FIND OUT MORE!

Contact your local Circle of Security Registered Parent Educator to learn more about Circle of Security™-Parenting classes in your area.

Materials developed by Nebraska Children and Families Foundation.
NebraskaChildren.org

PARENTING

The world's best job is also the hardest.

Join parents just like you who want to learn a simple way to strengthen their parent-child relationship.

All parents wish children came with instructions.
It often feels like we're just making it up as we go along, never sure if we're getting it right.

Strengthen your parent-child relationship with the Circle of Security™ Parenting program.

You're not alone. We've all felt that way.
When your child's behavior has you confused and frustrated, it's not uncommon to wonder what's wrong with him…or what's wrong with you. We find ourselves asking, "Why would she behave this way?", "Is there something wrong with him?" or "Why doesn't she like me?"

Building stronger relationships for your child's long-term success
Circle of Security™-Parenting is an 8-week parenting program based on years of research about how to build a strong relationship with your children. It is designed to help you learn how to respond to your child's needs in a way that enhances your connection with him, which often leads to changes in the child's behavior. Circle of Security™-Parenting helps parents give their children a feeling of security and confidence so they can explore, learn, grow and build positive relationships; all essential skills for life-long success.

Be bigger, stronger, wiser and kind
Through the Circle of Security™-Parenting program, you'll start to see that your child's need for attention is actually a need for connection with you. You'll learn how to be bigger, stronger, wiser and kind so you can both set limits and still take the time to understand your child's emotional world.

The results?
Parents who complete the class say they have happier, more positive relationships with their children and their children are more understanding of other's emotions and have stronger self-esteem.

"I would tell all parents who would have the opportunity to experience this training to take this, embrace this, practice it, live by it, and not only your children will benefit but you will come away feeling empowered as a parent."