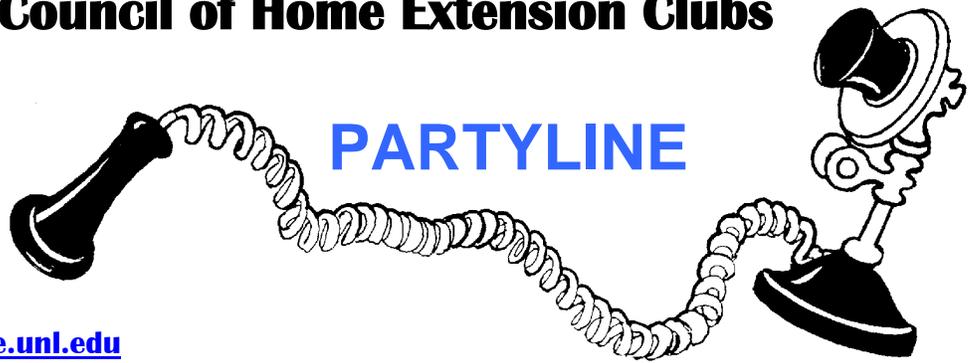


Gage County Council of Home Extension Clubs

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Visit our website at <http://gage.unl.edu>

January 2017

Dear Friends,

Whew! Did you survive wrapping all those Christmas presents and then picking up all that wrapping paper off the floor and stuffing it in garbage bags? Not an easy job, but someone has to do it! In the midst of all the fun, food and family, I hope that we all took time to be thankful for the birth of our Savior.

There are so many great sayings on Facebook and one that has popped up recently goes something like: Now that Christmas is over, I am ready for summer! Some days I feel that way, but as fast as time goes for me, I try to find enjoyment in each and every day and do not wish one day away – even the cold windy days.

I hope that you will find enjoyment in each day and have a blessed New Year!

Lynda Roesler
Council President
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Lessons for 2017

The following 2017 lessons have been scheduled:

Slim by Design will be given by Kayla on Tuesday, March 7th from 4:30 - 5:30. The program is based on research and reveals how innovative and inexpensive design changes can make it mindlessly easy for people to eat healthier. We are surrounded by opportunities to change our eating behaviors, and it all starts at home. Learn how to design your kitchen to support your health goals. This lesson will be for all members to attend and will be held at the Extension Office.

Container Gardening will be given by Nicole on Monday, April 10th at the Extension office for all club members. Watch for more details later, as the Council will be providing plants for you to take home, and you will provide the container.

The lesson on **Teas** will be given by Janet Murphy from Beatrice and Kathy Stokebrand (Monthly Minglers) in September for all club members. The presentation will be given at the Extension Office and the date will be announced later. But if you have a tea pot or tea set that you can share with the group, please dust it off and plan to bring it along and tell us about it!

I am still working on a leader and a month to present **Main Dish Salads**.

Bloodmobile

February dates are 22 and 23 Monthly Minglers are responsible for the cookies.

April dates are 26 and 27

Cookies should be delivered to the Holiday Inn Express. Go to the southwest corner of the building and enter through the first set of double doors. Turn north until you reach a small kitchen area to drop off the cookies. Please have your cookies there as early as possible. I have been assured the doors are unlocked at 6:30 a.m. Homemade cookies are very much appreciated!

Volunteer Needed

I have been putting out the Partyline for 10 years now and would like to pass the torch to someone new. If you have a computer, can send e-mails, and can print and mail copies, you qualify. I would say it takes a couple hours a month. Most of the Partyline is written by the president and the rest is just gathering the information. The costs are reimbursed by the council. Please volunteer.

Becky Wenz

Quote for the Month

Between tomorrow's dreams and yesterday's regrets, are today's opportunities.

If you haven't got charity in your heart, you have the worst kind of heart trouble.

Recipe Corner

Recipe for a Happy Day

1 cup friendly words
2 heaping cups of understanding
4 heaping teaspoons time and patience
Pinch of warm personality
Dash of humor
Spice of life

Measure words carefully, add heaping cups of understanding. Use generous amounts of time and patience. Cook on the front burner. Keep temperature low, do not boil. Add a dash of humor and pinch of warm personality. Season to taste with the spice of life. **SERVE IN INDIVIDUAL MOLDS!**