ABCs of Child Care Early Childhood Conference
Saturday, February 25, 2017
- No Snow Date -

Registration Due: February 21
(No refund after Feb. 21)

Registration Fee per Person: $35
Lunch and some materials included
Late Fee: $50.00 after Feb. 21

Name__________________________________________________________________________________________

Contact Address ________________________________________________________________________________

City__________________________ State_________________ Zip Code _____________ County ______________

Business Name __________________________________________________________________________________

Work Phone __________________ Home Phone _________________ Email _______________________________

Birth date ______/______/______

Only one registration form per person, please make additional copies as needed.

Please indicate one choice for each session:

Session One _________________
(choose A, B, C,)

Session Two _________________
(choose B, A and C are continued)

Session Three _________________
(choose A, B or C)

Session Four _________________
(choose B or C) A is continued

Lunch and some materials included

Late Fee: $50.00 after Feb. 21

Who Should Attend?
• Child Care Providers
• Child Care Center Staff
• Preschool Staff
• Head Start Staff
• Foster Parents
• Elementary School Staff
• Parents
• ANYONE WHO CARES FOR CHILDREN

Sponsored by:
University of Nebraska-Lincoln Extension
Central Community College
Central Early Learning Partnership
Trinity Child Care Center

Family Service Child Care Food Program
Phelps Memorial Health Center
Nebraska Health and Human Services
Early Development Network

ABCs of CHILD CARE
Early Childhood Conference
Saturday, February 25, 2017
8:00 a.m. – 4:00 p.m.
Phelps County Ag Center (Fairgrounds)
1308 Second Street
Holdrege, Nebraska
308-995-4222

Make checks payable and return to: University of Nebraska-Lincoln, 1308 Second St., Holdrege, NE 68949
**Conference Agenda**

Saturday, February 25, 2017
Phelps County Ag Center, Holdrege, NE

8:00 – 8:30  Registration - View Resource and Display Tables  Welcome/Announcements

8:30 – 9:30  KEYNOTE

Teasing, Tattling, Bullying, Oh My!

Dr. Jean Anderson, ESU #10, Special Education Director

This keynote session will discuss ways to structure a group environment to prevent, manage, and reduce teasing, tattling, and bullying among young children in child care settings.

Strategies to teach young children how to function successfully in groups will be shared so child care providers can improve their environments for all.

**9:30 – 10:30  Session One (choose one session)**

A.  #* Snack Detective: Understanding Food Labels & Making Healthier Snack Choices (2 hour session)

Sherryl Gannon, Family Service CCFP, Consultant

How can you meet the new meal pattern and still find something the kids will eat? It’s not so mysterious! Come sleuth with us as we examine nutrition fact labels to find the most nutritious snacks in the land. And find some snack ideas that are just plain yummy!

B.  *Introduction to Autism in Young Children

Dawna Sigurdson, ESU #10, Central Region ASD Coordinator/School Psychologist

This session will highlight the core characteristics of autism in infants and toddlers. The emphasis of the training will be recognizing signs of autism and differences between typical and atypical development. Resources to share with parents will be provided.

C.  *The Importance of Play in the Development of Young Children (2 hour session)

Karen Verraneau, ESU #10, Special Education Resource Coordinator

Participants will gain an understanding and appreciation of how play factors in the development of young children, the impact of toys on play, and the importance of reading in child development. Child care providers can help children expand cognitive, language, social-emotional, and motor skills to learn successfully through play.

10:30 – 10:45  BREAK  - View Resource and Display tables

10:45 – 11:45  Session Two (choose one session)

A.  #* Snack Detective: Understanding Food Labels & Making Healthier Snack Choices (continued)

Sherryl Gannon, Family Service CCFP, Consultant

How can you meet the new meal pattern and still find something the kids will eat? It’s not so mysterious! Come sleuth with us as we examine nutrition fact labels to find the most nutritious snacks in the land. And find some snack ideas that are just plain yummy!

B.  *Engaging Families in Meaningful Ways

Lynn Devries, Extension Educator – Learning Child, University of Nebraska-Lincoln Extension

This session will focus on making families feel welcome, planning for family involvement, and building partnerships for learning with families so they may guide their child’s learning.

Ongoing communication with families will also be discussed.

C.  *The Importance of Play in the Development of Young Children (continued)

Karen Verraneau, ESU #10, Special Education Resource Coordinator

Participants will gain an understanding and appreciation of how play factors in the development of young children, the impact of toys on play, and the importance of reading in child development. Child care providers can help children expand cognitive, language, social-emotional, and motor skills to learn successfully through play.

11:45 – 12:45  LUNCH  - View Resource and Display tables

12:45 – 1:45  Session Three (choose one session)

A.  *School Age – Positive Youth Development – Do You Know What it Is? (2-hour session)

Leslie Crandall and Linda Dannehl, Extension Educators, Univ. of Nebraska-Lincoln Extension

Learn about the “essential elements” of positive youth development. Adult youth workers can put these elements into practice so school age youth have the opportunity to become confident, competent, and successful.

B.  *Encouraging Healthy Eating Habits in Children: What can Child Care Providers Do?

Dipti Dev, Extension Specialist – Child Health Behaviors, University of Nebraska-Lincoln Extension

Early childhood is a critical time to help children develop healthy eating habits and carry forward into adulthood. However, children may refuse to eat healthy foods and be picky eaters. Let’s discuss easy and low-cost ways to encourage children’s healthy food choices and make mealtimes a pleasant experience for everyone!

C.  *Stimulating Environments for 0-3: Facilitating Early Learning

Holly Hatton-Bowers, Extension Specialist – Early Childhood Development, University of Nebraska-Lincoln Extension

What would happen if infants and toddlers designed their own environments? We would see stimulating and amazing play spaces that are both challenging and inviting! This session will provide strategies and activities for caregivers to intentionally support the development and learning of children 0-3 years of age.

**BREAK**  - View Resource and Display tables

**3:00 – 4:00  Session Four (choose one session)**

A.  *School Age – Positive Youth Development – Do You Know What it Is? (continued)

Leslie Crandall and Linda Dannehl, Extension Educators, Univ. of Nebraska-Lincoln Extension

Learn about the “essential elements” of positive youth development. Adult youth workers can put these elements into practice so school age youth have the opportunity to become confident, competent, and successful.

B.  *Encouraging Healthy Eating Habits in Children: What can Child Care Providers Do? (repeat)

Dipti Dev, Extension Specialist – Child Health Behaviors, University of Nebraska-Lincoln Extension

Early childhood is a critical time to help children develop healthy eating habits and carry forward into adulthood. However, children may refuse to eat healthy foods and be picky eaters. Let’s discuss easy and low-cost ways to encourage children’s healthy food choices and make mealtimes a pleasant experience for everyone!

C.  *Stimulating Environments for 0-3: Facilitating Early Learning (repeat)

Holly Hatton-Bowers, Extension Specialist – Early Childhood Development, University of Nebraska-Lincoln Extension

What would happen if infants and toddlers designed their own environments? We would see stimulating and amazing play spaces that are both challenging and inviting! This session will provide strategies and activities for caregivers to intentionally support the development and learning of children 0-3 years of age.

**CLOSING**

*The Power of Prevention

Carrie Gottschalk, Extension Educator-Learning Child, University of Nebraska-Lincoln Extension

Let’s focus on addressing pervasive and persistent challenging behavior through the power of prevention. Why is it that a child’s problem behaviors continue, or even escalate, regardless of how we respond or what we do? It’s a trap we fall into all too often, and a hamster wheel we get stuck in. Come learn new strategies for escaping the hamster wheel and address problem behaviors from a different angle.

Remember to complete evaluation form and return to Registration Tables.

* Hope you enjoyed the day! Safe travels home! *