different based on the needs of the library. January focused on winter and with after school programming being cancelled Fizzing Snowman was the highlight.

## 4-H After School

The theme for January After School was winter! It was very fitting as some sessions were cancelled due to the snowy weather. Depending on the location and age group participants made Fizzing Snowmen, snowflakes, and hot chocolate mix.

## Professional Development

I started my fourth semester of classes including Person and Program Management, Design and Evaluation of Programming, and Adolescents & Their Families. I also continue to join state webinars regarding policy updates, financial management, and volunteer management.



Sewing Workshop



FC K-2 After School, Fizzing Snowmen