



APRIL 2013

Adams County 4-H Newsletter

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April

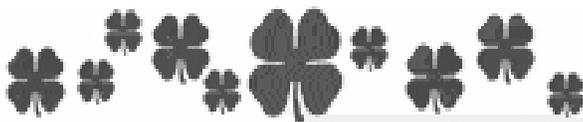
April 1	4-H Council Meeting – 7:00PM
April 4	Extension Board Meeting – 7:00PM
April 7	Shooting Sports Picnic – 5:00PM @ Fairgrounds
April 9	Ag Society Meeting – 7:30PM
April 15	4-H Enrollment Deadline Day by 5:00PM @ Extension Office or Online by 11:59PM
April 15	Bucket Calf Tags & Market Broilers Orders due by 5:00PM @Extension Office
April 20	Nebraska 4-H Dog Expo in Hastings
April 25	New to 4-H Orientation – 6:30PM
April 23	Flower Barrel Workshop – 7:00PM
April 26	Extension Office Closed
April 27	West Central District Speech Contest

ENROLLMENT DEADLINE – APRIL 15!!!

The 2013 4-H enrollment is fast approaching. Please enroll on line or complete your enrollment forms after you receive your information packets – mailed the week of Feb 25th. There are a variety of 4-H projects; therefore, you can make your 4-H experience unique. One way to make projects more fun is to find a friend, even if they are not in 4-H, and get them to sign up and do the same projects together. Remember this information is time sensitive with enrollments and fees due on April 15, 2013 along with new 4-H members signed Code of Conduct. Just a reminder that projects can be added to previously turned in enrollment forms (including Shooting Sports participants) until April 15th.

2013 Enrollment Online Process

A new option for 2013 is to enroll online with 4-H Access. To enroll online, parents and / or youth needs a valid email address. An email was sent with your Open ID, similar to a user name, to individuals with an email address on record. If you are having trouble logging in or have questions please call or email Gwen Rodocker (gwen.rodocker@unl.edu or 402-461-7209) and she will be able to get you started in the Access system. If you have not already done this please take a few minutes to do this! The paper option will be available to youth or families that do not have an email address or don't want to do it online.



Congratulations

Correction from Shooting Sports Results at the Columbus Shoot

- Youth Male Freestyle Unlimited 10 to 12 years old
 - Jacob Uden – 4th

Speech & Performing Arts Contest

- Speech
 - Jr. Division – Noah Pagel; Medalist & Purple, Regional Speech Representative
 - Intermediate Division – Sarah Barfknecht; Medalist & Purple, Regional Speech Representative
- Performing Arts
 - Jr. Division – William Barfknecht: Medalist & Purple, Michaela Novak: Purple
 - Intermediate Division – Miranda Niemeyer: Medalist & Purple, Sarah Barfknecht: Purple, Sarah & William Barfknecht (Duet): Purple, Ashlyn Mohling: Blue(2), Bryn Lang & Ashlyn Mohling (Duet): Blue, Landon Wright, Gage Wright & Chance Mignery (Trio): Blue

Leaders & Parents Corner

Junior Leader News



The Adams County 4-H Junior Leaders will meet on Sunday, April 28, from 1:45p.m. at Perkins to play bingo. We are still recruiting members! If you have any questions, please contact Marilyn Shaw (402-756-6636) or the Adams County Extension Office (402-461-7209).

Giving Your Best On-line Program - Taking 4-H Projects to the Next Level

Make plans to join a FREE, live web-based program designed for 4-H volunteers, leaders, and parents. Three separate web-based programs are being offered to benefit 4-H volunteers and parents as they enroll in 4-H and work to create an amazing tool to teach their children. Choose to participate in one or all 3-different web-based programs on the following dates from Noon to 1:00 p.m. CST or from 7:00 p.m. to 8:00 p.m. CST.

- April 10, 2013 4-H Projects... Taking the Next Step
- April 17, 2013 Taking the Next Step: Foods and Nutrition & The Career Connection
- April 24, 2013 Taking the Next Step: Child Development and Animal Science

Register online at: <http://4h.unl.edu/givingyourbestwebseminars>. Once you are registered you will receive an email with the webinar link and additional information related to each program. Participate from your OWN home or anywhere you have access to the internet. Each program will meet on-line for one hour to help connect parents and volunteers to pertinent youth development knowledge. All programs will be presented by area UNL 4-H Youth Development Extension Educators. For more information or to download a program flier contact the Adams County Extension Office or go online to <http://adams.unl.edu/adamscounty4h>.

New to 4-H Orientation

Is this your first year in 4-H or need a refresher? Then get a head start on making 2013 a successful year by attending the **4-H Orientation on Thursday, April 25 at 6:30 p.m.** in the **Assembly Room of the Adams County Office Building** (located at 300 N. St. Joseph, Hastings, NE). The cost will be \$5.00 per person. This is for parents, guardians, or volunteers who want to be in the 4-H loop and gain tips and ideas for having an outstanding year. You will walk away knowing dates and deadlines ensuring you to be prepared and excited for 4-H! **Please register** by contacting the Adams County Extension Office at (402) 461-7209 or email elizabeth.janning@unl.edu.

4-H & the Military

April is the Month of the Military Child. Please take time to say thank you to a boy or girl who has served our Nation while a parent or sibling in the United States Military has been deployed. Other ways to celebrate:

* Bring a Military Kid to your April 4-H meeting. Becoming a 4-H member is a great way for Military Kids to build life skills, including resiliency, which can help them throughout the entire deployment cycle. E-mail your name (and the name of your guest) and a photo to msimmons2@unl.edu to enter a drawing for \$15 iTunes gift cards. * Purple Up! for Military Kids. April 15 is the date for the second annual national event encouraging EVERYONE to wear purple in support of Military Youth. Promote this event in your school, 4-H club and community.

4-H Club of the Month

The Nebraska 4-H Foundation along with the Nebraska 4-H Ambassadors put together a new program for Nebraska 4-H Clubs. Any 4-H club can nominate themselves to be the "Club of the Month" by the second Friday of the month. Each month, a winner will be chosen and will receive a \$50 cash card from the Nebraska 4-H Foundation and a certificate which can be displayed. Also, the Club of the Month's story will be displayed on the 4-H Foundation's website, Facebook and Twitter and a news release will be sent out to their local newspaper. Nomination forms can be found on the Adams County 4-H page at <http://adams.unl.edu>. Please send the nomination forms to: ne4hambassadors@unl.edu

4-H Council Information

4-H Council March Happenings

- Progeny Award was removed due to sponsorship
- A Best Bred and Owned Breeding Animal will be awarded in Beef Breeding Project at 2013 County Fair
- New classes in Market Beef for 2013 County Fair
 - Bred and Fed Steer
 - Bred and Fed Heifer
- Swine Bred and Fed Award was removed from 2013 County Fair due to no participation for several years.

April Agenda Items

- 2013 Budget to be reviewed and voted upon
- Committee assignments announced

Spring Tractor Supply Paper Clover Promotion

Again this spring, the Tractor Supply Company and the 4-H Program are teaming together to have the Spring TSC Paper Clover Promotion from May 8th to May 19th. We are asking clubs, families, or different groups to volunteer a day and time for an activity. If your club or family has a day and an activity in mind, please contact Beth at the Adams County Extension Office. Clay, Webster, and Nuckolls Counties are working with Adams to make sure 4-H is present at the Spring TSC Promotion.

SAVE THE DATES!

- **Pre-Fair Entry Forms – Deadline is Friday, June 14**
- **2013 Adams County Fairfest Dates**
Its official! The 2013 Adams County Fair is **July 17 to July 21**. Static Exhibits will be entered Monday, July 15th and Livestock check-in the evening of Tuesday, July 16th. Livestock Auction will be Monday, July 22nd. Livestock show schedule will be the same as last year – exception of a one day horse show.

Youth Information

Adams County 4-H Robotics Group

The next meetings will be on April 21st from 1:30 to 3:00 p.m. in the Assembly Room at the Adams County Office Building. Youth ages 8 to 18 are welcome to participate. If interested, stop by that day or call the Extension Office (402)461-7209 for more details. Hope to see you there

Summer Workshops

It's time to take a peek at the summer workshops being offer through the Adams County Extension Office

- May 18 – Shopping in Style Workshop
- May 24 – Cat Showmanship and More Workshop
- June 18 – Tie Dye Workshop (Beginning & Advanced)
- June 24 – Pastries & Cookies, oh my.....!
- June 25 – Explore Nature Day Camp
- June 26 – Create for the Home Day
- June 27 – Dressed ready to go...now accessorize! Decorate you Duds Workshop
- June 28 – Clover Kids Camp

Be sure to mark your calendar for these fun and educational workshops, more information will follow in the May newsletter!

2013 CWF April Meeting – Sunday, April 28th in Hastings

The 2013 CWF Conference will be holding their next meeting on **Sunday, April 28 at 3:00 p.m. at the Adams County Office Building in the Assembly Room, Hastings, NE.** All youth and sponsors are **required** to attend this meeting. If you are unable to attend, please let Beth know and you will have homework to make up from the session. As a reminder – the May Meeting is May 8th in Minden.

Recruiting youth for 2015 & 2017 CWF Conferences

Youth who are 14 to 18 years old in the years of 2015 & 2017 are invited and welcomed to sign up for a trip of a lifetime! Youth will experience the cities of Chicago, New York City, Washington D.C. and more. We will stay at the 4-H Center in Chevy Chase, Maryland for a week of the Citizen Washington Focus Conference. We have fundraising opportunities throughout the year to help with the cost of the conference. If you are interested in attending any future conferences, please contact UNL Extension in Adams County at (402)461-7209. It is never too early to sign up!

Adams County Camp: June 10th – 12th

Calling all youth ages 8 to 12 years old from Adams, Clay, Fillmore & Webster Counties to attend our **County Camp** at the South Central Camp in Alma from **June 10th – 12th, 2013!!** Again this year we will take a bus for those that would like transportation to camp. We will meet at 8:30 a.m. at the Adams County Extension Office. The cost of the county camp is \$135 with transportation or \$120 without transportation. Camp will begin at 10:00 a.m. on Monday, June 10th and end at 10:00 a.m. on Wednesday, June 12th. Come have the **full camping experience** plus 4-H activities! This camp is not only for 4-H'ers, so tell all of your friends! Please register by contacting UNL Extension in Adams County at (402) 461-7209. Beth hopes to see you there!



Camp Counselors needed for County Camp!

Become a camp counselor! We need boys and girls that are 14 and older to be a counselor at County Camp from June 10th to the 12th. It is recommended that counselors attend the State Camp Counselor Training. Dates and locations for Counselor Training will be coming out soon! By attending the counselor training, you may be a counselor more than just the County Camp! If interested, please let Beth know!

2013 Big Red Summer Academic Camps

The 2013 Big Red Summer Academic Camps, to be held **June 9-14, 2013**, are just around the corner! New camps for 2013 include App Development, Beef, and Engineering. Also offered are the focus areas of Crop Science, Culinary Arts and Food Science, Education, Fashion Design, Filmmaking, Unicameral Youth Legislature, and Veterinary Science. More information regarding Big Red Camps is available online at <http://bigredcamps.unl.edu>.

NEW -- BEEF Big Red Summer Camp

New in 2013 Big Red Summer Camp – BEEF! Youth will have the opportunity to interact with Extension personnel (Educators and Specialists), industry representatives, and producers to gain a better understanding of the beef industry. As the youth work together to solve problems they will not only develop team building skills but also better understanding of all aspects of the beef industry! Early bird deadline ends April 1, but you can still register past that date. More information regarding Big Red Camps is available online at <http://bigredcamps.unl.edu>.

Adventure Camp about the Environment

Nebraska's Natural Resources Districts are partnering with University of Nebraska Extension to provide youth an opportunity to explore natural resources and the environment. The camp will be held at the Nebraska 4-H Camp in Halsey, June 16 - 19. Participants will learn about forestry, range and grassland ecosystems, water quality, soils and lands and natural resources careers. There will also be plenty of time for camp activities such as hiking, climbing and canoeing. The camp cost is \$190.00 that is to be paid with the registration which is due May 25th. Scholarships are available for the camp that may pay up to \$150 of the cost. **Scholarship applications are due April 8th**. Please contact the office for scholarship information. For more information about the program contact the Little Blue Natural Resources District at www.nrdnet.org or contact the Extension office.

4-H Design Camp

Are you ready for the next step in clothing and design? Let the rich beauty of nature at the Nebraska State 4-H Camp at Halsey inspire you to design and create an original garment and fabric accessory. Learn new fabric design techniques and how to manipulate a simple pattern to create a unique outfit. 4-H Design Camp will be held Wednesday and Thursday, May 22-23 at the Nebraska State 4-H Camp at Halsey. The \$65 fee includes fabric, dyes, pattern, meals and cabin. Sessions will begin at 9:00 a.m. CDT on Wednesday, May 22. The runway show for camp participants and their families will be held at 3:00 p.m. CDT on Thursday, May 23. Participants must have sewn at least one garment in Clothing Level 1 to be ready to participate in this camp. Camp brochures including registration forms are available from instructors Megan Burda, Fillmore County, mburda2@unl.edu; Jessye Goertz, Custer County, jgoertz1@unl.edu, and Sue Pearman, Central Sandhills Area, spearman2@unl.edu.

Tractor Safety Course

Mark your calendar for the Nebraska Tractor Safety Course to be held for teens wanting to attend classes to learn to drive farm equipment. All youth aged 14 and 15 and working on a farm or ranch other than their own MUST be certified through a Hazardous Occupations Course. Successful completion of the course will allow trained youth to operate a tractor 20 PTO horsepower, or to connect or disconnect an implement or any of its parts to or from a tractor. Cost of course is \$60. Advanced registration is required, please check at the Extension Office for the registration form.

Training Dates & Locations:

- May 23-24 Fairgrounds, Kearney
- May 29-30 Haskell Ag. Lab, Concord
- June 3-4 Farm/Ranch Museum, Gering
- June 6-7 Fairgrounds, Valentine
- June 10-11 Fairgrounds, Osceola
- June 13-14 WCREC, North Platte
- June 17-18 College Park, Grand Island

Training Courses are from 8:00 AM – 5:00 PM each day

Mark Your Calendar

- 2013 PASE and Life Challenge events will be held July 1 - 2 on East Campus in Lincoln.
- Adams County Workshop Week will be held – June 24th – June 29th.

NPower Leadership Conference

The NPower Leadership Conference is the premier leadership development experience for Nebraska's future leaders. NPower has a partnership between 4-H, FFA, FBLA, FCCLA, DECA, SkillsUSA, HOSA, and Nebraska Human Resources Institute to provide a leadership development opportunity for all Nebraska youth leaders entering 6th-12th grades. NPower is all about: Nebraska's youth leaders Networking to INfluence community change and INitiate positive action for the Next generation. The conference will be July 8-10, 2013 or July 11-13, 2013. Youth can pick which 3-day session they wish to attend. The cost is \$150 and registration is available at www.nestudentleadership.org. For more information, call 402-472-2805.

Exhibiting Your School Projects at Fair

Several projects 4-H members are completing at school can also be exhibited at the fair. Examples of these are family heritage books, bug collections, art projects and shop projects. Visit with the Extension Office Staff to make sure you are enrolled in the appropriate 4-H project and make sure you are following the 2013 Adams County Fairbook for your class entries.

Plan Ahead - Premier 4-H Science Award at State Fair

Objective: Recognize 4-H youth static exhibits incorporating or demonstrating concepts from the areas of 4-H Science (science, technology, engineering, or applied math) at the Nebraska State Fair. Exhibits in all curriculum areas will be considered for the award.

Curriculum Areas Targeted: Animal Science, Communications/Expressive Arts, Consumer & Family Sciences, Environmental Education and Earth Science, Healthy Lifestyles, Leadership & Citizenship, Plant Sciences, Science Engineering & Technology (SET).

Exhibit Entry: Youth will identify exhibits to be considered for the Premier 4-H Science Award. They will be entered along with State Fair static entries. The Premier 4-H Science Award Application must be submitted along with a photograph of the exhibit.

Judging: Members of the 4-H Science work-group will serve as judges for the award. A score sheet will be used to judge each exhibit.

Recognition: All projects entered in this class will be recognized with a certificate attached to the original exhibit. Exhibits will be displayed within their original class.

Up to 20 top 4-H Science exhibits will be chosen from all curriculum areas and will receive a \$100 cash award sponsored by the Nebraska 4-H Foundation.



Scholarships Available

Seniors and even some juniors in high school should be looking at scholarships to continue their education. There are numerous agricultural companies, organizations and colleges that offer scholarships to students who have long term career goals in agriculture. There are of course a lot of local and county scholarships and in addition to these you will there are a lot of national scholarships, as well as numerous ag scholarships offered at the state level. Now is the time to put together a good resume – it helps! It also helps to have a good cover letter to include with your application.

- **Scholarships on the Web:**

- <http://brownfieldnews.com/site-map/scholarships/>
- Agricultural Scholarships and can be found at <http://www.agriculturescholarships.us/>
- all kinds of scholarships can be found at: <http://www.nextstudent.com/directory-of-scholarships>

- **CASNR Scholarship** - Any graduating senior planning to attend the University of Nebraska-Lincoln CASNR with an ACT of 26 or higher may be eligible for a \$1,000 scholarship. Contact Ron or Beth for more details.

Rural Youth Loans

As you begin looking for your project for next year, you may want to consider an opportunity that is available to you. The U.S. Department of Agriculture's Farm Service Agency makes operating loans of up to \$5,000 to eligible individuals between the ages of 10-20 to finance income producing, agriculture-related projects. The individual must be participating in 4-H, FFA, or a similar organization. The program must be planned and supervised with the assistance of the organization's supervisor and the individual's parent or guardian. This assistance will help the individual to produce a sufficient income to repay the loan, and provide the youth with practical business and educational experience in agriculture-related skills. The loan funds may be used to purchase livestock, feed, seed, equipment, and supplies for the project. They may also be used to buy, rent, or repair needed tools or equipment. Rural Youth Loans have a maximum loan amount of \$5,000 (total principal balance owed at any one time on the loan) and the term can range from one to seven years. After the loan is made the interest rate will not change for the entire term of the loan. A parental signature is required on the application for the loan, but not on the promissory note or the other documents used to secure the loan. You can contact your local County FSA for more information.

FCS America Project Loans

Farm Credit Services of America will also help students to obtain financing for up to \$2500 for 4-H and FFA production projects that will be repaid within an annual production cycle, including such things as feeder pigs, feeder calves, and feeder lambs. For those of you interested in starting a breeding herd, individual student breeding livestock loans, up to \$10,205, offer future producers first-hand experience in business planning and farm financing. Other types of projects will also be considered. **Scholarships:** They also will be giving scholarships of \$2,000 to qualified college juniors and seniors and will offer \$500 annual scholarships to qualified freshman and sophomore students studying agriculture or ag business at land grant colleges in our area. For more information on this student loan program got

to: <http://www.fcsamerica.com/products/youngbeginningprogram.aspx>



4-H Project Information

Shooting Sports



Calendar for Adams County Shooting Sports Activities:

- Shooting Sports Picnic – April 7th

Upcoming Shooting Sports Contests

- April 6-7 State 4-H Pistol, Seward
- April 13-14 State 4-H BB & Air Rifle, Mitchell
- April 27-28 State 4-H Shotgun, Grand Island
- May 2-4 State High School Trap, Doniphan
- June 8-9 State 4-H Outdoor 3-D Archery, Norfolk

Communications

Photography

The 2013 photography themes are:

- ***Unit II, Class 60 - NEBRASKA PHOTOGRAPHY CAREER EXHIBIT PRINT***

Explore a career as a Nebraska photographer. The goal of an artistic photographer is to portray a unique or interesting image through their work. Capture photos of *Nebraska landscapes* where creative composition is the goal.

- ***Unit III, Class 60 - NEBRASKA PHOTOGRAPHY CAREER EXHIBIT PRINT***

Explore a career as a Nebraska photographer. Portrait photographers specialize in individual or family portraits. Capture photos of *individuals or groups of people* and consider creative locations or props for your photo shoots.



Family and Consumer Science

Clover Challenge & Life Challenge

There is still time to join us! We are looking for interested 4-H'ers, 12-years of age or older, to represent Adams County on the different family and consumer science teams. Please call Julie at the Adams County Extension Office, 402-461-7209 for a practice schedule if you are willing to make a time commitment to the Adams County Challenge teams. The Life Challenge Contest will take place on July 1st - 2nd at UNL, East Campus. You will have a good time while you learn.

Service Project

Want to participate in a 2013 Service Project? We have some ideas for you.

Ideas for Donations: Lap-gahns for Veterans & Cancer patients & Hats for Premature Babies & Cancer patients. Ways to participate:

- 1) Donate some Yarn: the skeins can be partial or full, all weights and types (except those used for Hooking). (Good way to clean out left-over yarn in your craft supplies). We have a retired lady that loves to crochet or knit, has plenty of time and loves to donate these items; her only problem is shortage of yarn. She is willing to share patterns with you via email. 2) Crochet/Knit the items yourself: you will be able to exhibit them at the 2013 County fair as a Service Item before we give them to her to distribute. "I can't Crochet or Knit but would like to learn" contact the Extension Office for assistance in locating a leader to help. For further details contact Gwen by calling 402-461-7209 or via email gwen.rodocker@unl.edu.

4-H Quilts of Valor Challenge

Nebraska 4-H youth, families, and/or volunteers are being asked to participate in a statewide community service effort by creating and donating quilts to the service men and women who are protecting our country and who are “touched by war.” The quilts will be collected and given through the Quilts of Valor Foundation, who has already donated over 36,000 quilts. 4-H members and volunteers can work alone or in groups to make the quilts. In addition to the free fabric donated by national fabric companies, 4-H youth may also choose to contact a Quilt Guild, American Legion, other service organization, or a local quilt shop in his/her community to help provide funds or fabric, batting, or machine-quilting to complete your project. Quilts made with the free Quilts of Valor fabric must be finished and delivered to the Nebraska State Fair in 2013. The Adams County’s group started March 2nd, it’s not too late to join us). For more information contact Julie at the Extension Office 402-461-7209.

Food Review Themes for 2013

- **Fishing sack lunch** – Pack an on-the-go lunch that will be both safe to eat and deliciously satisfying to keep you going throughout a long day of fishing. Get creative and display what your sack lunch site might look like, too!
- **Take me out to the ballgame** – Baseball, America’s pastime, has many traditions, including foods spectators eat while watching. Choose a sport you enjoy playing or watching and prepare a menu of game day foods. Don’t forget to include lots of creativity in your display – the spectators at your Food Review display want to feel like they’re sitting in the bleachers with you.
- **Goldenrod picnic** – Highlight Nebraska’s state flower with your menu and Food Review display. Anything from a festive outdoor feast to formal indoor dining event works. Be creative!
- **MyPlate the international way** – Visit choosemyplate.gov to become more familiar with MyPlate, its key messages and major components. Then, create your own international version of MyPlate (keeping in mind MyPlate’s messages and components) with a menu from a faraway country or culture different from yours.

2013 Food Review is scheduled for July 3rd.

Healthy Lifestyles



Tennis

Lessons are planned for May 28, May 29, May 30, June 4, June 5 & June 6 at the Hastings College outdoor courts. From 7:00 PM to 9:00 PM (the first hour will be for beginners and intermediates and the second hour will be for the advanced.) Parental consent/medical release forms must be signed and returned as well as a \$5.00 fee for lessons only, to the Extension Office by May 11th (this is mandatory). The tournament will be held on Thursday, June 20 at 4 p.m. Tennis Tournament - one does not need to take the tennis lessons to compete at the tournament, but you must have enrolled in the Tennis project by April 15th and have pre-entered with medical release forms into the Extension Office by May 10th. Release forms will be mailed out to 4-H’ers enrolled in the tennis project, late April.

Golf

The 4-H golf program is being planned with practices on June 25th and June 26th beginning at 8 a.m. at Southern Hills Golf Course. The fee is \$5 for non-members and \$1 for members. The tournament (also at Southern Hills Golf Course) will begin at 8 a.m. on June 27th. If you would like to participate, please remember to sign up for the golf project by April 15th. Release forms will be mailed out to 4-H’ers enrolled in the golf project.



Bowling

The bowling tournament is set for Monday, June 17th, with an afternoon and evening session. Just a reminder, you must be enrolled in the bowling project by April 15th to participate in the tournament.

Environmental Ed & Earth Science

Flower Barrel Workshop and Pick-up

Learn the basics of growing eye catching flower barrels at a workshop, **Tuesday, April 23rd, from 7-8 p.m. at the Community Service Building on the Fairgrounds**. The workshop is open to all 4-H'ers interested in planting a barrel for the 2013 County Fair. Flower barrel (container gardening) culture is both fun and rewarding. Learn about soil requirements, design and color, plant selection, fertilization and care of flower barrels. University of Nebraska-Lincoln Master Gardeners will conduct the workshop. The 2013 Theme for the barrels will be "Pulling together". Barrels will be available for pick-up following the workshop. This will be the only time available for pick-up. Please call if you cannot attend so other arrangements may be made. Be sure to sign up to attend this workshop at the UNL Extension Office in Adams County by Friday April 19th.



Special Gardening Project – Reserve Your Seeds

Winter is a good time to start thinking about spring projects. 4-H members will again have a chance to grow an unusual and fun project in their gardens. This year it is focused around the unique **Amethyst Bean**. Amethyst is a fancy purple bean that grows on an upright bush plant. The purple edible pods are thin, straight and are about 5-5½” long. When cooked the beans turn green. Beans should be planted after the last frost free date, usually around the second week of May, and can be planted in containers. 4-H'ers enrolled in the Special Garden Project will:

- Receive seeds for the Amethyst Bean (one ‘packet’ per youth) in early April
- a newsletter about: planting & growing beans, bean problems & insects, exhibiting beans
- 4-H members are able to enter the beans in the horticulture class and other projects in the Special Garden Project Class at County Fair and State Fair.
 - Fresh Amethyst Beans should be entered in the Snap Beans Class G-773-202
 - ****NEW** for 2013 – State Fair Special Garden Project Class G-775-001**

Youth must be enrolled in the Amethyst Bean 2013 Special Garden Project to exhibit. Educational exhibit based on what was learned from the project. Present information on a poster 14” X 22” or in a clear plastic report cover. Fresh cut flowers or harvested vegetables should be entered in the appropriate class. The 4-H member’s name, age, full address, and county must be on the back of the poster or report cover.

We have **ordered a limited number** of seed packets. The **cost is \$1.00 per family packet**. If interested in the project, please contact the Adams County Extension Office at (402) 461-7209. **Please note:** that in Adams County you will still need to enroll in one of the regular horticulture projects to participate in this activity.

Tree Planting

The UNL Master Gardeners in Adams County invite 4-H'ers to help plant trees in Highland Park, just south of the Hastings Museum. The tree planting event is scheduled for Saturday, May 11th starting at 8:00 a.m. The trees that are being planted are a part of the Hastings Highland Park Arboretum project. The arboretum is designed to provide a location for people to learn about trees and gardens. This activity will provide 4-H'ers an opportunity to learn more about trees and will provide a great service to the community.

Tree and Horticulture Identification Contest

Sharon Maul from Central Community College will be teaching tree and horticulture identification again this year. You will be able to impress your family and friends with your plant knowledge after participating in the program. Practice sessions will be held Tuesday May 28, Thursday May 30, and Tuesday June 4. The contest will be held on Thursday, June 6th. All sessions and the contest will begin at 9:00 am and will be held in the Webster Building on the Central Community College Campus.

Attention: All 4-H Exhibitors enrolled in Floriculture, House Plants, and Garden Projects

Read the rules for exhibiting long before the fair arrives. You will find that the rules require you to include the cultivar or variety name on your entry card. If you do not include the cultivar or variety name, your entry is dropped one ribbon placing. What is the cultivar or variety name and where do you find it?

When you go to purchase your seeds and/or plants, the seed packet or container has a name on it. Example: Tomato. There are hundreds of different cultivars or varieties of tomatoes. You need to look closely at the seed packet or plant container to see which variety or cultivar you have purchased: Beefsteak, Brandywine, Early Girl, Park's Whopper, Celebrity, etc.

Cucumber—Burpless Beauty, Straight 8, Sweet Success, etc.

Green Beans—Tenderpick, Blue Lake, Big Kahuna, Burpee's Stringless Green Pod, etc.

Zinnia—State Fair Mix, Purple Prince, Jazzy Mix, Cut & Come Again, Double Fire, etc.

Apples—Granny Smith, Red Delicious, Gala, Yellow Delicious, Jonathan, etc.

Oriental Lilies—Bonbini, Casa Blanca, Golden Star Gazer, Tiger Edition, etc.

You will notice that variety and cultivar names are usually English words. If the seed packet or plant container does not include the variety or cultivar name, do not purchase it. (It is rare that this information is absent.)

HINT: Save seed packets and plant container markers.

Ensure that you enter your project in the correct class and then add the variety or cultivar name.

ALERT ALERT ALERT ALERT ALERT ALERT

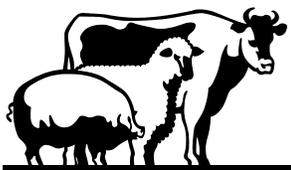
There is no longer a weight limit for container-grown houseplants, hanging baskets, dish gardens, desert gardens, and terrariums. The current rule states that container-grown plants must be in containers no greater than 12 inches in diameter (inside opening measurement).

Crops Webpage for Youth

The objective of this webpage is to provide a one spot stop with crop production information, some of it specific for Nebraska and some general crop information that can be used for a variety of locations. The webpage is divided into four main sections: crop and plant science facts, activities for youth, 4-H & FFA projects, and teaching activities & resources. "Crop and plant science facts" provides a short summary of crop statistics and other fun facts. "Activities for youth" has some fun crossword puzzles, word searches and other interactive activities for youth to participate. The 4-H and FFA project page has some of the opportunities available through 4-H and FFA such as Crop Science Investigation workshop series and other events related to crops. Finally, the "Teaching Activities and Resources" page currently has nine lessons available for anyone to download and teach hands-on activities to any age group. Check it out at <http://cropwatch.unl.edu/youth>

Project WILD and Growing Up WILD Workshops

Project WILD is a national program designed to help educators teach about habitats, ecosystems, adaptations, biodiversity, cultural perspectives, human impacts on the environment, and wildlife management. In addition, Project WILD teaches basic observation skills, problem-solving and decision making skills. This interdisciplinary program teaches learners "how to think, not what to think!" All activities utilize a hands-on approach and asks students to be engaged in their learning. Activities are geared to students in kindergarten through 12th grades. Growing Up WILD is an early childhood education program that builds on children's sense of wonder about nature. This program invites children to explore wildlife and the world around them through a wide range of fun and engaging activities and experiences. Growing Up WILD provides an early foundation for developing positive attitudes and behaviors about nature and life-long social and academic skills. Activities are designed for children ages 3-7 years old. Project guides for Project WILD and Growing Up WILD are available through attending a workshop. A list of upcoming workshops, led by the Nebraska Game and Parks, can be found at <http://outdoornebraska.ne.gov/wildlife/programs/projectwild/workshops.asp>



Livestock

First Year Bucket Calf Reminder

Just a reminder for those of you ages 8-12 who are thinking of enrolling in the 1st year bucket calf project, your calves must be born between January 1st and April 15th, owned by you and tagged by April 15th. ID sheets are not due until June 1st, but this is just a reminder of the required birth, ownership and tagging date of April 15th.

Second Year Bucket Calf

Reminder! To show at the Adams County Fair you must be enrolled in **2nd Year Bucket Calf project**. Remember that 2nd year bucket calf must have been shown as a First Year Bucket Calf. This project follows the Identification and Deadlines of regular beef projects.

Market Broilers

Adams County will once again be ordering all of our counties market broilers together. The deadline for ordering Market Broilers is April 15th and must be paid for when ordering. They must be **ordered in lots of 6 and cost \$1.75 per bird**. The birds should arrive sometime the first full week of June. If you miss this ordering deadline you will not be able to exhibit market broilers at the fair this year.



Attention: 2013 Sheep & Goat Weigh Day

- Sheep & Goat Weigh Day – Friday, May 10th from 5:30 p.m. to 7:00 p.m. Please note this is the only time that DNA will be taken for Nebraska State Fair and Ak-Sar-Ben.

Stocker Feeder & Swine ID's Due

The Stocker Feeder & Swine ID's are due on Friday, May 31st. Anyone interested in showing Swine at the Nebraska State Fair or Ak-Sar-Ben and Stocker Feeders at Ak-Sar-Ben must contact Beth to find a day and time for her to come out and take DNA samples before May 28th.

Quality Assurance

Quality Assurance is required for all youth showing Beef, Sheep, Swine, Goats, Dairy, Rabbits and Poultry. Again this year, we will be using the on-line module course! Youth are required to complete 3 modules in their appropriate age division by June 15, 2013. Each youth is required to have their **OWN** email address to participate in the on-line module course. You are to use the same user name and password that you used in 2012 for 2013. For youth ages 8 to 10 who prefer a face to face training, we will hold one training on Wednesday, May 1st starting at 7:00 p.m. Please pre-register if you plan on attending the face to face training. Please look at the last page of the newsletter for step by step instructions for use of the modules.

Animal Science Series

Are you interested in learning more about livestock animals? Then attend the Animal Science Series! This is for any **youth that is 12 to 18 years old** and has an interest in beef, goats, poultry, sheep, and swine. You do not have to show an animal to be a part of the series. Youth have the option of participating in Premier Animal Science Events (PASE) on July 1st and 2nd in Lincoln, NE. Our meeting dates are Sunday, April 7 at 3:00 p.m. and Sunday, April 28th at 5:30 p.m. in the **Assembly Room** of the Adams County Office Building. We would love to have you join!

American Society Of Animal Science's Junior Member Magazine

The American Society of Animal Sciences is launching a new magazine for Junior members. It is for elementary and middle school students to learn more about animal science and the careers available to them. For more information please visit their website at <http://takingstock.asas.org/?p=5323>. You can also contact Alli Raymond, Admissions Coordinator Animal Science Department, UNL, PO BOX 830908, Animal Science Building, Lincoln, NE 68583 or at 402-472-0204.

Adams County 4-H Carcass Contest

The carcass contest is a project where youth may enter a beef, sheep, and/or swine to understand the cycle of livestock production. The contest consists of three parts: the carcass, the interview, and the record book. To successfully participate in the contest, all three segments must be fulfilled. Below are important dates for you to know about if thinking of taking this project.

- Sheep/Swine: July 8th – Drop Off (a.m.) July 9th – Viewing (p.m.)
- Beef: July 9th – Drop Off (a.m.) July 11th – Viewing (p.m.)
- ALL SPECIES: July 16th – Record books due by 8 p.m. July 20th – Interviews (afternoon)



Horse Show Dates

2013 District Horse Show Dates & Locations

June 11 – Chadron

June 12 – McCook

June 13 – Lexington

June 14 – Beatrice

June 18 – O'Neill

June 19 – West Point

The 2013 Fonner Park State 4-H Horse Show will be July 15-18.

District & State Horse Show Entry Forms Due

All youth wanting to participate in District and State Horses must complete, pay, and turn in entry forms by Friday, May 10, 2013 by 5:00 p.m. to the Adams County Extension Office. No late forms will be accepted based on State 4-H Rules.

Dog

Dog Obedience Classes

Dog Program Obedience classes, offered by Adams County Extension, continue to be held each Monday evening at 7:00 pm at the Adams County Fairgrounds in the west end of the Activities building. 4-H'ers can still participate as long as they have 1) Enrolled in 4-H and in the dog project, 2)

Vaccination record form completed and turned into the Extension Office and 3) \$10.00 class fee paid to the Extension Office before attending any class.



Clover Kids Dog Class

A Clover Kids dog class will again be conducted at the county fair dog show. In order to participate, Clover Kids must have signed-up for 4-H, must have registered for the 4-H dog classes, and participate in at least four sessions. The sessions will start on May 13th at 6:30 p.m.

Nebraska 4-H Dog Expo

The Nebraska 4-H Dog Expo will be held at the Adams County Fairgrounds in Hastings on **April 19 and 20, 2013**. The schedule will include competitions, demonstrations, education clinics, and fun. The competitions will include obedience, showmanship, and agility. The program will begin with fun activities on Friday evening and continue on Saturday with the competitions and demonstrations. **Registrations are due by April 12th** and can be completed on the internet by using the following link:

<http://animalscience.unl.edu/web/anisci/ANSCEExtensionCompAnimalsDogCanineCompanionsExpo> .

Registrations received by April 5th will receive a discount. Please plan to attend so we can once again have good local representation.

Cat Workshop –Friday, May 24th

Do you want to learn more about cat care and improve your 4-H cat showing skills? UNL Extension is holding a 4-H Cat workshop that covers basic care, health, feeding/nutrition, and showing your cat for 4-H on Friday, March 24th starting at 1:30 p.m. in the Assembly Room at the Adams County Office Building (Located 300 N. St. Joseph Ave, Hastings NE). A \$5.00 registration fee must be received when registering. Please register by mailing in registration form (located at adams.unl.edu), stopping by or calling the Adams County Extension Office at (402)461-7209. We hope to see you there!

2013 4-H Council

Todd Lay – Pres.	Jerry Allen – V.Pres.	Wryan Wright – Sec.	Twila Bankson – Tres.
Shannon Frink	Brett Mohling	JR LEADER REPS:	Doug Nienhueser – Chamber
Scott Hinrichs	Noel Nienhueser	Kayla Hurd	of Commerce Rep
Tammy Johnson	Rebecca Owen	Carli Johnson	Julie Ochsner – Ag Society
Bryce Katzberg	Ange Shipman	Morgan Stromer	Rep

Please take time to THANK these above individuals for their hard work and dedication to the Adams County 4-H Program!!!

Adams County Extension Office
300 North St. Joseph Ave, Room 103
Hastings, NE 68901
Phone: (402) 461-7209
Fax: (402) 461-7210
Web: <http://www.adams.unl.edu/>
E-mail: adams-county@unl.edu

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Julie Ochsner - julie.ochsner@unl.edu
Don Siffring - don.siffring@unl.edu
Rena Brummund - renae.brummund@unl.edu
Gwen Rodocker – gwen.rodocker@unl.edu
Courtney Ulmer - courtney.ulmer@unl.edu



Livestock Quality Assurance Moodle Course

The Livestock QA Team is proud to introduce a new online version available to Nebraska 4-Her's to complete their Livestock Quality Assurance Requirement. Livestock Quality Assurance is a self-directed course designed for youth ages 8-18. Participants will learn about good production practices and producing quality food products from taking this course.

The course has been divided into three levels, Junior (4-H Youth Ages 8-10), Intermediate (4-H Youth Ages 11-14), and Senior (4-H Youth Ages 15-18). Each year youth will be required to complete three modules within their age level.

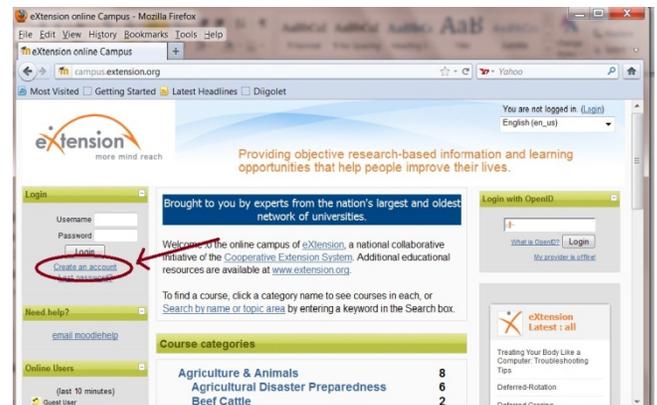
Requirements:

Internet access

Email address (each 4-Her will need their own unique email address to register)

How to Register:

1. Login at <http://campus.extension.org>
2. Click "Create an Account" (See picture).
3. Complete the online form and click the "Create My New Account" button at the bottom of the page.
4. Check your email account for a confirmation email from **eXtension Moodle Help Desk**.
5. Open the email and click on the link provided to confirm your account.
6. A web page will open indicating that "Your registration has been confirmed", click the "Courses" button.
7. Scroll down to the bottom of the course page, and enter "Livestock Quality Assurance" in the Search Courses text box.
8. Click the "Livestock Quality Assurance" link in the left hand column to enroll in the course.
9. Click "Yes" to confirm your enrollment.



I'm Registered, how do I find the Livestock Quality Assurance Course again after today:

1. Go to <http://campus.extension.org>
2. Login in the upper left hand corner with your login and password.
3. The first time you log back into the system, you will need to update your profile.
 - a. Click "Update profile" in the upper left hand corner under your picture (or the smiley face).
 - b. Click "Show Advanced" under the Optional section
 - c. In the ID number put your county code (3-letters) and you exhibitor number found in ACCESS (provided by your local extension office) (i.e. PAW1234567)
 - d. In the Institution/State put "Nebraska"
 - e. In the Department/County put your county name (i.e. Pawnee)
 - f. Under the Demographics section, please complete State and County information.
4. If you are registered for other classes as well, click the "Livestock Quality Assurance" link located under "My Courses" at the bottom of the page.

FAQ:

Q – I don't have an email account.

A – You may register for a free email account from any of the following providers:

- Gmail <http://mail.google.com>; Hotmail <http://www.hotmail.com>; iCloud <http://www.icloud.com> (Apple/Mac users)

Q - Can youth use a parent's email address?

A – Yes, but each child in the family would need to have an email address unique to them. Also, if parents want to sign in to this course, they will need an email address to use, separate from the one they might use for a youth.

Q – Will youth be able to use the same Quality Assurance login and password throughout their 4-H career?

A – Yes. It is also important for youth to retain this information, as county staff will not be able to retrieve this information for them.

Q – What if the youth forget their eXtension password?

A – The QA team does not have the abilities to reset it, it is important that they change it or save it so they will have access to it at a later date.

Q – Who has to take 4-H Quality Assurance?

A – All youth showing livestock must complete Livestock Quality Assurance (Beef, Dairy Cattle, Sheep, Swine, Rabbit, Poultry, Meat Goat, and Dairy Goat).

Q – What is the youth assent form? And do I need to complete it?

A – It is a way for us to learn more about you, find out what you liked and did not like. This will help us make changes to this program to make it better in future years. We would appreciate it if you would complete this once you have completed at least three modules for the year.

Q – How is age in this course figured?

A – It is based on their 4-H age (age as of January 1 of the current year).

Q – Is the online course the only way to complete QA this year?

A – No, you can either test out (does not apply to Junior age 4-H members) at your local Extension Office or you can visit with your Extension office about alternative QA options.

Q – How many modules must be completed this year?

A – You will need to complete three modules at your age level each year to officially complete your Quality Assurance requirement.

Q – Can youth choose which modules to complete each year?

A – Yes, they can pick and choose as long as they choose three new modules each year.

Q – Can the youth complete all of the modules in one year and be done?

A – Eventually – yes. At this time there are not enough modules completed, but the QA team is working toward making enough so that the youth could work and complete all of them in one year.

Q – When the youth finish all of the modules for their age group would they be done until the next age group?

A – Yes, but this year there are not enough modules. This is something we are working towards.

Q – Would the youth complete the same module next year?

A – No, each year they would complete 3 different modules, never repeating one.

Q – Can junior 4-H members complete more than one of the parts of the animal modules?

A – Yes, they can complete two, and will have to choose one other module in addition to complete the required three modules.

Q – How long will it take to complete three modules?

A – Each module is approximately 5-10 minutes. By the time the content is reviewed, quizzes are taken, and certificates are printed, it should be approximately 1 hour, give or take depending on the youth.

Q – How are different knowledge retention levels acknowledged?

A – The knowledge is building on what was learned previously. Similar concepts may be learned across all age groups, but the youth will see new material each year.

Q – What if I don't have access to a computer with internet?

A – Contact your local Extension Office, Library, or other location that would let you come and complete the course online. We are looking at several methods of delivering this material to remote locations, but at this time the online format should be used.

Q – I'm completing the course at a computer that doesn't have a printer, what do I do?

A – The best option would be to open the Livestock Quality Assurance Moodle course at another computer, print the certificate, and take the certificate to your county extension office. However, if this option is not available to you, your county will receive a spreadsheet of all youth completing the Livestock Quality Assurance modules.

Q – Are the activities mandatory this year?

A – No, these will be done at the discretion of the person who teaches QA in your county. Activities would also be a great club activity, contact your local Extension Office to get a list of activities available.

Q – I went through the materials for one of the modules listed within my age level, now what?

A – The quiz associated with these materials will be listed directly under the module title. Complete the quiz. Once you pass the quiz with an 80% or better, then go to the certificate associated with that section and either print it off or email it to yourself or your extension office.

Q – I didn't pass my quiz, now what?

A – This year you have an unlimited number of attempts to pass each module quiz. However, if you do not pass the quiz after the second attempt we strongly suggest you review the content of the module again before returning to attempt the quizzes.

Q – What does the passing score need to be?

A – For the online modules it needs to be 80%; for the test out tests it will remain at 70% at this time.

Q – How do I receive credit for the modules I have passed?

A – Once you have passed a module quiz with an 80% or higher, you will be able to open the certificate associated with that module. Please print this certificate and present it to your local county extension office BEFORE June 15th of the year you would like to receive credit.

Q – I'm interested in learning more about my livestock project by taking additional courses.

A – Click the "All courses" link at the bottom of your "My courses" section, browse under the "Agriculture & Animals" title.

Q – I'm interested in learning more about my other 4-H project areas by taking additional courses.

A – Click the "All courses" link at the bottom of your "My courses" section, click the "4-H & Youth" link listed under the "Home & Family" section title.

Q – I'm a 4-H Livestock Leader; can I register for the course?

A – Yes!!! We would greatly appreciate our livestock leaders registering for the course. Please review the section on the other side regarding editing your profile and use the word "Leader" in place of the county ID number (IE PAWLeader).

Q – Do Clover Kids have to take this test?

A – No, but they are welcome to create a profile and check out the junior section.

Q – Do the questions change for each attempt?

A – The questions are pulled from a bank of questions. At each quiz attempt the order of questions changes and the possible answer choices change (unless it says all of the above, and in that case that remains in a specific order).

Q – Will youth be able to see what questions they have missed?

A – No not at this time since the number of opportunities to take the quiz are unlimited.

Q – Will FFA Chapters be able to use this online program?

A – Yes, they will need to indicate in the exhibitor ID that they are FFA (ie PAWFFA).

Q – If a club wanted to meet and go through the new QA at one time what are the recommendations?

A – That would be great. Meet at a location like a library, school, or computer lab. Each youth will need access to a computer. You could have them work individually and be the site monitor to help answer any questions that might arise.

Q – Will the county receive a certificate for each quiz?

A – Yes, when the youth complete a quiz they should either print or email a copy of the certificate to their local extension office, so the extension office can keep track of who has completed the training. The extension office should keep all of the certificates on file for the year.

Q – Why won't my certificate print?

A – Only quizzes that have been passed with a score of 80% or better will print. If it will not print, make sure you have passed the quiz.

Q – Will extension office staff be able to log on and check the progress of the youth?

A – No. The youth will NEED to make sure their local extension office has a copy of their certificates. Each office will receive a monthly report on who has completed the training, but encourage the youth in each county to get the certificates to your office.

Q- Are the quiz questions appropriate for senior 4-H members that may be first year project members?

A – Yes, by listening/reading the module content, the youth should be able to pass the quizzes.

Q – Are the youth required to view the modules before they take the quizzes?

A – No, but they may have a difficult time passing the quiz without reviewing the module content.

Q – In this format can an 11 year old can test out as an Intermediate?

A – Yes, but some of them may not have the knowledge and/or experience to do so. Encourage them to take the online modules until they gain more confidence and knowledge.

Q – Are test out tests only available pen/paper method?

A – Yes at this time. The QA team plans to rework these tests and make them available online eventually also.

Q – What ages can test out?

A – Intermediate and senior 4-H members

Q – If a youth had tested out previously, do they have to complete this training?

A – Not unless they tested out as an intermediate, they would then need to come and test out again as a senior 4-H member, or take the online modules. If they tested out as a senior 4-H member then they are done until the end of their 4-H career.

Q – How do youth get access to their ID number?

A – These numbers are generated in ACCESS. Your extension office will need to make these numbers available to the youth. This can be done by distributing them to club leaders, including them in a newsletter or direct mailing, or email listserv.

Q – What happens if the youth do not enter an exhibitor number or details about their county in the “my profile” section (as described on the front of this handout)?

A – This is the only way we can sort the youth by county. If they are only entered by their name the QA team has no way to identify which county they belong to. Each individual county office would then have to sort through these names and find the ones that belong to them, which can be very tedious – so encourage the youth to enter ID number and county.

Q – I saw a typo or other error in the QA module, who should I contact?

A – Make a detailed list of any error/typo you may have seen, have your local extension office email it to Lindsay Chichester at lichichester2@unl.edu.

Q – Who can I contact if I have questions about Livestock Quality Assurance?

A – You may contact Lindsay Chichester at lichichester2@unl.edu, Karna Dam at kdam2@unl.edu, or Deb Weitzenkamp at dweitzenkamp2@unl.edu.

4-H Calendar

April

- April 1 4-H Council Meeting – 7:00PM @ Assembly Room
- April 4 Extension Board Meeting – 7:00PM @ Assembly Room
- April 7 Shooting Sports Picnic – 5:00PM @ Fairgrounds
- April 9 Ag Society Meeting – 7:30PM @ Fairgrounds
- April 15 4-H Enrollment Deadline Day by 5:00PM @ Extension Office or Online by 11:59PM
- April 15 Bucket Calf Tags & Market Broilers Orders due by 5:00PM @ Extension Office
- April 20 Nebraska 4-H Dog Expo in Hastings
- April 23 Flower Barrel Workshop – 7:00PM @ Fairgrounds
- April 25 New to 4-H Orientation – 6:30PM @ Assembly Room
- April 26 Extension Office Closed
- April 27 West Central District Speech Contest

May

- May 2 Extension Board Meeting – 7:00PM @ Assembly Room
- May 6 4-H Council Meeting – 7:00PM @ Assembly Room
- May 8 – 19 Tractor Supply Spring Paper Clover Promo
- May 10 Horse Entries Due by 5:00PM @ Extension Office
- May 10 Tennis & Golf Forms Due by 5:00PM @ Extension Office
- May 10 Sheep & Goat Weigh Day – 5:30PM to 7:00PM @ Fairgrounds
- May 14 Ag Society Meeting – 7:30 PM @ Fairgrounds
- May 18 Shopping in Style Workshop – 9:00AM @ Assembly Room
- May 24 Cat Workshop – 1:30PM @ Assembly Room
- May 28 – June 9 CWF Conference
- May 31 Livestock ID's & Bowling Contest Registration Due by 5:00PM @ Extension Office

Please Check the Adams County Web site at <http://www.adams.unl.edu/> for current calendar information.

Not just for 4-H Members!

The community is invited to participate in the...



Saturday, April 20, 2013 - 8 A.M.

Phelps County Ag Center

5K, 2K, 2 Mile Walk, 1 Mile Run (10 & under)

1308 2nd Street, Holdrege, NE

\$20 pre-registration by April 3 gets a T-shirt

Registration forms online at www.phelps.unl.edu

\$25 day of race with registration beginning at 7:30 a.m.

Homemade pie & Refreshments following races

For info: University of Nebraska – Lincoln Extension – Phelps Co.

308.995.4222 or kristin.prill@unl.edu



Calling on all teens to show us your plan on how to tackle health challenges in your family, school or community. Submit a 90-second video or vote on your favorite.

\$1,000 GRAND PRIZE

BE FEATURED IN A NATIONAL VIDEO | \$2,500 FOR YOUR YOUTH PROGRAM OR CLASSROOM

PLUS, THE TOP-5 FINALISTS WIN
\$500 CASH

Videos must be submitted by May 3 to be eligible. Voting on the top-5 videos is open to the public May 3–May 17. The winner will be announced on May 17!

CLICK HERE> to view submitted videos on Facebook.com/4-H or visit 4-H.org/videochallenge for more information.

To view the Official Rules visit Facebook.com/4H and click on “Rules”