



## **Nicole Veseth**

SNAP-Ed Extension Assistant

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Nebraska Extension in Dodge County

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### **Assigned Counties**

- Dodge
- Douglas-Sarpy
- Gage
- Lancaster
- Washington

### **Highlighted activities from my extension programming**

- Nutrition & physical activity education programming for youth & adults
- School wellness policy
- Food preparation & food safety
- Food budgeting

### **Helping you find local answers to...**

- Food safety & food preparation
- Preparing healthy recipes
- Wellness policy change for local schools

### **What is the purpose of my job?**

1. Educate NE youth & adults on the importance of healthy lifestyle choices around nutrition and physical activity.
2. Oversee 4-H Food Smart Families grant project in five counties.
3. Assist local schools with school wellness policies & provide information on applying to additional grant funding.

### **You can also connect with me on...**



<https://twitter.com/nicoleveseth>



[linkedin.com/in/nicole-veseth](https://www.linkedin.com/in/nicole-veseth)

*Helping Nebraskans enhance their lives through research-based education*