



MARCH 2016

Adams County 4-H Newsletter

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March

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| March 3 | Extension Board Meeting |
| March 5 | Beef Weigh Day |
| March 7 | 4-H Council Meeting |
| March 7 | Dog Obedience Organizational Meeting |
| March 8 | Ag Society Meeting |
| March 13 | Speech, PSA & Performing Arts Contest |
| March 13 | Face to Face Quality Assurance Training |
| March 14 | Dog Classes Start |
| March 20 | 4-Hers Against Hunger |
| March 20 | CWExperience meeting |
| March 20 | Fashion Board Meeting |
| March 26 | Quilts of Valor Workshop |

Speech, PSA, & Performing Arts Contest

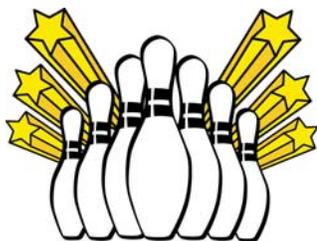
If your love is public speaking or entertaining an audience this contest is for you! Now is the time to start gearing up for this contest. You can register until March 7th and the contest is on March 13th at 1:30 p.m.

Classes available are:

- Speech for Jr. Int. Sr.
- PSA for Jr. Int. Sr.
- The state theme for the 2016 Public Service Announcement is "**4-H Grows Confidence. . .**" Tag Line is: "**Learn more about Nebraska Extension 4-H Youth Development Program at 4h.unl.edu.**" The tag line is included in the 60 second time limit. The tagline Know How, Know Now should not be used.
- Performing Arts – Drill or Dance Routine (Individual or Group), Song Group, Combo or Band, Individual Vocal, Individual Instrumental, Whole Club Performance, Duet – Vocal, Duet – Instrumental, Other: such as one-act plays, musical performances, pantomimes etc.



"NEW" Bowling League Starting



If you have a passion for bowling or just want to learn more about this "Lifetime Sport" consider joining the new 4-H bowling league. What do you need to do to participate?

- Sign up for the 4-H Bowling Project by April 15th.
- Pre-Register at the Extension Office by April 1st.
- Bowling League meeting will be at Pastime Lanes at 7:00 p.m. on April 19.
- Bowling fees will be paid to Pastime Lanes each time you participate in the league bowling classes.

4-Hers Against Hunger

Join us by helping pack food for Kids Against Hunger on Sunday, March 20th, from 1:30 – 3:30 p.m. at the old middle school. This is a great community service project for our 4-H youth, families and clubs. Sponsored by Kids Against Hunger & Adams County Jr. Leaders. We hope to see you all there!

ENROLLMENT DEADLINE – APRIL 15!!!

The 2016 4-H enrollment is fast approaching. Please enroll using the 4-H OnLine program following the instructions you received in your information packets – mailed out mid February. There are a variety of 4-H projects; therefore, you can make your 4-H experience unique. One way to make projects more fun is to find a friend, even if they are not in 4-H, and get them to sign up and do the same projects together. Remember this information is time sensitive with enrollments due on April 15, 2016. Just a reminder that projects can be added to previously filled out enrollment forms (including Shooting Sports participants) until April 15th.

Enroll Today!

Youth can start enrolling in 4-H by going to <https://ne.4honline.com> and sign in by using the email address that you used to create your account last year. If you can't remember your password select the option "I forgot my password." If brand new to 4-H, go to <https://ne.4honline.com> and select "I need to set up a profile." There is an enrollment fee of \$5 please pay this when enrolling by cash or check to the Adams County Extension Office. The enrollment will not be complete until the Extension Office has received the enrollment fee and the online enrollment has been submitted. Step-by-step instructions for enrolling can be found on our website. If you have any problems or questions, please call Gwen or Twila at 402-461-7209.

Leader & Volunteer Forms

This year leader and volunteer enrollment will be done online. Please go to <https://ne.4honline.com>. If you already have a family account, please use that email address when signing in. If you/family are brand new to 4-H in 2016, please select "I need to set up a profile." If you need assistance in completing your enrollment please contact the office.

Congratulations

Nebraska Cattlemen's Classic Judging Results:

- Adams County Junior team consisting of Kieren Feeney, Blake Frink, Chance Mignery and Mikeayla Samuelson placed 5th overall out of 20 teams and 2nd in placings without questions.
- Individual results: Kieren Feeney placed 3rd overall and 2nd in placings without questions and Blake Frink tied for 10th overall.

Leaders & Parents Corner



Junior Leader News

The Adams County 4-H Junior Leaders will meet on Sunday, March 20th, from 1:30 – 3:30 p.m. at the old middle school to do Kids Against Hunger. Anyone is welcome to join the Junior Leader's Club that is 13 years old or older by January 1, 2016. You must be an active member of the Adams County 4-H program by being a member of an organized 4-H club or an Independent member. Junior Leaders do a lot of fun, learning and leadership activities. Some of the activities the club does are: pancake feed and food booth at the county fair, helping with Leader's Banquet, along with helping members and younger 4-H'ers with 4-H projects and being positive role model for younger 4-H'ers. Bring a friend and make new friends. Also you are eligible to earn a scholarship. If you have any questions, please contact Marilyn Shaw (402-756-6636) or the Adams County Extension Office (402-461-7209).

4-H Council Information

February 4-H Council Happenings:

- Livestock Action items
- FFA
- March Beef Weigh Day

March 4-H Council Agenda Items:

- Council Representatives
- Bowling League
- FFA Static Exhibits

4-H Leader Training

Get a head start on making 2016 a successful year by attending the **Leaders Training on Tuesday, April 5 at 7:00 p.m.** in the **Assembly Room of the Adams County Office Building** (located at 300 N. St. Joseph, Hastings, NE). This is a mandatory meeting for organizational leaders, optional meeting for parents, guardians, or volunteers who want to be in the 4-H loop and gain tips and ideas for having an outstanding year. You will walk away policies and practices along with knowing dates and deadlines ensuring you to be prepared and excited for 4-H! **Please register** by contacting the Adams County Extension Office at (402) 461-7209 by April 1st.

SAVE THE DATES!

2016 Adams County Fairfest Dates

Its official! The 2016 Adams County Fair is **July 20 to July 24**. Static Exhibits will be entered Monday, July 18th and Livestock check-in the evening of Tuesday, July 19th. Livestock Auction will be Monday, July 25th. Livestock show schedule will be the same as last year.

Help Nebraska 4-H Youth Attend National 4-H Congress

National 4-H Congress is a pinnacle, life-changing event for the approximately 25 Nebraska 4-H youth participants who attend each year. Hundreds of Nebraska youth from across the state have attended this special event. Let's continue this strong Nebraska 4-H tradition! The Nebraska 4-H Foundation is introducing an online fund generation campaign, featured at <http://ne4hfoundation.org/support-4h>, to support the Nebraska delegation who will be attending the 2016 National 4-H Congress. Photos of previous delegations throughout the decades will be shared through social media, so be sure to follow the Nebraska 4-H Foundation Facebook and Twitter pages at <https://www.facebook.com/NE4HFoundation> and at <https://twitter.com/Ne4HFdn>. Whether you yourself attended National 4-H Congress, or have had a child, relative, or friend attend, every dollar has a positive impact on the lives and future of Nebraska youth. So please consider a gift – of any amount – to ensure that the 140,000 youth Nebraskans in 4-H become the leaders and citizens we all want them to be.

Youth Information

Recruiting youth for 2016 & 2019 Citizenship Washington Trip

Youth who are 15 to 18 years old in the years of 2016 & 2019 are invited and welcomed to sign up for a trip of a lifetime! Youth will experience the cities of Chicago, New York City, Washington D.C. and more. If you are interested in attending any future conferences, please contact NE Extension in Adams County at (402)461-7209. It is never too early to sign up. **Meeting have been scheduled for the 2016 trip attendees the March meeting is the 20th at 3:30 p.m. in the Assembly Room.**

TSC Paper Clovers

Tractor Supply is one of our key partners! Twice a year, they hold a Paper Clover drive to where all of the proceeds get put back into local 4-H clubs. Paper clovers are sold for \$1 each at each of the Tractor Supply Stores. Help spread the word about 4-H and answer questions from the customers who buy paper clovers, we like to have a few 4-H'ers at the store during the clover drive. The dates for this Spring are April 13-24. We are looking for some 4-H'ers who are interested in staffing the paper clover booth at Tractor Supply in Hastings at some point during those dates. This could be for a 1-2 hour shift. You can bring some of your projects to display or create a 4-H display board so that you can share your 4-H experiences with customers as they come into Tractor Supply. If you are interested in helping out at this event on any of those days, please contact Julie at 402-461-7209 or julie.ochsner@unl.edu.

Scholarships Available

Seniors and even some juniors in high school should be looking at scholarships to continue their education. There are numerous agricultural companies, organizations and colleges that offer scholarships to students who have long term career goals in agriculture. Now is the time to put together a good resume – it helps! It also helps to have a good cover letter to include with your application.

- ***Scholarships on the Web:***
 - <http://brownfieldagnews.com/site-map/scholarships/>
 - Agricultural Scholarships and can be found at <http://www.agriculturescholarships.us/>
 - all kinds of scholarships can be found at: <http://www.nextstudent.com/directory-of-scholarships>
- ***Scholarship Quest*** - High school seniors looking for another great resource which contains over 2000 scholarships applications. Please go to the following link to see which scholarships are available: <https://www.educationquest.org/resources/scholarshipquest/>
- ***Nebraska 4-H Scholarships*** -- there are several statewide Nebraska 4-H scholarships. Go to www.ne4hfoundation.org/scholarships.htm for a list and more information. Deadline is March 1.
- ***NACEB Scholarship*** – Nebraska Association of County Extension Boards Scholarship Program Application is available at the Extension Office, Due by March 15.
- ***Adams County Fairfest Foundation*** – Stop by the Extension Office or the Fairgrounds Office to pick up the application.
- ***Hastings Chamber of Commerce Ag Scholarship*** - Deadline March 18
<http://www.hastingschamber.com/about-the-chamber/scholarships.html?ref=head>
- ***Adams County 4-H Council*** – Two \$500 scholarships for Seniors pursuing a 2 or 4 year degree. Please contact the Extension Office to receive a form. Due April 1st.
- ***FCE Scholarship*** – Stop by the Extension Office to pick up this application.
- ***CASNR Scholarship*** - Any graduating senior planning to attend the University of Nebraska-Lincoln CASNR with an ACT of 26 or higher may be eligible for a \$1,000 scholarship. Contact Ron or Steve for more details.

4-H Summer Camps & Trips

The summer programs offered at both of our 4-H camping locations as well as out destination camps provide all youth a place to discover, learn and grow. Camps are open to anyone ages 5 - 18 years old. The 2016 Summer Camp schedules and registration can be found on the website at <http://4h.unl.edu/4hsummercamp>. Camps are open to anyone ages 5 - 18 years old. Register before April 15 and you will receive a 10% Early Bird Discount. Stop by the office and pick up your 2016 4-H Summer Camps & Trips Brochure.

Big Red Camps

The 2016 Big Red Summer Academic Camps, to be held **June 5 - 10, 2016**, are only four months away! New camps for 2016 include Computing, Weather & Climate Science, Veterinary Science, Filmmaking, Engineering, Culinary Arts & Food Science, Outdoor Nebraska, & Unicameral Youth Legislature. Visit bigredcamps.unl.edu for more information.

Nebraska Agricultural Youth Institute 2016

NAYI is July 11 - 15 for high school juniors and seniors to learn about career opportunities within agriculture. There will be engaging speakers, workshops and panels, leadership experience, networking with peers and industry leaders, fun and new friends. Apply online at www.nda.nebraska.gov/nayi. Deadline is April 15, 2016.

Project Information

Shooting Sports



Calendar for Adams County Shooting Sports Activities:

- Shotgun Starts – March 5th
- March 19-20 State 4-H Air Pistol Championships (Broken Bow)
- April 2-3 State 4-H BB Gun & Air Rifle Championships (Wayne)
- April 23-24 State 4-H Clay Target Championships (Grand Island)
- Shooting Sports Picnic – April 24th
- June 4 & 5 Nebraska State 4-H Outdoor Archery Tournament and Nebraska State High School Bowhunter 3D Shoot (Grand Island)

For more information on how to pre-register for the events listed above, contact the Extension office or Registration information and entry forms can be found at - <http://4h.unl.edu/shootingsportseventcalendar>

Clover Kids

What is Clover Kids?



Clover Kids is a 4-H program for children ages 5-to 7- years old. Children participate in hand-on activities designed to build lots of different life skills!

New for Clover Kids

The Adams County 4-H Council has voted to add two new Projects to your 2016 Project selection they are:

- Clover Kid Poultry
- Clover Kid Rabbits

These animals will be shown in special classes at the fair. Check the enrollment packet for more information and the correct project name that you need to enroll in to be eligible to show at fair.

A list of guidelines will be available at the Adams County Extension Office. Please feel free to talk to Steve or Julie regarding these new exhibits. *Also the Council has increased the number of projects Clover Kids can take to 6.*

Family and Consumer Science

Life Challenge

There is still time to join us! We are looking for interested 4-H'ers, 12-years of age or older, to represent Adams County on the different family and consumer science teams. The upcoming meeting dates are: March 8th & 14th in the Adams County Building Meeting Room from 5:00 p.m. until 6:00 p.m. Please call (402) 461-7209, if you are willing to make a time commitment to the Adams County Challenge team. The Life Challenge Contest dates are official, June 19 - 21 at UNL, East Campus. You will have a good time while you learn. If you need more details, contact Julie at the Adams County Extension Office.

Fashion Board Meeting

Mark your calendar for **Sunday, March 20th at 6:00 p.m. in the Assembly Room at the Adams County Office Building** for this meeting. The Fashion Board is open to any 4-H'er, 12 years and older involved in Clothing and Consumer Education. The purpose of this board is to enhance personal development in clothing selection and construction, build leadership skills, and explore career choices in the fashion industry.

2nd Quilts of Valor Workshop – March 26th

Quilting to Honor and Comfort our Wounded. If you love to make quilts or would you like to try your hand at making them, then this workshop is for you. Mark your calendar for this starting date, we will be adding numerous sewing sessions to complete a group project that will be donated to the Quilts of Valor Foundation and then be given to wounded military personnel. The March 26th workshop will be held from 10:00 a.m. – 12:00 p.m. at Julie's Xpressions – 743 West 2nd. This will be a come and work (at any time for any length of time) at no cost for the workshop. Please call the Adams County Extension office at 402-461-7209 and reserve your space for the workshop.

Quilt of Valor Documentary to Air

Last year Iowa Public Television came to York, NE, and to the Nebraska State Fair to videotape Nebraska 4-Hers who were working with Quilts of Valor. Several 4-Hers, leaders, and Extension Staff were interviewed and showcased. The 100+ minute documentary was shown in Iowa the first part of December. Quilts of Valor II Documentary will be broadcasted on NET (1) on Sunday, March 6 at 12:30pm CT. It is also scheduled on NET Create (3) on March 7 at 11:00am CT and March 12 at 2:00pm CT.

Nebraska 4-H is the first state to partner with the national Quilt of Valor Foundation. Each year 4-H'ers from across the state construct quilts in patriotic colors to be entered into their county fairs and then donated to a military service person who has been wounded in the line of duty.

Omaha Fashion Week

Student Designer Fashion Show on Tuesday, March 15, 8:00 p.m. at Omaha Design Center near TD Ameritrade Park, Omaha. Nebraska 4-H is once again partnering with Omaha Fashion Week during their Spring Showcase. OFW Student Night will exclusively feature high school designers, including a 4-H collection. This collection will consist of 10 garments from across the state and will be modeled by the 4-H member who made it. Tickets can be purchased at omahafashionweek.ticketleap.com for \$10 each

March is Bake & Take month

A time when wheat organizations encourage others to bake a wheat good and share it with family, friends, neighbors and shut-ins. In honor of the month, the Nebraska Wheat Board (NWB) is again sponsoring recipe cards and stickers for any 4-H groups or other organizations that wish to participate. Those interested in participating or who have questions can contact the NWB office at (402) 471-2358 or wheat.board@nebraska.gov.

Nebraska Mystery Foods Event – Save the Date!

The Second Annual Nebraska Mystery Foods Event will be held on Friday, June 3rd at Raising Nebraska, located in Grand Island, NE. This event challenges teams of youth ages 10 to 18 to use their creativity, nutrition knowledge, and decision making to make a dish onsite which includes mystery ingredients. This event is open to all youth. More information will be coming soon!

Communications

Photography Themes for 2016

UNIT II: NEBRASKA EXHIBIT PRINT: “4-H Grows Here” campaign. Capture photos of people and places that illustrate 4-H growing and thriving in Nebraska! Your photos should tell a story about how “4-H Grows Here” in your local community. Please print and include the 4-H Grows Here! logo in your photos. The logo can be accessed at <https://unl.box.com/s/krptc9q2f2yxkxcpyc6q6flx6ni6z7mo>.



UNIT III: NEBRASKA EXHIBIT PRINT: “4-H Grows Here” campaign. Capture photos of people and places that illustrate 4-H growing and thriving in Nebraska! Your photos should tell a story about how “4-H Grows Here” in your local community. Please print and include the 4-H Grows Here! logo in your photos. The logo can be accessed at <https://unl.box.com/s/krptc9q2f2yxkxcpyc6q6flx6ni6z7mo>.

The 4-H Interview Contest

Mark your calendars with May 26th at the Norfolk Life Long Learning Center, during the regional speech contest. This event has been held during State Fair in the past. For further information please contact Kim Bearnese kbearnese1@unl.edu or visit <http://extension.unl.edu/statewide/nerec/4h/>. Interview Contest resumes and Cover letters will be due on May 12 to Mary Jarvi at the Norfolk District office. Ribbons and Trophies will be awarded. Intermediate and Sr. Division eligible.

STEM

Science Saturdays at Raising Nebraska

Celebrate the International Year of the Pulse through Science Saturdays, a free and open to the public event, at Raising Nebraska located on the State Fairgrounds in Grand Island, NE. Science Saturday occurs the second Saturday of every month with the facility open from 10:00 to noon. The highlighted program consists of an educational, interactive and fun 25 minute session. Upcoming programs include:

- March 12th – Pulse on the Plate by Cami Wells
- April 9th – Classify your Pulse by Jim Schild
- May 14th – Pollinator Power by Doug Golick

For more details about the Science Saturday program, visit www.raisingnebraska.net or contact Beth Janning at 308.385.3967 or ejanning2@unl.edu

Environmental Ed & Earth Science

Special Gardening Project – Reserve Your Seeds

The Special Garden Project is a way to offer 4-H members the chance to grow unusual and fun projects in their gardens. This year it is focused on the colorful, Jazzy Mix Zinnia. This cultivar comes in shades of burgundy-red, red, yellow, and orange with cream, red, or yellow tips. The 1-2” blooms are fully-double and semi-double. These zinnias are a great cut flower that can get 20-26” tall. On average it will take about 75-85 days for the plants to bloom. We have **ordered a limited number** of seed packets. The **cost is \$1.00 per family packet**. If interested in the project, please contact the Adams County Extension Office at (402) 461-7209. **Please note:** that in Adams County you will need to enroll in one of the regular Floriculture projects and the Special Gardening Project to participate in this activity in 2016.

4-H Members enrolled in the Special Garden Project will:

- * Receive a ‘packet’ of Jazzy Mix Zinnias (one packet per family) in March
- * Receive a newsletter about: Planting & growing Zinnias, Zinnia problems & insects, Harvesting & using Zinnias and Exhibiting Zinnias
- * Be able to enter this unique flower at CountyFair and possibly State Fair

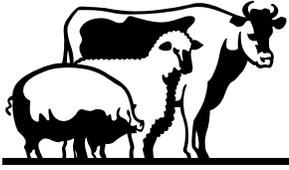
Flower Barrel Workshop and Pick –up

Learn the basics of growing eye catching flower barrels at a workshop, **April TBA, from 7-8 p.m. at the Community Service Building on the Fairgrounds**. The workshop is open to all 4-H’ers. Flower barrel (container gardening) culture is both fun and rewarding. Learn about soil requirements, design and color, plant selection, fertilization and care of flower barrels. University of Nebraska-Lincoln Master Gardeners will conduct the workshop. 4-Hers interested in planting a barrel for the 2016 County Fair can register at this time and a limited number of Barrels will be available for pick-up following the workshop. This will be the only time available for pick-up. Please call if you cannot attend so other arrangements may be made. Be sure to sign up to attend this workshop at the UNL Extension Office in Adams County by Friday April 15th.



Fifth Annual Innovative Youth Corn Challenge

Nebraska Extension and the Nebraska Corn Board are offering the fifth Innovative Youth Corn Challenge contest. This contest, open to 4-H members (age 10 & older as of Jan. 1st) or FFA members (in-school members), guides participants through all aspects of corn production, as well as agricultural careers related to corn production. As a team, youth will be challenged to implement a production practice different than normal to determine if they increased their yield. Economics and sustainability of the practice will also be considered. Yields, cropping history, and production information will be collected in the Corn Yield Challenge management summary. Cash prizes and plaques will be given to the first, second, and third place teams. First place will receive \$1,000, second place will receive \$500, and third place will receive \$250. Sustainability, crop scouting and “extra mile” awards will also be given, each worth \$200. To participate in 2016, youth must complete and return an entry form by March 15th to the Fillmore County Extension Office in Geneva, NE. [Forms can be downloaded at cropwatch.unl.edu/youth/activities](http://cropwatch.unl.edu/youth/activities). For more information, contact Brandy VanDeWalle at brandy.vandewalle@unl.edu, Aaron Nygren at anygren2@unl.edu or Amy Timmerman at atimmerman2@unl.edu.



Livestock

Carcass Contest Changes

New for 2016 the Beef Carcass Contest, Sheep Carcass Contest and Swine Carcass Contest will be **held after the Adams County Fair**. This will allow exhibitors to enter their animals shown at the Adams County Fair for this contest. This contest has a limit on the number of 4-Hers that can participate due to the amount of space at the locker. If you are interested in this contest **you must pre-register for it by April 15th**. Participants will be on a first come/first serve basis. Participants are required to sign up for the species market project that they are participating in. There is no “Carcass project” to enroll in. Beef and Sheep are required to be weighed at Beginning Weigh Days. As in the past an interview and record book will be part of the scoring. If you have any questions please call Steve or Julie at 402-461-7209.

Quality Assurance (Face to Face) Training

On Sunday, March 13 from 3:00-5:00 p.m. held at the Community Service Building on the Fairgrounds will be the hands-on educational training about Livestock Quality Assurance. The face to face training will have a \$5 pre-registration cost and a \$10 fee at the door. Please pre-register by March 11 at the Extension Office.

Quality Assurance Educational Programs are **State Mandated** for all youth who exhibit **beef, sheep, swine, goats, poultry, rabbits and dairy animals** (Adams County exempts Clover Kids). To fulfill the following age appropriate requirements:

- **Youth ages 8 - 10** can attend a yearly quality assurance program (face to face) or complete three online modules.
- **Youth ages 11 - 14** can attend a yearly quality assurance program (face to face) or complete three online modules or can take and pass a test that will fulfill their requirements until they are 15.
- **Youth ages 15 - 18** can attend a yearly quality assurance program (face to face) or complete three online modules or can take and pass a test that will fulfill their requirements for the rest of their 4-H career.

Online modules can be found at (<http://campus.extension.org/>) or Adams County will offer a face to face yearly quality assurance program for youth (all ages). **Face to Face trainings and online modules will have a cost.**

Test Out Option – available by appointment in the Extension Office at no cost.

New for Adams County Livestock Exhibitors in 2016!

Any livestock exhibitor who chooses to sell an animal at the County Fair auction is required to have their own Premise ID. The Premise ID is the location of where the individual or immediate family keeps their animals. This is a free application by calling 1-800-572-2437. The individual who will be taking the call will ask you for the following questions:

- Address where the mail is received (home address)
- Address where animals are located (if different than above)
- If no address is available, please provide driving directions from the nearest highway or GPS coordinates
- Contact Name
- Contact Phone number
- Email address (optional)

If you have questions, please contact Ross Baker at ross.baker@nebraska.gov or the Extension office @ 402-461-7209

2016 Sheep & Goat Weigh Day

- Sheep & Goat Weigh Day – Friday, May 13th from 5:30 p.m. to 7:00 p.m. at the Adams Co. Fairgrounds

2016 Poultry Update

On January 1, 2016, the Nebraska Department of Agriculture lifted the ban on poultry shows, fairs, and exhibitions that was put in place last spring to prevent the spread of the highly pathogenic H5N2 Avian Influenza that found its way into poultry and other livestock.

Spring Rabbit Show

Rabbit exhibitors mark your calendars for another opportunity to learn and practice your showmanship. Lancaster County is hosting a spring rabbit show on Saturday, March 19th, 9 a.m. at the Lancaster Event Center Exhibit Hall in Lincoln. This is a great show for newbies! For more information, call Bob at 402-525-8263.



Horse Show Dates

2016 District Horse Show Dates & Locations – all level testing required for participation in district horse show plus Horse ID sheets must be completed by May 13.

June 13 – Kearney

June 16 – Leigh

June 14 – Chadron

June 17 – Bloomfield

June 15 – McCook

June 21 – Lincoln

2016 Fonner Park State 4-H Horse Show July 10 -14, 2016

Horse Clinic

Youth Clinic will be held on April 9th from 5:30 - 7:00 p.m. at the Adams County Fairgrounds by the Hastings Saddle Club. Dr. Mike Guerini will improve your balance skills and independence of aids for success and improving your rein management, showmanship task and better understand how a horse moves around. Please contact Lynetta Snelling at 402-756-7208 to sign up. No cost to attend the clinic.

Horse Judging Workshop

Horse leaders are invited to attend a workshop to learn about different topics which include:

- Ranch Horse Pleasure
- Western Horsemanship
- Judging ethics/procedures
- Learn how to interpret the Horse Rules and Regulations

The Pre-registration cost is \$20 per adult and \$10 per youth. At each location there will be a chance to take the 4-H Judges exam for a fee of \$20. Participants must register by postmarked one week prior to the event.

- March 31 – Omaha, NE 6:30-8:30 p.m.
- May 17 – Chadron, NE 6:00-8:00 p.m.

Nebraska 4-H Roping Clinic

On April 2nd and 3rd from 9:00 a.m. to 5:00 p.m. at the Lilienthal Indoor Arena, Grand Island will be the location of the 4-H Roping Clinic. Justin and Garrett Nokes will be instructing the clinic for both days. For more information, contact Monte Stauffer at 402-444-4092. The clinic is \$80 per day. Adams County Extension Office has registration forms available.

Dog Obedience Classes

Dog Program Obedience classes offered by Adams County Extension will begin with an informational meeting on Monday, March 7, 2016. This meeting will start at 7:00 p.m. and will be held in the Activities Building at the Adams County Fairgrounds. Objectives of the meeting include a discussion of the overall dog program, a demonstration of obedience performance expectations and an opportunity to enroll for the year. Thus, if you plan to participate in the dog program, you are highly encouraged to attend. Please **do not** bring your dog to this first meeting. The cost is \$10.00 to participate in the dog classes. Vaccination record forms for all participating dogs will be distributed and must be completed by a veterinarian or person providing the shots before beginning the classes. Requirements for participation are: 1) Enrollment in 4-H and in the dog project, 2) Vaccination form completed and 3) Class fee paid to the Extension Office before attending any class. The actual classes will begin at the fairgrounds on Monday, March 14th at 7:00 p.m.

Nebraska Companion Animal – Dog Expo

The Nebraska 4-H Dog Expo will be held at the Adams County Fairgrounds in Hastings on **April 22 & 23, 2016**. The schedule will be similar to that of 2015 including competitions, demonstrations, education clinics, and fun. The competitions will include obedience, showmanship, rally, and agility. The program will begin with fun activities on Friday evening and continue on Saturday with the competitions and demonstrations. Please put this on your calendar so we can once again have good local representation.

What Project Should I Take?

Selecting the right 4-H projects can be one of the hardest parts of a 4-H project. There are so many to choose from and different levels for many. Careful planning and decision making up front will increase member satisfaction, improve completion and reduce frustrations. A resource to help you make a decision is the *Project Resource Central Guide* available on the web at: <http://4h.unl.edu/4hcurriculum/projectresources>. The Project Resource Central is a guide that lists the projects and resources with a brief description of all the projects available in Nebraska 4-H. The key to selecting projects is do not pick too many projects. Accepting responsibility is an important 4-H life skill. Completing a project is a good way for a 4-H'er to demonstrate he or she can accept responsibility. It is better to complete one project than to enroll in too many, become overwhelmed and not complete any. Parents and club leaders might encourage their members to do more work in a few projects than just a tiny amount in many different projects. Often there are related projects that members might enroll in – such as foods and horticulture, home environment and woodworking, or horse and veterinary science. Selecting the right level and knowing when to move on. Many of the projects have several levels. The *Project Resource Central* guide gives a level suggestion for each project unit, but more important is the ability of the individual member. Many areas have beginning, intermediate and advanced project units that allow for progression from year to year. Parents and members need to find the best level for each child. Older members may start at a higher level if the beginning projects are too elementary for them. It is suggested to not be in a beginning level project and an advanced level. For example, avoid being in Six Easy Bites and Foodworks or Woodworking I and III. It is also suggested to progress to the next level after you feel you have accomplished your current level or have been in that level for several years. If you need help selecting which level you need to be in please contact the Adams County Extension Office.

Here are a few questions to consider when selecting a project.

- What do you like to do for fun?
- What do you want to learn?
- What do you already know about your interest area(s)?

- How many years have you taken this project or project level?
- What do you need to complete your projects? (space, equipment, supplies, financial resources?)
- How much time do you have to commit to the project?
- Who can help you with the project?

What do you learn in 4-H?

4-H participants learn practical skills such as fitness, meal preparation, rocket building, clothing care, animal and human nutrition, first aid, woodworking, gardening, and many other skills through the more than 150 projects available. Other skills that are defined as life skills are a part of every 4-H project. These skills are used every day of our lives and include:

- solving problems
- communicating
- preparing for a career
- serving others
- choosing healthy lifestyles
- managing change and challenges

The 4-H organization wants its members to receive more from their projects than ribbons, trophies, trips and monetary gains. The 4-H program wants its members to acquire project knowledge and life skills. Many youth based organizations have worked to instill life skills in young people through various activities, but 4-H youth development professionals have evidence that 4-H programs benefit participants by helping them develop valuable life skills that will enable them to become better citizens. According to the research, members use the responsibility skills they developed from 4-H projects to complete homework assignments, be on time at work, and care for younger siblings. These skills are benefiting youth in school, at home, and on the job to be more dependable, confident and qualified individuals. In particular, knowledge gained from raising 4-H animal projects assisted students in their understanding of biology, physiology, and genetic.

University of Nebraska Red Letter Days

Are you excited to make your college decision? Red Letter Days are an opportunity for you to explore college life at the University of Nebraska–Lincoln during your senior or junior year of high school. Each Red Letter costs \$10 per person. For more information visit <http://admissions.unl.edu/visit/on-campus/red-letter-days.aspx>

At this open house event, you'll get to:

- Explore campus with a current UNL student as your guide
- Attend academic informational sessions
- See what it's like to live in a residence hall
- Learn about ways to get involved on campus
- Find out important admissions, scholarship and financial aid information

The following dates have been scheduled:

- March 18, 2016
- April 1, 2016
- April 15, 2016

University of Nebraska-Lincoln

As you know Adams County Extension is the local connection to the University of Nebraska–Lincoln and would like to encourage all high school students to go to <http://www.unl.edu/prospective/> by exploring opportunities that the Huskers may provide. Information within this link to explore are scholarships, financial aid, tours with students and staff and much more.

4-H Calendar

MARCH

| | |
|----------|---|
| March 3 | Extension Board Meeting – Assembly Room @ 7:00 p.m. |
| March 5 | Beef Weigh Day – Animal Clinic @ 11:00 a.m. |
| March 7 | 4-H Council Meeting – Assembly Room @ 7:00 p.m. |
| March 7 | Dog Obedience Organizational Meeting - Fairgrounds @ 7:00 p.m. |
| March 8 | Ag Society Meeting – Fairgrounds @ 7:30 p.m. |
| March 12 | 4-H Horse Stampede – Lincoln |
| March 12 | Companion Animal Challenge - Lincoln |
| March 13 | Speech, PSA & Performing Arts Contest – Fairgrounds Community Service @ 1:30 p.m. |
| March 13 | Face to Face Quality Assurance Training – Fairgrounds Community Service @ 3:00 p.m. |
| March 14 | Dog Classes Start - Fairgrounds @ 7:00 p.m. |
| March 20 | CWExperience meeting – Assembly Room @ 3:30 p.m. |
| March 20 | Fashion Board Organizational Meeting Assembly Room @ 6:00 p.m. |
| March 26 | Quilts of Valor Workshop @ 10:00 a.m. |

APRIL

| | |
|-----------|--|
| April 4 | 4-H Council Meeting – Assembly Room @ 7:00 p.m. |
| April 5 | Leaders Training Meeting – Assembly Room @ 7:00 p.m. |
| April 7 | Extension Board Meeting – Assembly Room @ 7:00 p.m. |
| April 12 | Ag Society Meeting – 7:30PM @ Fairgrounds |
| April 15 | 4-H Enrollment Deadline Day - Online by 11:59PM |
| April 15 | Bucket Calf Tags & Market Broilers Orders due by 5:00PM @ Extension Office |
| April 17 | CWExperience Meeting – Assembly Room @ 4:00 p.m. |
| April TBA | Flower Barrel Workshop – 7:00PM @ Fairgrounds |
| April 24 | Shooting Sports Picnic – 5:00PM @ Fairgrounds |

Please Check the Adams County Web site at <http://www.adams.unl.edu/> for current calendar information.

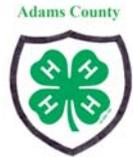
2016 4-H Council

| | | | |
|------------------------|-------------------------|----------------------|--|
| Bryce Katzberg – Pres. | Mike Eckhardt – V.Pres. | Shannon Frink – Sec. | Kirk Feeney – Tres. |
| Lynn DeVries | Jim Murman | JR LEADER REPS: | Doug Nienhueser – Chamber of Commerce Rep |
| Brian Everhart | Ange Shipman | Grace Eckhardt | Twila Bankson – Ag Society Rep |
| Cindy Hinrichs | Kathleen Stromer | Morgan Stromer | |
| Megan Krous | Lori Vorderstrasse | Maddie Swain | |
| Brett Mohling | Amy Wilson | | |

Please take time to THANK these above individuals for their hard work and dedication to the Adams County 4-H Program!!!

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