

# Hamilton County

## Impact At-A-Glance



In 4-H, we believe every youth has a real influence to improve the world around us and empowers young people to be true leaders.



Monies raised during the annual 4-H Decorated Cake Auction at the Hamilton County Fair are split between the Hamilton County 4-H scholarship fund and the youth who decorated the cake. Morgan Bonifas and Cason Myers exemplified leadership by generously donating their proceeds to a 4-H family whose house caught fire just a few weeks before the county fair. The community responded enthusiastically with their support of these youth. The Hamilton County 4-H Council followed their lead by donating to the family. We believe in the power of young people and their ability to create positive change.

### Programs At-A-Glance

- All Hampton Elementary students received healthy lifestyle school enrichment lessons. They learned about sugar in their drinks and foods, handwashing, and physical activity.
- 100 4-H families received pre-packaged Holiday at Home Kits where they made tea-light snowmen, “stained glass”butterflies, a family dinner, herbs in a jar, or baked oatmeal.

**179**

people attended 6 production ag meetings to learn about new innovations and receive certifications.

**STRENGTHEN NEBRASKA AGRICULTURE & FOOD SYSTEMS**

**17**

participants learned how mindfulness benefits caregivers and how to teach children these practices.

**INSPIRE NEBRASKANS & THEIR COMMUNITIES**

**40+**

individuals were provided science-based information related to sustainable gardens and landscapes.

**ENHANCE THE HEALTH & WELLBEING OF ALL NEBRASKANS**

