

# ♥ February 2024

## Alexis Schmidt



### Extension 4-H Assistant, Fillmore County

#### School Enrichment

**Rockets- 1st Fillmore Central-** Mrs. Rohr reached out regarding a lesson to cap their solar system lesson off. She had read that I did aerospace with 4-H After School in the fall and wanted to know if I could do it in her classroom. Both first grade classrooms were able to make their own rockets out of paper and straws to launch into space!

**Fossils- 3rd Exeter-Milligan-** Mrs. Arbuck reached out regarding a hands-on lesson to recap their fossil reading lessons. I found resources from Utah State University. All students were able to make fossils out of plaster-of-Paris and seashells. They didn't turn out as planned but notes and teaching moments were taken away to have better fossils next year.

**Handwashing- K Fillmore Central & Shickley-** Mrs. Nun (FC) and Mrs. Stengel (S) reached out requesting the Bacteriology/Handwashing lesson for their classrooms. Students learned about how to wash their hands, ways to stay healthy, and learned about the importance of soap. "I have heard multiple times about how much fun yesterday's lesson was and have had a few reminders of how you wash hands to keep germs away!" -Mrs. Stengel

**Embryology- HS Fillmore Central-** A yearly tradition for Mr. VanDeWalle's Animal Science class is to hatch chicks and walk through the process of butchering them. The first lesson of three for hatching took place where the students learned about the needs of chicks and definitions they need to know.



Livestock Judging Practice



Exeter After School



K-2 Shickley After School



3-6 Shickley After School

#### 4-H Library Program

4-H Library continues to be offered in Shickley and Exeter. The activity for Exeter focused on mindfulness regarding what they love and are thankful for. Participants wrote this down on a slip of paper, and we created a heart chain out of them to decorate the library with. Shickley was more spring focused as the weather has been so nice. They created mason jar ring suncatchers to hang in their windows.

#### 4-H After School

February focused on spreading the love. Participants created valentines for loved ones or to share with residents at the nursing home. The valentine consisted of a homemade window hanging and card. Depending on the age and location participants also created a heart chain, built heart sculptures, or used the new SnapCircuits.

#### Other Highlights:

- Livestock Judging Practice met for the first time to prepare for the upcoming contest
- Preparations for the County Fair are under way!
- Attended the first rocket launch for the STEAM PUNKS team
- Participated in county wide CPR/Stop the Bleed Training
- Attended several statewide seminars to learn more about the new reporting system, Nebraska State Fair updates, and policy updates.