

# ServSafe® Food Handler Program

You and your staff are invited to attend ServSafe® Food Handler Program in Hebron, Nebraska! This course will be held at the Blue Valley Lutheran Home. Class instructor is Amy Peterson, MS RDN, Extension Educator, from UNL Extension in Polk County. Class will be on September 1, 2016 from 1:30 - 5:30 p.m. Cost is \$20 per participant.

The ServSafe® Food Handler Program provides the resources to help keep food safety as an essential ingredient in every meal by providing basic food safety information to help prevent food borne illness.



Participants will receive a certificate of completion after successfully passing certification. Continuing education credit is available for dietitians, diet technicians, and dietary managers.

Topics covered include:

- What a Foodborne Illness Is
- How Food Can Become Unsafe
- How Food Can Become Contaminated
- Proper Hygiene Starts at Home When You Get Ready For Work Each Day
- When and How to Wash Your Hands
- How to Use Gloves Properly
- When to Accept or Reject a Delivery
- How to Calibrate and Use a Thermometer
- Checking the Temperature of Various Foods
- How to Properly Store Food
- The Four Methods for Thawing Food
- Minimum Internal Cooking Temperatures for Various Foods
- Proper Temperature for Hot- and Cold-Holding
- Proper Ways to Serve Food
- Proper Ways to Cool Food
- The Proper Way to Reheat Food
- Cleaning vs. Sanitizing
- How to Make Sure Sanitizers are Effective
- How to Clean and Sanitize in a Three-Compartment Sink
- How to Store Cleaning Supplies

## REGISTRATION FORM

**ServSafe® Food Handler Program**  
**Blue Valley Nursing Home**  
**220 Park Ave, Hebron, NE 68370**

Name: \_\_\_\_\_ Facility Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ E-Mail Address: \_\_\_\_\_

**Questions?** Contact Amy Peterson, MS RD  
Extension Educator  
402-747-2321  
or email: [apeterson3@unl.edu](mailto:apeterson3@unl.edu)

Cost is \$20 per participant.

**Return Registration Form & Check made out to**  
**University of Nebraska Extension**  
**by August 26, 2016 to:**  
University of Nebraska—Lincoln Extension  
Polk County  
Box 215  
Osceola, NE 68651

