

4-H Pre-Fair Contests

Public Speaking

A 4-Her in any division can enter one speech and / or one PSA in the contest. With the exception of the Clover Kids and Novice class, all speeches must be an original speech relating to 4-H.

Speech Contest

Pay Code 170

Speeches vary in time length by age and experience of the contestant.

- **Clover Kid** (5-7 year old): Time limit is under 2 minutes. Can be a speech, poem or story. Does not have to be about 4-H.
- **Novice Division** (8-10 year old who have not competed in the contest before). Participants can read or recite a poem or story, talk about a place, item or event, and under 3 minutes long. Notecards are allowed.
- **Junior Division** (8-10 year old), speeches are original speeches relating to some aspect of 4-H, and 1-3 minutes long. Use of notecards is allowed, but shouldn't be a crutch. Only 10 years and older are eligible for state contest rules <https://4h.unl.edu/public-speaking>
- **Intermediate Division** (11-13 year old), speeches are original speeches relating to some aspect of 4-H, and 3-5 minutes long. Use of notecards is allowed, but not encouraged. Eligible for state contest.

- **Senior Division** (14-18 years old), speeches are original speeches relating to some aspect of 4-H, written by the member and 5-8 minutes long. Use of notecards is allowed, but not encouraged. Eligible for state contest.

B100901 - Clover Kid Division 5-7 years

B100902 - Novice Division (first-time in contest)

B100903 - Junior Division 8-10 years

B100904 - Intermediate Division 11-13 years

B100905 - Senior Division 14-18 years

PSA Contest

Pay Code 170

Radio PSA's will be submitted electronically along with the PSA text prior to the County Contest.

Radio PSA's must promote 4-H

- All PSA's are 60 seconds in length.
- The state theme for the 2020 Public Service Announcement is **"Opportunity 4 All"** and should be incorporated in the PSA.
- All radio PSA's must promote 4-H and be general enough to be used anywhere in Nebraska at any time of the year.
- All 4-H PSA's must include the following tag line within the last ten seconds of the PSA: "Learn more about Nebraska Extension 4-H Youth Development Program at 4h.unl.edu." The tag line is included in the 60 second time limit.
- Sound effects and public domain music may be used. Copyrighted material may not be used.

- All PSA's must be the original work of the presenter. Contestants may not use PSA's written and provided by the state or national staff.
- All PSA audio files need to be submitted to amanda.hackenkamp@unl.edu in a .wav or .mp3 format by April 26th.
- No team PSA's are allowed.

B101901 - Junior Division 8-10 years

B101902 - Intermediate Division 11-13 years

B101903 - Senior Division 14-18 years

Presentation Contest

4-H Illustrated Presentations Contest

Scoresheet SF65

Pay Code 170

Entries must receive a Purple ribbon at county fair and be selected to advance to State Fair.

An Illustrated Presentation, given by one (1) individual or a team of two (2) individuals, is a live presentation with a formal talk where youth will use visual aids (such as props, posters, computer-based visuals, handouts, video, etc.) to show and tell others how to do something. Presentations are given on a stage. Judge views the entire presentation and engages in a question and answer session following presentation.

Participant Requirements:

- All participants must have received a purple rating at a County 4-H Presentations contest to be eligible for State Contest.

- Time limit is 6-8 minutes for a presentation given by an individual, and 8-10 minutes for a presentation given by a team. Participants may be penalized if their presentation exceeds the time limits.

Presentation Topic:

- All 4-H Presentations topics should be related to what the 4-H youth is learning through 4-H educational experience focused on the priorities of career and college readiness, community development, entrepreneurship, food supply confidence, healthy living, leadership development, and STEM (science, technology, engineering, math).
- 4-H Presentations should include an introduction (the “why” portion of the topic), a body (the “show and tell” portion of the topic), and a conclusion/summary (the “what” portion of the topic).

Contest Information:

- The contest dates and locations for all classes can be found in the 4-H Schedule at: <https://4h.unl.edu/state-fair>. The contest times will be made available online at <https://4h.unl.edu/fairbook/contests/presentations> as soon as possible after Nebraska State Fair entries are due.
- The check-in area will contain a refrigerator and a temporary storage space for presentation supplies. Only presenters and contest officials will be permitted in the designated preparation areas, no relatives or friends, please. Presenters are expected to

clean up the areas in which they work.

- Equipment provided at County Contest includes two (2) tables, one (1) easel, Computer, Projector and Wi-Fi internet. Any power points for presentations need to be submitted to amanda.hackenkamp@unl.edu by April 26th.
- Equipment provided at State Contest includes two (2) tables, one (1) easel, PC Compatible Computer (including the following software: Apple QuickTime Player, Microsoft Windows Media Player, and Microsoft PowerPoint 2019) with Wi-Fi internet connectivity, projector or television screen, and hands-free microphone.
- Presenters using computer-based visuals may bring files on a USB drive that is PC formatted. Participants may also provide their own computer or other equipment as needed; however, participants must be able to connect their computer to an HDMI plug on the television.
- Live animals may be used in the presentation. All fair livestock health requirements must be followed. Presenters are responsible for all stalling arrangements, care and handling of animals. Animals can only remain in the presentation area while the owner is present.

B151113 - Illustrated Presentation

Clover Kid Show & Tell

Pay Code 240

The purpose of this contest is to give Clover Kids an opportunity to show and tell about an item they have made during the current year. The participant will bring the item and give a 1 – 3 minute talk.

B151901 - Clover Kid Show & Tell

Culinary Challenge Contest

Pay Code 170

All entries must be pre-entered on the General Entry Form by the first Friday of July at the Extension Office.

The 4-H Culinary Challenge Contest will require youth to demonstrate healthy decision making through nutrition, food preparation, menu planning, and food safety; utilizing a foods and nutrition curriculum. They will apply healthy living knowledge and skills by planning a nutritious menu, demonstrating their understanding of time management skills in the kitchen, and expressing their originality and creativity through an appropriate themed and properly set table. To showcase these skills, youth will create a menu, prepare one food item, and choose an appropriate theme for their occasion while expressing their food, nutrition, and food safety knowledge during a live interview with a judge at the contest. In order to highlight knowledge and skills acquired during pre-contest preparation, youth will utilize technology as part of their interview.

Rules

Challenge Ingredient/Item

1. A challenge ingredient will be selected each year, highlighting a Nebraska commodity food product. **The 2023 challenge ingredient is sunflowers.** Please keep food safety in mind when selecting the recipe used for the Challenge. Foods must be able to be kept chilled during transport to the contest, then be able to be re-heated in a slow cooker or microwave. Each team must incorporate the challenge ingredient into their food item they will be presenting during the contest. This may require altering a recipe or creatively incorporating an item into their overall table theme. The challenge ingredient must also be included in the interview presentation, demonstrating youth knowledge of the ingredient, such as nutritional value, a farm-to-fork concept, or how to adapt a recipe to include the ingredient.

Judges Interview

1. The individual or team should view themselves as the hosts, welcoming the judge, cooperatively presenting the table to the judge, incorporating multi-media resources, and answering any questions from the judge. Individual or teams must be prepared to present to the judge utilizing technology, such as PowerPoint, picture story, or other multi-media resource. Presentations may include photos, clip art, animation, video or audio sound. The 4-H

members should cooperatively present a verbal presentation to the judge that is highlighted by their multi-media presentation via computer or tablet. Participants must provide their own computer or other equipment needed for their 4-H Foods Event judging interview. Presentations will occur at participants' tables. Please do not bring projectors or other equipment which will require extra space.

Considerations should be given to creatively include the following items through the multi-media presentation:

- Nutritional facts of their menu
- Food safety
- Time management
- Choice of menu
- Food preparation
- Cost of item/per serving
- Food handling techniques
- Recipe of the food item shared with the judge.
- Challenge ingredient (nutritional value, farm-to-fork, recipe revision, etc.)

General Rules / Guidelines

1. For State Fair, teams will consist of two (2) members to be eligible to compete. 4-H members must be 9 years of age as of Jan 1 of current year.
2. All participants must be enrolled in a 4-H foods and nutrition project during the current 4-H year.
3. Judging interviews will be approximately 12 to

15 minutes. This time includes a short presentation by the teams, as well as questions from the judge.

4. Participants must provide their own card table for the display.
5. Check-in area will contain a microwave and *limited* temporary storage for table settings.
6. Only contestants will be allowed to set up or arrange table settings.
7. Participants must have their table setting ready by the assigned time. Once tables are set, contestants should stay with their tables, as they are responsible for items placed on tables. Chairs will be available for contestants.
8. During judging, 4-H members may choose to dress in appropriate clothing, costume, or accessories relevant to the theme.

County Only Classes

F500995 - Clover Kid Division 5-7 years

F500996 - Junior Division 8-9 years

F500097 - Intermediate Division 10 -13 years

F500098 - Senior Division 14-18 years

Identification Contest

Pay Code 180

Participants do not need to be enrolled in the project to be judged in the respective contest. Placing high in the senior and intermediate division will qualify the 4-Her to represent York County at the State Fair.

Rules

1. Participants may enter as an individual and as members of a team. A team consists of 3 to 4 individuals with the total scores of the three high individuals making the team score. Membership of the team must be designated if team competition is intended.
2. A team will compete at the level of the oldest team member, e.g., if a member of a team is in the Senior division, the team and its individuals will compete in the Senior division, even if some members of the team are of Intermediate division age.
3. Individuals compete according to their age.
4. Contestants will not be allowed to touch the samples during the contest.
5. Ages 9 years and older are able to compete at the State Contest.

Weed And Grass Identification

Participants will be required to identify the plant specimens by accepted common name as defined by the "Weed and Grass ID List" by matching the contest specimen with a number from the alphabetical specimen listing for the contest.

- One point is possible for each specimen
- Specimens will consist of a minimum of leaves and stem, but may also include flowers, seed, or roots structures

The first 35 specimens (intermediate division) will be exclusive to the

- Intermediate division list. Specimens for senior's division 4-H members will include these plants as well as 25-30 additional specimens from those species noted on the ID list for 2020.

County Only Classes

F500917 - Clover Kid 5-7 years

F500918 - Junior Division 8-10 years

F500015 - Intermediate Division 11-13 years

F500016 - Senior Division 14-18 years

Tree Identification

Participants will be required to identify the plant specimens by accepted common name, but knowledge of scientific names is encouraged.

- Contestants will identify 40 tree specimens described in the Tree Identification Manual (4H332)
- Specimens will always be whole leaves, but twigs, flowers, seeds, or other structures may also be included
- Ties will be broken with supplemental "tie breaker" questions
- Contestants will be allowed to touch specimens during the contest

County Only Classes

F500947 - Clover Kid Division 5-7 years

F500948 - Junior Division 8-10 years

F500045 - Intermediate Division 11-13 years

F500046 - Senior Division 14-18 years

Horticulture Identification

Participants will be required to participate in all of the following portions.

- **Identification** - Participants will identify the plant specimens by accepted common name as defined by the "Identification Answer Sheet." Participants will be given a plant list to use at the contest.
- Two points will be possible for each specimen. Intermediate division will identify 50 samples (25 from each of the following sections Vegetables and Flowers & Indoor Plants); Senior division will identify 100 samples (25 from each of the four sections: Vegetables, Flowers & Indoor Plants, Fruits, Nuts & Berries; and Landscape Ornamentals).
- Specimens may be alive or preserved plant parts such as, but not limited to: stems, twigs, leaves, flowers, seeds, fruits, roots, bulbs, tubers, or plant products.

County Only Classes

F500922 - Clover Kid 5-7 years

F500923 - Junior Division 8-10 years

F500020 - Intermediate Division 11-13 years

F500021 - Senior Division 14-18 years

Insect Identification

Rules

1. Participants may enter only as an individual
2. Contestants will have at least an hour to identify 50-60 insect specimens. Identifications will be scored strictly by the names given on the Specimen Study List, as 1. common names may vary according to resources studied.
3. Contestants will identify specimens by common name only and will use a key consisting of eligible orders and insects from which to write the corresponding letter (for order) and number (for insects) on an answer sheet. Every 5th specimen will have a multiple-choice insect knowledge question about the insect. The question may require the meaning of the order name, type of antennae, legs or mouthparts, kind of metamorphosis, a fact about biology, or the scientific name of the specimen. Scoring: Each correct order answer is worth 1 point, and each correct insect answer is worth 1 point. Each multiple-choice question is worth 2 points.
4. Contestants should not touch specimens during the contest. Magnifying lenses and printed images will accompany tiny specimens.

5. Ties will be broken with a supplemental tie-breaker section at the end of the contest answer sheet consisting of 10 specimens to identify to order along with 2 insect knowledge questions. These specimens will be much more difficult to identify.

County Only Classes

F500932 - Clover Kid Division 5-7 years

F500933 - Junior Division 8-10 years

F500030 - Intermediate Division 11-13 years

F500031 - Senior Division 14-18 years

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