



NOVEMBER 2011

## Adams County 4-H Newsletter

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### NOVEMBER

November 3	Extension Board Meeting
November 6	4-H Achievement Night & Volunteer/Leaders Banquet
November 8	Ag. Society Meeting
November 11	Holiday – Veteran’s Day
November 14	4-H Council Meeting
November 15	Ag. Society Annual Meeting (voting)
November 24 & 25	Holiday – Thanksgiving

### Do you have a Premium Check at the Adams County Extension Office?

Premium checks were available for pick-up on September 15<sup>th</sup>. Once again, for those youth who are members of organized 4-H Clubs, you will need to get your premium money from your club leader. Independent members are able to pick-up checks themselves. Please remember the checks are only good for 90 days.

### Achievement Night & Leaders/Volunteer Banquet

Be sure to mark your calendar for Sunday, November 6<sup>th</sup> at the Activities Building on the Adams County Fairgrounds. Leaders/Volunteer Banquet begins at 5:00 p.m. Volunteers and leaders remember to call in your RSVP. The 4-H Achievement Program begins at 7:00 p.m.; award recipients are requested to attend. Please plan on attending this special evening for the 4-H’ers in Adams County. Please come a little early to enjoy an ice cream sundae bar that the Jr. Leaders are providing before the awards are handed out.

### Welcome Kayte

Adams County Extension has added a new Educator, Kayte Tranel. Kayte received both her undergraduate degree in Nutrition, Exercise and Health Science and graduate degree in Nutrition and Health Sciences from the University of Nebraska-Lincoln. As an undergraduate student, Kayte was a member of the cross country and track & field teams and as a graduate student, maintained positions as graduate teaching assistants for courses in healthy lifestyles, nutrition and health behavior. Kayte’s professional interests include nutrition education in youth, healthy living and physical activity in all age groups and food safety.

### Extension Office Closed

The Adams County Extension Office will be closed.

- November 11<sup>th</sup> for Veterans Day
- November 24<sup>th</sup> & 25<sup>th</sup> for Thanksgiving



Extension is a Division of the Institute of Agriculture and Natural Resources at the University of Nebraska–Lincoln cooperating with the Counties and the United States Department of Agriculture.

The 4-H Youth Development program abides with the nondiscrimination policies of the University of Nebraska–Lincoln and the United States Department of Agriculture.

# Thank You & Congratulations!

## Thank You Matthew & Lacey

Please help us thank our 2011 Golden Clovers Matthew Hermann and Lacey Uden for doing a great job promoting 4-H this past year. When you see them, please let them know what a great job they did for Adams County.

## Thank You to the Ag Society for the Roof!

The 4-H Council & UNL Extension – in Adams County would like to thank the Adams County Ag Society for completing the roof on the Youth Building where Shooting Sports is held. As 4-H members, please thank our current Ag Society leaders for completing this project with notes, in person, or phone calls.

## 4-H Dog Expo

Thank you to all of the local 4-H'ers, parents and leaders that either participated in or helped with the Canine Companions for Life Nebraska 4-H Dog Expo. The program was a great success.

## Service Project Opportunity - Kases for Kids

Thanks to all who attended and helped with the Kases for Kids Pajama Party. We expanded our horizons with learning how to make the pillow cases along with several home environment items. A special session was held with nutrition while making their pizzas. The outcome of our event was extraordinary with 38 participants, 13 volunteers resulting in fifty plus pillow cases for the cause and lots of fun! Thanks again.

## Thank you from Hermann family

Words cannot put justice to all the blessings our family has received lately. Thank you to all the generous people who have stepped up with donations of money to help our family. It certainly has eased a lot of the burden of dealing with sickness. One cannot say enough about 4-H and 4-H families, all working together, all help out where ever is needed, and all have a special place in our hearts.

God Bless!

Russ & Teri Herman Family

## Congratulations

Congratulations to the following State Fair 4-Hers, they were omitted in the October newsletter.

- Special Recognition
  - **Rainbow Recognition** – Danielle Trausch (Child Development)
- Livestock
  - **Market Sheep** – Showmanship: G. Robert Binfield - Red

## Leaders & Parents Corner

### Junior Leader News



The Adams County 4-H Junior Leaders will meet on Sunday, November 6<sup>th</sup> at 4:00 p.m. The meeting will be held at the North end of the Activities Building at the fairgrounds. Anyone is welcome to join that is 12 years old and will be 13 by January 1, 2012, or is 13 years or older now. You must be an active member of the Adams County 4-H program by being a member of an organized 4-H club or an Independent member. Junior Leaders do a lot of fun, learning and

leadership activities. Some of the activities the club does are: pancake feed and food booth at the county fair, helping with Leader's Banquet, along with helping members and younger 4-H'ers with 4-H projects and being positive role model for younger 4-H'ers. Bring a friend and make new friends. Also you are eligible to earn a scholarship. If you have any questions, please contact Marilyn Shaw (402-756-6636) or the Adams County Extension Office (402-461-7209).

## **SAVE THE DATES!**

Sunday, January 8<sup>th</sup> for the 4-H Kick Off

Sunday, January 29<sup>th</sup> for the 4-H Council Fundraiser (Soup Supper)

### **Ag BBQ**

The annual Ag BBQ sponsored by the Ag. Committee of the Hastings Area Chamber of Commerce will be held on November 10<sup>th</sup>, at the Adams County Fairgrounds, dinner will be at 6:00 p.m. and program at 7:00 p.m. Tickets can be obtained from the sponsoring businesses in Hastings and surrounding area. A raffle is held every year at the BBQ to help sponsor the two educational scholarships offered to Adams County 4-H'ers through the Career Portfolio application.

### **Ag. Society Election**

Don't miss out on voting! The Adams County Agriculture Society will hold a County Vote to fill three vacancies on the Adams County Ag-Society Board of Directors. Voting will be held on Tuesday, November 15<sup>th</sup>, with registration beginning at 7:00 p.m. and voting from 7:30 p.m. – 8:30 p.m. This election will take place at the Adams County Fairgrounds and all registered voters in Adams County are encouraged to vote. Please don't miss out on your civic duty to make a positive difference in our county.

## **4-H Council Information**

### **October 4-H Council Happenings**

- New 4-H T-Shirt Design – Every participant attending the 4-H Achievement Night will be able to vote for their favorite design by change in their pocket or wallet. The three with the most change will be taken to the December 5<sup>th</sup> 4-H Council Meeting for final selection. The change that is collected via votes will be used towards the set-up fee for the new design.
- The 2012 4-H Soup Supper Date will be Sunday, January 29<sup>th</sup>. Please save the date on your calendar
- Beef Weigh Day will be Saturday, January 14<sup>th</sup>. Reminder – this is the only weigh day for market beef. If you cannot be present, you must find someone else to bring your cattle in.

### **November 4-H Council Agenda Items**

- NOTE: Meeting date changed to **Monday, November 14, 2011** at 7:00 p.m.
- Winter Workshop Ideas – Great Cookie Exchange
- Livestock Committee Items
- Finalize Soup Supper
- Selection of New 4-H T-Shirt Design
- Ideas for Nebraska 4-H Month in February

### **4-H Club of the Month**

The Nebraska 4-H Foundation along with the Nebraska 4-H Ambassadors put together a new program for Nebraska 4-H Clubs. Any 4-H club can nominate themselves to be the "Club of the Month" by the second Friday of the month. Each month, a winner will be chosen and will receive a \$50 cash card from the Nebraska 4-H Foundation and a certificate which can be displayed. Also, the Club of the Month's story will be displayed on the 4-H Foundation's website, Facebook and Twitter and a news release will be sent out to their local newspaper. Nomination forms can be found on the Adams County 4-H page at <http://adams.unl.edu>. Please send the nomination forms to: [ne4hambassadors@unl.edu](mailto:ne4hambassadors@unl.edu)

## **Youth Information**

### **2013 Citizen Washington Focus**

What is Citizenship Washington Focus (CWF)? It is a living and learning educational experience in citizenship for youth ages 15 – 19. Youth will travel to the nation's capital to have an interactive classroom with workshops, seminars, and field trips. Traditionally, Adams, Clay, and Webster County 4-H'ers have joined together to take the trip. Of course, if you know other 4-H'ers from other counties that are interested in joining us, they are more than welcome to come along! If you are interested, feel free to call Beth Maricle at (402)461-7209.

### **CWF Fundraising has Begun!**

Attention all Fruit, Meat & Cheese, and Poinsettia lovers! The CWF Fundraising has begun for the fall of 2011. The youth planning on going on the 2013 and 2016 trip are out and about selling fruit. If you are not asked, please contact the Extension Office to get in contact with a youth or purchase from the office. All forms must be returned to the Adams County Extension Office by Monday, November 14<sup>th</sup> at 5:00 p.m. Happy Selling!

### **WINTER WORKSHOPS**

Get started on next year's 4-H projects early.

- **The Great Cookie Exchange** – Saturday, December 3<sup>rd</sup> from 1:00 p.m. – 3:30 p.m. Ages 8 and up. It wouldn't be holiday time without cookies! This is your chance to come and bake with other 4-H'ers, we will bake and decorate various cookies. Everyone will go home with a sample plate of all the cookies that are baked. Fee - \$15.00. Please pre-register by calling the Adams County Extension Office (402)461-7209 by November 23<sup>rd</sup>.
- **“Clover Kids Winter Fun”** – Saturday, December 10<sup>th</sup> from 10:30 a.m. – 1:30 p.m. Ages 5 – 7. Come and explore Clover Kid Projects with a winter twist. We will have sessions to create, learn and experiment while having fun with our make and take projects. Fee - \$12.00. Please pre-register by calling the Adams County Extension Office (402)461-7209 by December 2<sup>nd</sup>.

### **Adams County 4-H T-Shirt Design Contest**

Have you been envisioning the next Adams County 4-H T-Shirt? This is the moment for you! Designs for the NEW 4-H T-Shirt may be entered from 4-H members, volunteers, leaders or family members! Designs need to be turned in to the Adams County Extension Office by Thursday, November 3, 2011. The designs will be on display at the Adams County Achievement Night for all attending to vote on their favorite design. The final decision will be made by the 4-H Council on November 14<sup>th</sup> during the regular 4-H Council Meeting.

Parameters for the t-shirt include:

- The official 4-H Clover MUST be included (Official Clover may be Green or Black)
- Maximum of three colors used for the design
- T-Shirt color should be included by designer (it is NOT limited to grey or white)
- Designs may be for Front and/or Back of the T-Shirt
- Designs may be turned in by pencil/crayon drawing or computer drawn
- BE CREATIVE!! Think outside the box!
- One design will be used for short and long sleeve shirts
- 4-H Council has the opportunity to mix and match designs to create the best Adams County 4-H t-shirt.

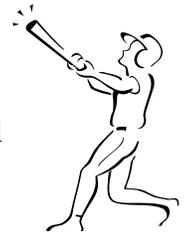
### **Scholarships Available**

Application forms are available at the Adams County Extension Office.

- The Nebraska Association of Fair Managers is offering two \$500 Martha & Don Romeo Scholarship for graduating seniors. Due December 1, 2011 to the Adams County Fairgrounds – Sandy Himmelberg.

## **Go to Bat for 4-H**

Want the chance to win tickets to the 2011 Major League Baseball World Series and help 4-H win \$25,000? You have a chance to do both just by visiting the State Fair Go To Bat web site at [http://mlb.mlb.com/mlb/sweepstakes/y2011/state\\_farm/gotobat/index.jsp](http://mlb.mlb.com/mlb/sweepstakes/y2011/state_farm/gotobat/index.jsp) Choose the “Health and Human Services” category and pick “National 4-H Council” as your charity. You can play up to 3 times each week.



## **Tell Nebraska 4-H Foundation Your 4-H Story!**

Tell us your 4-H story and help your county 4-H Program win \$1,000! The Nebraska 4-H Foundation will award \$1,000 to the county of your choice. To enter, submit your 4-H story (a favorite memory, best experience, etc.). Stories may be used in future 4-H publications or online. You may share your story online at <http://ne4hfoundation.org> and click on “Tell Us Your Story Here!” or stop by the Nebraska 4-H Foundation booth at the Nebraska State Fair. By sharing your story, you will be entered into a drawing. The winner can choose which county 4-H program will receive the \$1,000 prize!

## **4-H Project Information**

### **Family and Consumer Science**

#### **Snack Planet**

UNL Extension and Educational Media have teamed up to create a fun, new App in the Apple Store. Snack Planet is a game developed to promote the benefits of healthy snacking and exercise. Help Optimis, the robot, move quickly throughout the maze, grab the healthy foods and reach the exit before the time runs out. Beware of the unhealthy snacks; they reduce both your time and your score! The game can be played individually or two people can play at once on the same iPad--a fun and unique feature. As you progress through Snack Planet, you will get to run, skip and dance with the robot before proceeding to the next level. If you are lucky enough to get to level five, the game switches to an accelerometer and you and a partner must carefully play the game moving the iPad in a direction that benefits you rather than your opponent. Snack Planet can be down-loaded for fun at home.

#### **4-H Quilt of Valor Statewide Challenge**

The challenge continues: Now on to year two of a state-wide 4-H Quilts of Valor Challenge for 4-H'ers, families and/or volunteers to create and donate quilts to service men and women who are protecting our country and who are “touched by war.” The quilts will be collected and given through the Quilts of Valor Foundation. The finished quilt size must be no smaller than 55” x 65” or no larger than 72” x 90”.

## **Field Notes**

### **Agronomy Projects**

With the start of crop harvest, it is a good time to consider creating an agronomy exhibit that you may show at next year's fair. These projects provide an excellent opportunity to learn the requirements in producing a crop. If you or someone in your family raised a field crop, simply sit down and create a two- page report about the procedures required to grow the crop. Then fill a gallon container of the grain or select ten grain ears, (corn or milo), for display and you are done. Remember you must enroll in the field crop project in 2012 to exhibit at the fair. Stop by or call the Adams County Extension Office if you would like more information on these projects.



### **Largest Ear of Corn Contest**

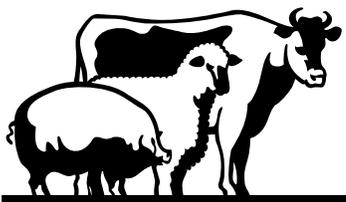
We plan to continue this contest, with sponsorship of a cash prize to the winners. Now is a good time to start to think about next year's project. If a 4-H'er grew a corn crop or helped a member of their immediate family grow a corn crop this year, then you can exhibit a collection of ten corn ears at the 2012 Adams County Fair. The contest will have two classes, one for yellow corn and one for white corn. Remember you must enroll in the field crop project in 2012 to exhibit at the fair. Call the Extension Office if you would like more information about this contest and project.

### **Crops Webpage for Youth**

The objective of this webpage is to provide a one spot stop with crop production information, some of it specific for Nebraska and some general crop information that can be used for a variety of locations. The webpage is divided into four main sections: crop and plant science facts, activities for youth, 4-H & FFA projects, and teaching activities & resources. "Crop and plant science facts" provides a short summary of crop statistics and other fun facts. "Activities for youth" has some fun crossword puzzles, word searches and other interactive activities for youth to participate. The 4-H and FFA project page has some of the opportunities available through 4-H and FFA such as Crop Science Investigation workshop series and other events related to crops. Finally, the "Teaching Activities and Resources" page currently has nine lessons available for anyone to download and teach hands-on activities to any age group. Check it out at <http://cropwatch.unl.edu/youth>

### **Innovative Youth Corn Challenge Contest**

The University of Nebraska-Lincoln Extension and the Nebraska Corn Board have teamed up to offer the first *Innovative Youth Corn Challenge* contest. This contest, open to 4-H members (age 10 & older as of Jan. 1st) or FFA members (in-school members), will guide youth through all aspects of corn production, as well as the agricultural careers related to corn production. Youth will be challenged to implement a production practice different than normal to determine if they increased their yield. Economics and sustainability of the practice will also be considered. Yields, cropping history, and production information will be collected in the Corn Yield Challenge management summary. Youth will work with an adult mentor throughout the process. Mentors can be extension faculty, ag teachers, or other qualified agronomy professionals. Cash prizes and plaques will be given to the first, second, and third place teams. First place will receive \$1,000, second place will receive \$500, and third place will receive \$250. A data completion and innovation award will also be given. To participate, youth must complete and return an entry form by March 1<sup>st</sup> to the Fillmore County Extension Office in Geneva, NE. Forms can be downloaded at [cropwatch.unl.edu/youth/activities](http://cropwatch.unl.edu/youth/activities). For more information, contact Brandy VanDeWalle at [bvandewalle2@unl.edu](mailto:bvandewalle2@unl.edu) or 402.759.3712.



### **Livestock**

#### **2012 Beef Weigh Day**

The Adams County Beef Weigh Day will be Saturday, January 14, 2012 from 11:00 a.m. – 1:00 p.m... 4-H exhibitors who plan to show beef (Market including 2<sup>nd</sup> Year Bucket Calves, and Carcass) in 2012 at the Adams County Fair, Nebraska State Fair and Ak-Sar-Ben must have their beef animals weighed and tagged. The animals must also have DNA samples taken to exhibit at the Nebraska State Fair and Ak-Sar-Ben. Please note this is the only date to DNA market beef.

### **Horsin' Around 2012 Date Announced**

Save the dates of Jan 14 and 15, 2012 for Horsin' Around. The featured trainer will be Robin Frid of Denton, TX. To learn more about Robin you can go to his web site at: <http://www.robinfrid.com/>

## **UNL Opportunities**

### **Nebraska Youth Beef Leadership Symposium**

Do you have an interest in the Beef Industry? Then here is an opportunity for you! Youth will enjoy hands-on activities prepared by UNL faculty, beef industry staff and allied beef industry personnel. The three day event is November 19 – 21 at the University of Nebraska-Lincoln. Youth will have the opportunity to:

- Investigate career areas within the beef industry
- Network with Nebraska producers, allied beef industry personnel, beef industry staff & UNL Faculty
- Increase their preparedness and competitiveness for beef industry careers

For complete brochure and more information visit: <http://nybls.unl.edu>.

### **UNL as a Choice for College**

If you are a high school student, or know a high school student, with plans to continue their formal education at a college or university, then put the University of Nebraska-Lincoln at the top of those choices. Just go to the website [www.admissions.unl.edu](http://www.admissions.unl.edu). It will lead you to explore options that meet your demands, and get to know costs, scholarships, careers and student life on both East and City Campus. Remember that 4-H is your first class at the University of Nebraska. Really, 4-H, Extension and UNL all fit together. For more information, call toll-free 800-742-8800 and ask for “admissions”. Get an appointment to tour the campus of your choice. That’s the best way to know UNL.

### **Experience the Power Of Red Open House**

Saturday, November 12, 2011, from 9:00 a.m. - 2:00 p.m., at UNL’s East Campus

Prospective high school, transfer students and guests are invited to visit the University of Nebraska - Lincoln’s East Campus to learn more about:

- How we prepare students for careers in everything from animals to plants, soil to climate, golf to business, mechanization to leadership, food to forensic science
- Meet current students, faculty, and staff
- Register for a scholarship and other cool prizes
- There is no charge to attend this event.

For a schedule and other details of the Open House please visit: [http://casnr.unl.edu/open\\_house](http://casnr.unl.edu/open_house).



# 4-H Calendar

## **NOVEMBER**

November 3	Extension Board Meeting
November 6	4-H Achievement Night & Volunteer/Leaders Banquet
November 8	Ag. Society Meeting
November 11	Holiday – Veteran’s Day
November 14	4-H Council Meeting
November 15	Ag. Society Annual Meeting (voting)
November 24 & 25	Holiday – Thanksgiving

## **DECEMBER**

December 1	Extension Board Meeting
December 3	The Great Cookie Exchange Workshop
December 5	4-H Council Meeting
December 10	Clover Kids “Winter Fun” Workshop
December 13	Ag. Society Meeting
December 24	Christmas Eve
December 25	Christmas

## **JANUARY**

January 2	4-H Council Meeting
January 5	Extension Board Meeting
January 8	4-H Kick Off
January 8	Shooting Sports Kick Off
January 14	Beef Weigh Day – DNA samples taking (only date)
January 29	4-H Fundraiser (Soup Supper)

Please Check the Adams County Web site at <http://www.adams.unl.edu/> for current calendar information.

### 2011 4-H Council

Todd Lay – Pres.

Jerry Allen

Chris Anderson

Glen Bonifas

Carol Chitko-McKown

Noel Nienhueser

Don Burbach – V.Pres.

Rebecca Owen

Holly Stark

Jeanette Uden

Troy Vorderstrasse

Grace Woodward

Monika Bowen – Sec.

JR. LEADER REPS:

Cara Crandell

JD Ochsner

Lacey Uden

Twila Bankson – Tres.

Doug Nienhueser – Chamber  
of Commerce Rep.

Julie Ochsner – Ag Society  
Rep.

**Please take time to THANK these above individuals for their  
hard work and dedication to the Adams County 4-H Program!!!**

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